- Characteristics of Connective Tissue
 - 1. Specialized cells
 - 2. Solid extracellular protein fibers
 - 3. Fluid extracellular ground substance
- The Extracellular Components of Connective Tissue (Fibers and Ground Substance)
 - Make up **the matrix**
 - Majority of tissue volume
 - Determines specialized function

- Functions of Connective Tissue
 - Establishing a structural framework for the body
 - Transporting fluids and dissolved materials
 - Protecting delicate organs
 - Supporting, surrounding, and interconnecting other types of tissue
 - Storing energy reserves, especially in the form of triglycerides
 - Defending the body from invading microorganisms

- Classification of Connective Tissues
 - **1.** Connective tissue proper
 - Connect and protect
 - **2.** Fluid connective tissues
 - Transport
 - **3.** Supporting connective tissues
 - Structural strength

- Categories of Connective Tissue Proper
 - Loose connective tissue
 - More ground substance, fewer fibers
 - For example, fat (*adipose tissue*)
 - Dense connective tissue
 - More fibers, less ground substance
 - For example, *tendons*

Connective Tissue Proper Cell Populations

- Fibroblasts
- Fibrocytes
- Adipocytes
- Mesenchymal cells
- Macrophages

- Mast cells
- Lymphocytes
- Microphages
- Melanocytes

Fibroblasts

- The most abundant cell type
 - Found in all connective tissue proper
 - Secrete proteins and hyaluronan (cellular cement)

Fibrocytes

- The second most abundant cell type
 - Found in all connective tissue proper
 - Maintain the fibers of connective tissue proper

Adipocytes

- Fat cells
 - Each cell stores a single, large fat droplet

Mesenchymal Cells

- Stem cells that respond to injury or infection
 - Differentiate into fibroblasts, macrophages, etc.

• Macrophages

- Large, amoeba-like cells of the immune system
 - Eat pathogens and damaged cells
 - *Fixed macrophages* stay in tissue
 - Free macrophages migrate

Mast Cells

- Stimulate inflammation after injury or infection
 - Release histamine and heparin
- Basophils are leukocytes (white blood cells) that also contain histamine and heparin

Lymphocytes

- Specialized immune cells in lymphatic (lymphoid) system
 - For example, lymphocytes may develop into plasma cells (plasmocytes) that produce antibodies

Microphages

- Phagocytic blood cells
 - Respond to signals from macrophages and mast cells
 - For example, *neutrophils* and *eosinophils*

Melanocytes

• Synthesize and store the brown pigment **melanin**

- Connective Tissue Fibers
 - **1.** Collagen fibers
 - 2. Reticular fibers
 - **3.** Elastic fibers

Collagen Fibers

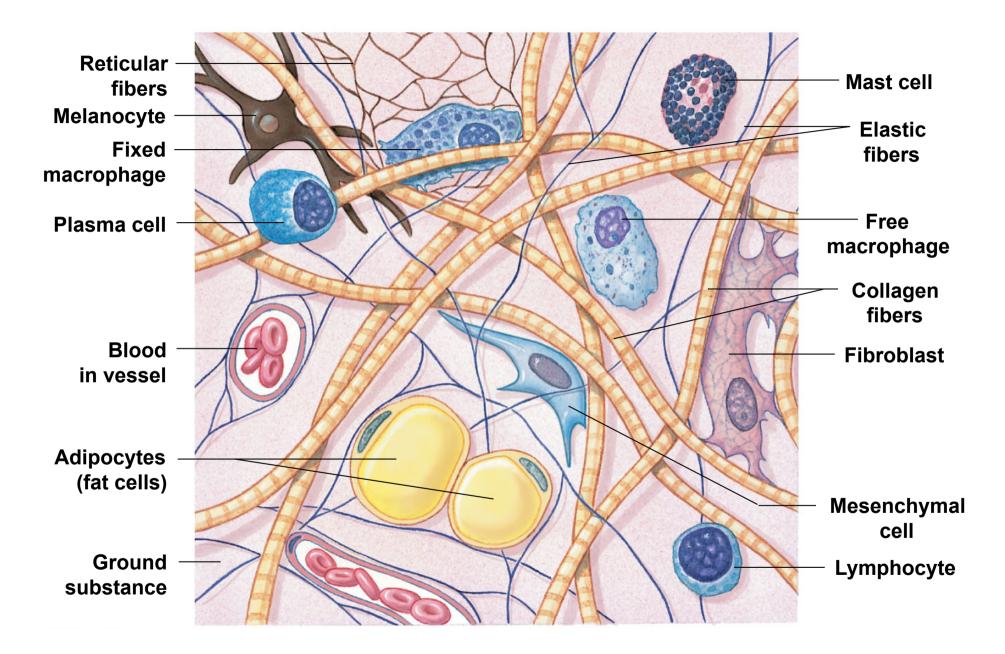
- Most common fibers in connective tissue proper
- Long, straight, and unbranched
- Strong and flexible
- Resist force in one direction
- For example, *tendons* and *ligaments*

• Reticular Fibers

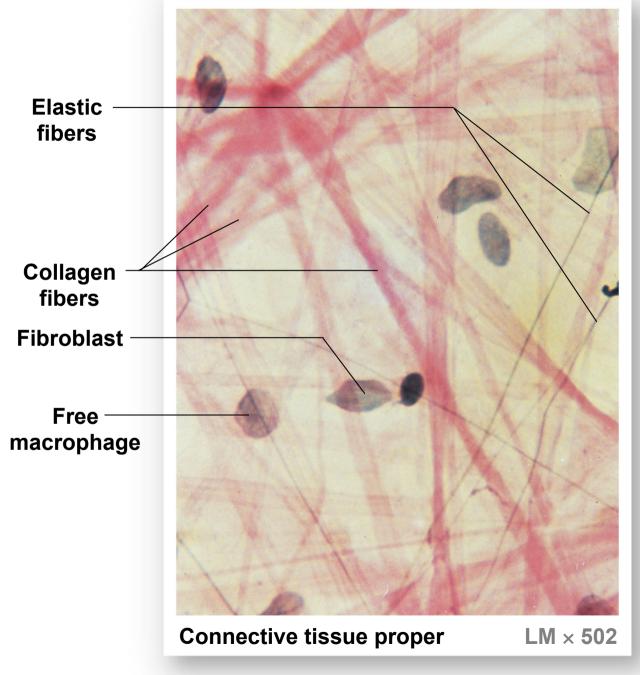
- Network of interwoven fibers (stroma)
- Strong and flexible
- Resist force in many directions
- Stabilize functional cells (parenchyma) and structures
- For example, sheaths around organs

- Elastic Fibers
 - Contain *elastin*
 - Branched and wavy
 - Return to original length after stretching
 - For example, elastic ligaments of vertebrae

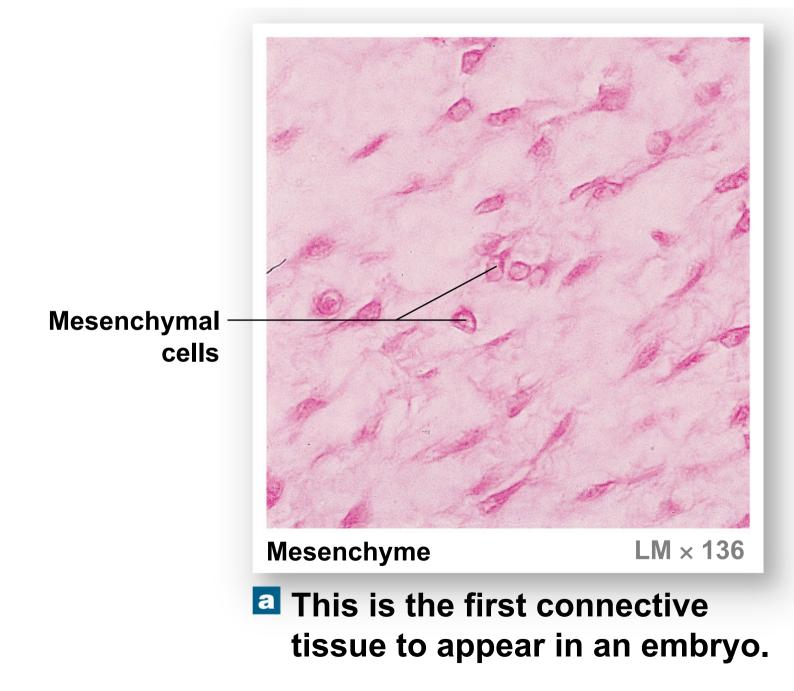
- Ground Substance
 - Is clear, colorless, and viscous
 - Fills spaces between cells and slows pathogen movement

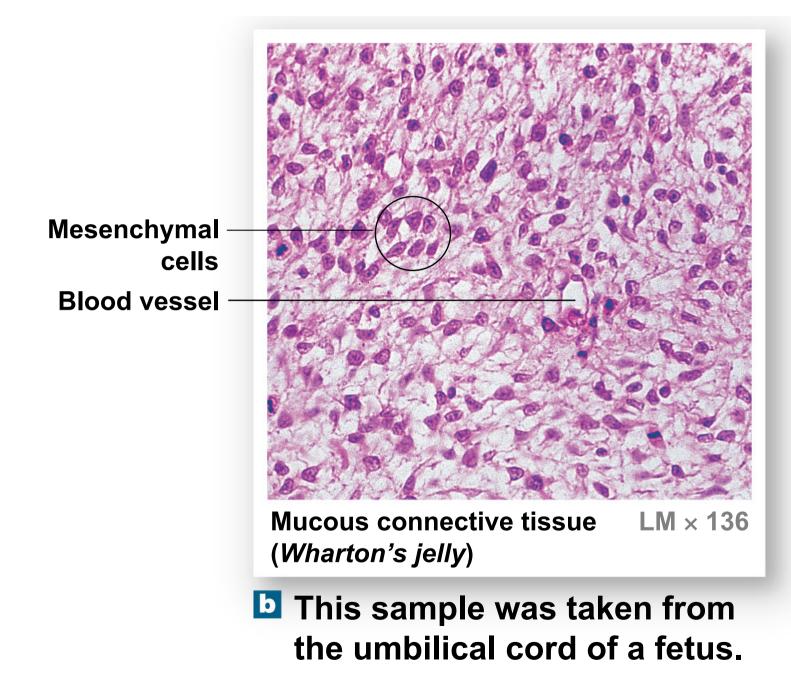


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- Embryonic Connective Tissues
 - Are not found in adults
 - **Mesenchyme** (embryonic stem cells)
 - The first connective tissue in embryos
 - Mucous connective tissue
 - Loose embryonic connective tissue





- Loose Connective Tissues
 - The "packing materials" of the body
 - Three types in adults
 - **1.** Areolar
 - 2. Adipose
 - 3. Reticular

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- Areolar Tissue
 - Least specialized
 - Open framework
 - Viscous ground substance
 - Elastic fibers
 - Holds blood vessels and capillary beds
 - For example, under skin (subcutaneous layer)

Adipose Tissue

- Contains many adipocytes (fat cells)
- 2 types of adipose tissue
 - **1.** White fat
 - 2. Brown fat

• White fat

- Most common
- Stores fat
- Absorbs shocks
- Slows heat loss (insulation)

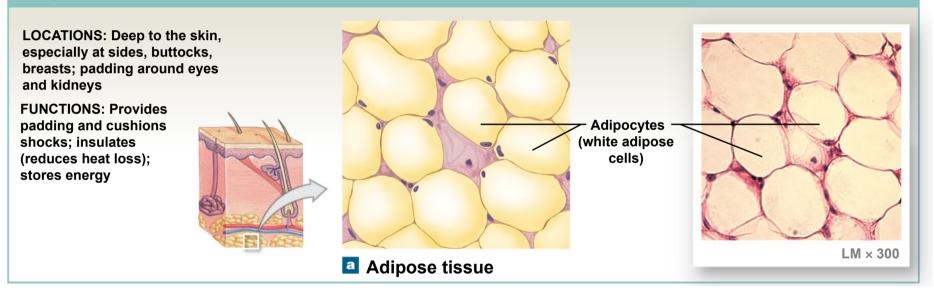
Brown fat

- More vascularized
- Adipocytes have many mitochondria
- When stimulated by nervous system, fat breakdown accelerates, releasing energy
- Absorbs energy from surrounding tissues

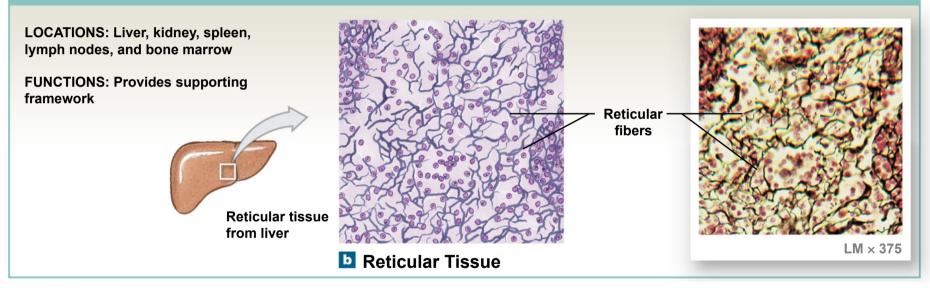
- Adipose Tissue
 - Adipose cells
 - Adipocytes in adults do not divide
 - Expand to store fat
 - Shrink as fats are released
 - Mesenchymal cells divide and differentiate
 - To produce more fat cells
 - When more storage is needed

- Reticular Tissue
 - Provides support
 - Complex, three-dimensional network
 - Supportive fibers (stroma)
 - Support functional cells (parenchyma)
 - Reticular organs
 - Spleen, liver, lymph nodes, and bone marrow

Adipose Tissue



Reticular Tissue



Dense Connective Tissues

- Connective tissues proper, tightly packed with high numbers of collagen or elastic fibers
 - Dense regular connective tissue
 - Dense irregular connective tissue
 - Elastic tissue

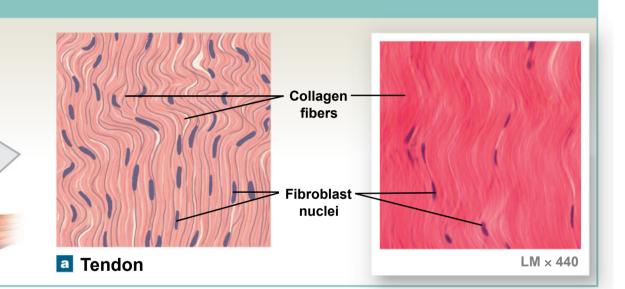
Dense Regular Connective Tissue

- Tightly packed, parallel collagen fibers
 - **Tendons** attach muscles to bones
 - Ligaments connect bone to bone and stabilize organs
 - Aponeuroses attach in sheets to large, flat muscles

Dense Regular Connective Tissue

LOCATIONS: Between skeletal muscles and skeleton (tendons and aponeuroses); between bones or stabilizing positions of internal organs (ligaments); covering skeletal muscles; deep fasciae

FUNCTIONS: Provides firm attachment; conducts pull of muscles; reduces friction between muscles; stabilizes relative positions of bones

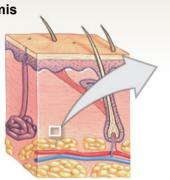


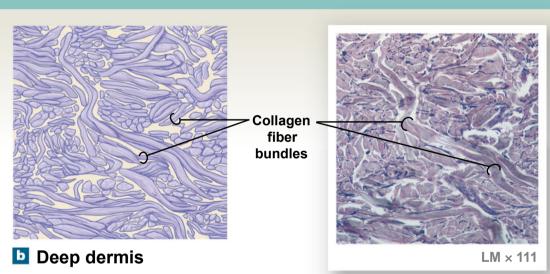
- Dense Irregular Connective Tissue
 - Interwoven networks of collagen fibers
 - Layered in skin
 - Around cartilages (*perichondrium*)
 - Around bones (*periosteum*)
 - Form capsules around some organs (e.g., liver, kidneys)

Dense Irregular Connective Tissue

LOCATIONS: Capsules of visceral organs; periostea and perichondria; nerve and muscle sheaths; dermis

FUNCTIONS: Provides strength to resist forces applied from many directions; helps prevent overexpansion of organs such as the urinary bladder





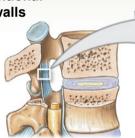
• Elastic Tissue

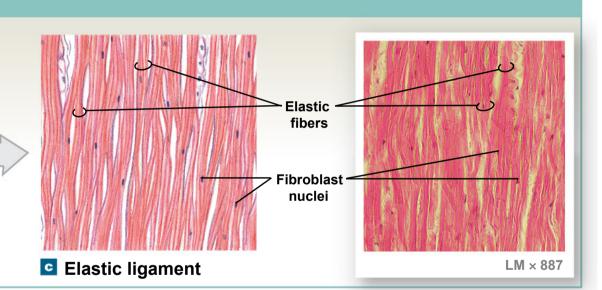
- Made of elastic fibers
 - For example, elastic ligaments of spinal vertebrae

Elastic Tissue

LOCATIONS: Between vertebrae of the spinal column (ligamentum flavum and ligamentum nuchae); ligaments supporting penis; ligaments supporting transitional epithelia; in blood vessel walls

FUNCTIONS: Stabilizes positions of vertebrae and penis; cushions shocks; permits expansion and contraction of organs





4-4 Connective Tissue

- Fluid Connective Tissues
 - Blood and lymph
 - Watery matrix of dissolved proteins
 - Carry specific cell types (formed elements)
 - Formed elements of blood
 - Red blood cells (erythrocytes)
 - White blood cells (leukocytes)
 - Platelets

4-4 Connective Tissue

- Fluid Elements of Connective Tissues
 - Extracellular
 - Plasma
 - Interstitial fluid
 - Lymph



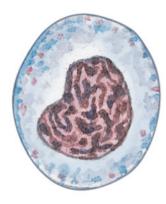
Red blood cells, or erythrocytes (e-RITH-rō-sīts), are responsible for the transport of oxygen (and, to a lesser degree, of carbon dioxide) in the blood.

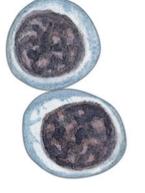


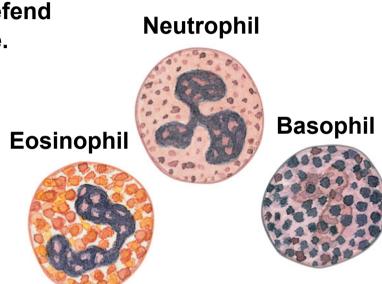
Red blood cells account for roughly half the volume of whole blood and give blood its color.

White blood cells

White blood cells, or leukocytes (LOO-kō-sīts; *leuko-*, white), help defend the body from infection and disease.







Monocytes are phagocytes similar to the free macrophages in other tissues. Lymphocytes are uncommon in the blood but they are the dominant cell type in lymph, the second type of fluid connective tissue. Eosinophils and neutrophils are phagocytes. Basophils promote inflammation much like mast cells in other connective tissues.

Platelets

Platelets are membrane-enclosed packets of cytoplasm that function in blood clotting.



These cell fragments are involved in the clotting response that seals leaks in damaged or broken blood vessels.

4-4 Connective Tissue

Lymph

- Extracellular fluid
 - Collected from interstitial space
 - Monitored by immune system
 - Transported by lymphatic (lymphoid) system
 - Returned to venous system

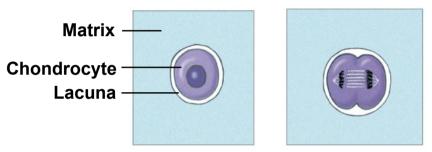
4-4 Connective Tissue

- Fluid Tissue Transport Systems
 - Cardiovascular system (blood)
 - Arteries
 - Capillaries
 - Veins
 - Lymphatic (lymphoid) system (lymph)
 - Lymphatic vessels

- Support Soft Tissues and Body Weight
 - Cartilage
 - Gel-type ground substance
 - For shock absorption and protection
 - Bone
 - **Calcified** (made rigid by calcium salts, minerals)
 - For weight support

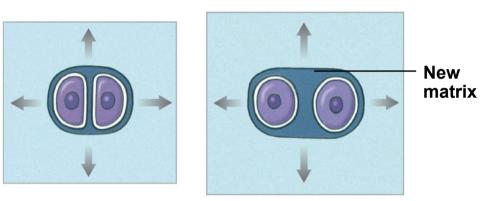
- Cartilage Matrix
 - Proteoglycans derived from chondroitin sulfates
 - Ground substance proteins
- Chondrocytes (cartilage cells) surrounded by lacunae (chambers)

- Cartilage Structure
 - No blood vessels
 - Chondrocytes produce antiangiogenesis factor
 - Perichondrium
 - Outer, fibrous layer (for strength)
 - Inner, cellular layer (for growth and maintenance)

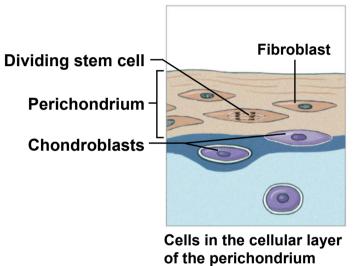


Chondrocyte undergoes division within a lacuna surrounded by cartilage matrix.

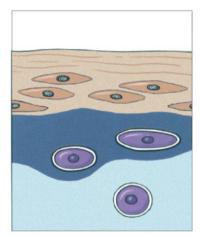
a Interstitial growth



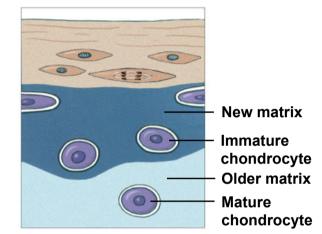
As daughter cells secrete additional matrix, they move apart, expanding the cartilage from within.



differentiate into chondroblasts. Appositional growth



These immature chondroblasts secrete new matrix.



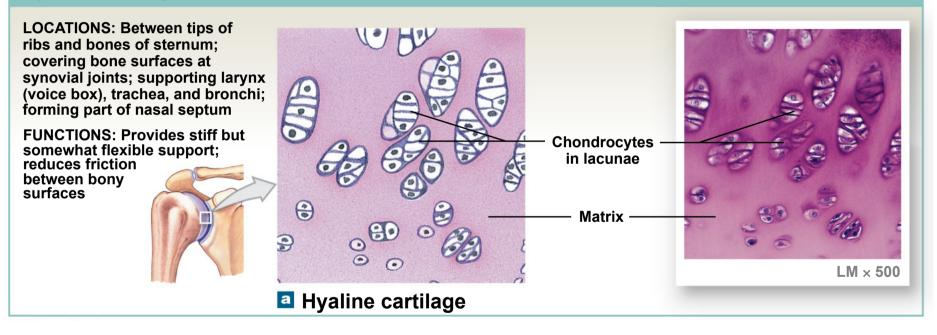
As the matrix enlarges, more chondroblasts are incorporated; they are replaced by divisions of stem cells in the perichondrium.

- Types of Cartilage
 - **1. Hyaline cartilage**
 - 2. Elastic cartilage
 - 3. Fibrocartilage (fibrous cartilage)

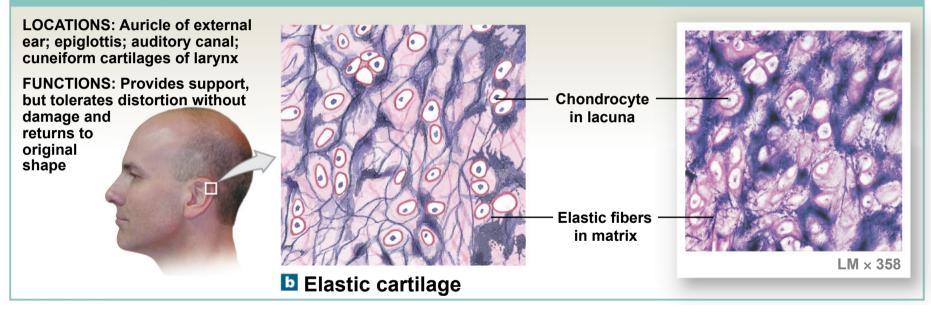
- Hyaline Cartilage
 - Stiff, flexible support
 - Reduces friction between bones
 - Found in synovial joints, rib tips, sternum, and trachea
- Elastic Cartilage
 - Supportive but bends easily
 - Found in external ear and epiglottis

- Fibrocartilage (Fibrous Cartilage)
 - Limits movement
 - Prevents bone-to-bone contact
 - Pads knee joints
 - Found between pubic bones and intervertebral discs

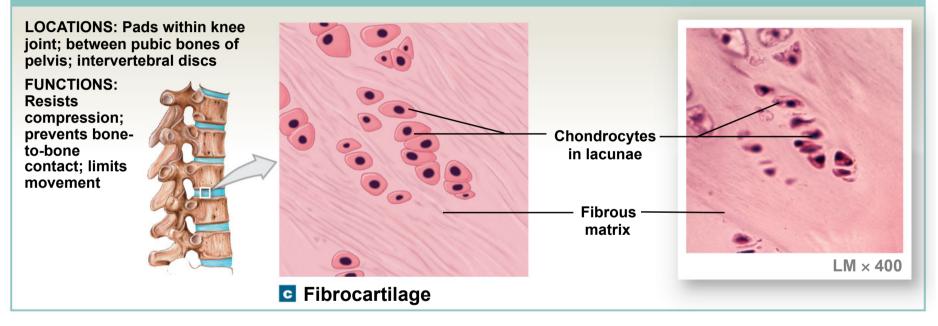
Hyaline Cartilage



Elastic Cartilage



Fibrocartilage



• Bone or Osseous Tissue

- Strong (calcified calcium salt deposits)
- Resists shattering (flexible collagen fibers)
- Bone Cells or **Osteocytes**
 - Arranged around **central canals** within matrix
 - Small channels through matrix (canaliculi) access blood supply

• Periosteum

- Covers bone surfaces
- Fibrous layer
- Cellular layer

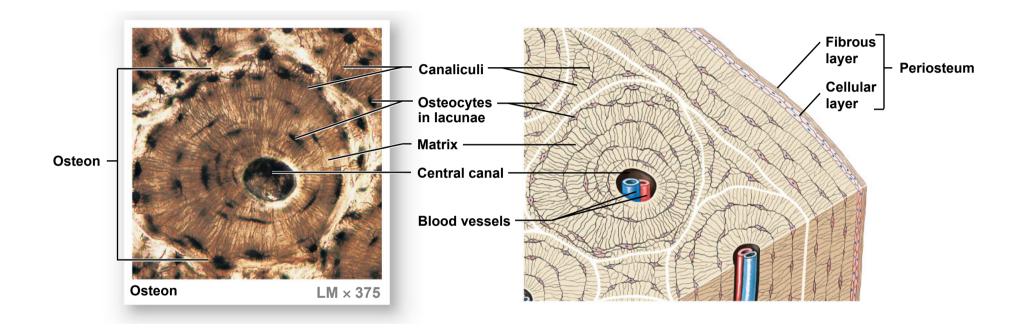


Table 4–2	A Comparison of Cartilage and Bone	
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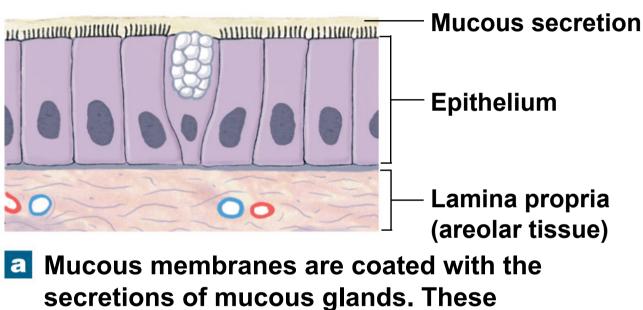
Characteristic	Cartilage	Bone	
STRUCTURAL FEATURES			
Cells	Chondrocytes in lacunae	Osteocytes in lacunae	
Ground substance	Chondroitin sulfate (in proteoglycan) and water	A small volume of liquid surrounding insoluble crystals of calcium salts (calcium phosphate and calcium carbonate)	
Fibers	Collagen, elastic, and reticular fibers (proportions vary)	Collagen fibers predominate	
Vascularity	None	Extensive	
Covering	Perichondrium (two layers)	Periosteum (two layers)	
Strength	Limited: bends easily, but hard to break	Strong: resists distortion until breaking point	
METABOLIC FEATURES			
Oxygen demands	Low	High	
Nutrient delivery	By diffusion through matrix	By diffusion through cytoplasm and fluid in canaliculi	
Growth	Interstitial and appositional	Appositional only	
Repair capabilities	Limited	Extensive	

- Membranes
 - Physical barriers
 - Line or cover portions of the body
 - Consist of:
 - An epithelium
 - Supported by connective tissue

- Four Types of Membranes
 - **1.** Mucous membranes
 - **2.** Serous membranes
 - **3.** Cutaneous membrane
 - **4.** Synovial membranes

Mucous Membranes (Mucosae)

- Line passageways that have external connections
- In digestive, respiratory, urinary, and reproductive tracts
- Epithelial surfaces must be moist
 - To reduce friction
 - To facilitate absorption and excretion
- Lamina propria
 - Is areolar tissue



membranes line the digestive, respiratory, urinary, and reproductive tracts.

Serous Membranes

- Line cavities not open to the outside
- Are thin but strong
- Have fluid transudate to reduce friction
- Have a parietal portion covering the cavity
- Have a visceral portion (**serosa**) covering the organs

Three Serous Membranes

1. Pleura

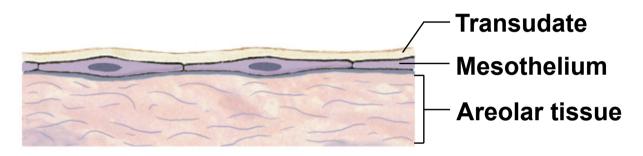
- Lines pleural cavities
- Covers lungs

2. Peritoneum

- Lines peritoneal cavity
- Covers abdominal organs

3. Pericardium

- Lines pericardial cavity
- Covers heart



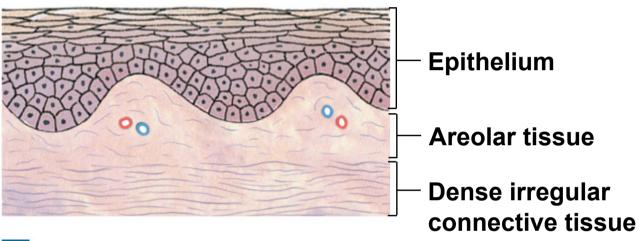
Serous membranes line the ventral body cavities (the peritoneal, pleural, and pericardial cavities).

Cutaneous Membrane

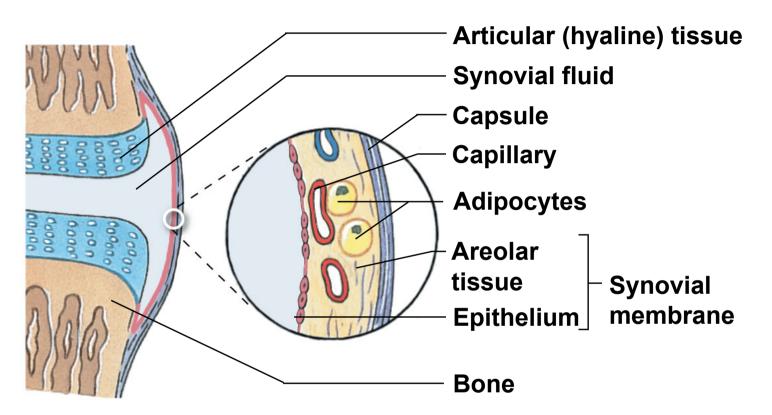
- Is skin, surface of the body
- Thick, waterproof, and dry

Synovial Membranes

- Line moving, articulating joint cavities
- Produce **synovial fluid** (lubricant)
- Protect the ends of bones
- Lack a true epithelium



C The cutaneous membrane, or skin, covers the outer surface of the body.



d Synovial membranes line joint cavities and produce the fluid within the joint.

4-7 Internal Framework of the Body

Connective Tissues

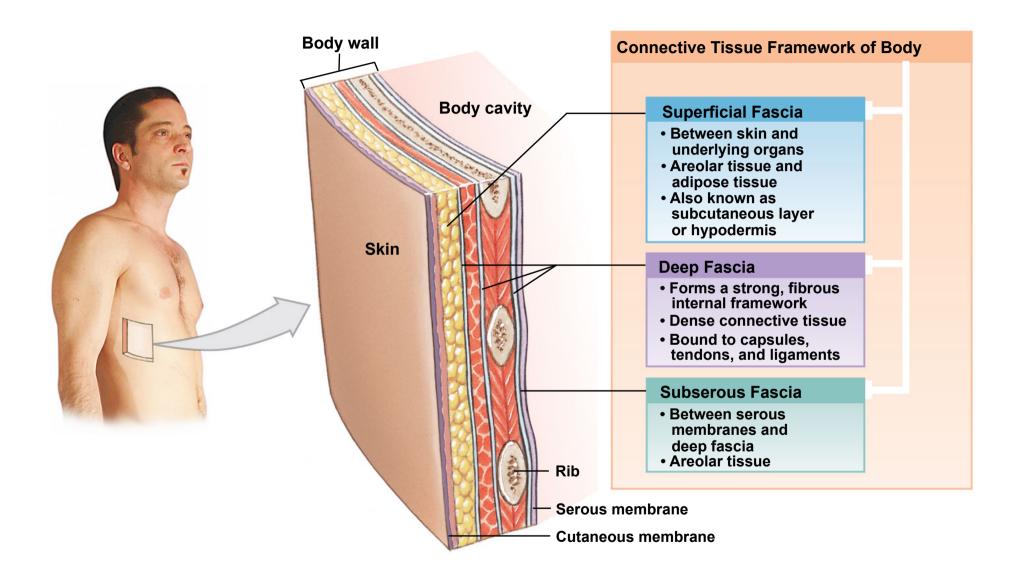
- 1. Provide strength and stability
- 2. Maintain positions of internal organs
- 3. Provide routes for blood vessels, lymphatic vessels, and nerves

Fasciae

- Singular form = **fascia**
 - The body's framework of connective tissue
 - Layers and wrappings that support or surround organs

4-7 Internal Framework of the Body

- Three Types of Fasciae
 - **1.** Superficial fascia
 - 2. Deep fascia
 - **3.** Subserous fascia



4-8 Muscle Tissue

- Muscle Tissue
 - Specialized for contraction
 - Produces all body movement
 - Three types of muscle tissue
 - **1.** Skeletal muscle tissue
 - Large body muscles responsible for movement
 - 2. Cardiac muscle tissue
 - Found only in the heart
 - **3.** Smooth muscle tissue
 - Found in walls of hollow, contracting organs (blood vessels; urinary bladder; respiratory, digestive, and reproductive tracts)

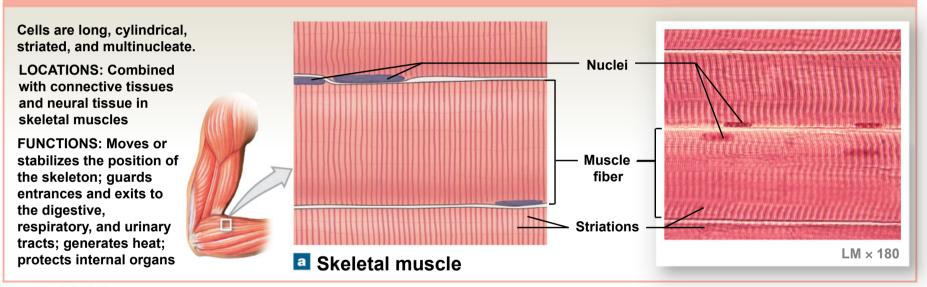
4-8 Muscle Tissue

- Classification of Muscle Cells
 - **Striated** (muscle cells with a banded appearance)
 - **Nonstriated** (not banded; smooth)
 - Muscle cells can have a single nucleus
 - Muscle cells can be multinucleate
 - Muscle cells can be controlled **voluntarily** (consciously)
 - Muscle cells can be controlled involuntarily (automatically)

4-8 Muscle Tissue

- Skeletal Muscle Cells
 - Long and thin
 - Usually called **muscle fibers**
 - Do not divide
 - New fibers are produced by stem cells (myosatellite cells)

Skeletal Muscle Tissue



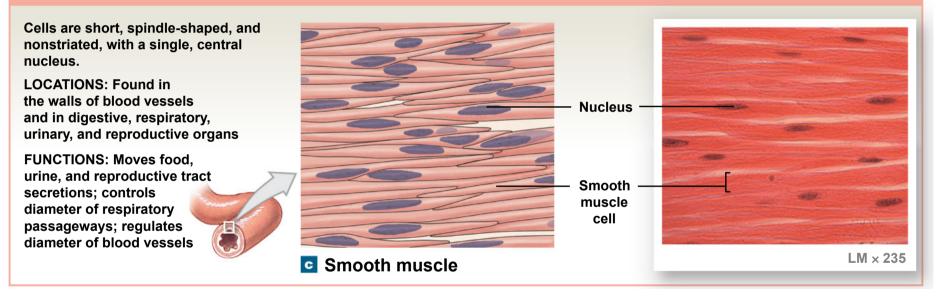
4-8 Muscle Tissue

- Cardiac Muscle Cells
 - Called cardiocytes
 - Form branching networks connected at intercalated discs
 - Regulated by *pacemaker cells*
- Smooth Muscle Cells
 - Small and tapered
 - Can divide and regenerate

Cardiac Muscle Tissue

Nucleus Cells are short, branched, 00000 and striated, usually with a single nucleus; cells are Cardiac interconnected by muscle intercalated discs. cells LOCATION: Heart FUNCTIONS: Intercalated -Circulates blood; discs maintains blood (hydrostatic) pressure Striations - A - C - O LM × 450 **D** Cardiac muscle

Smooth Muscle Tissue



4-9 Neural Tissue

- Neural Tissue
 - Also called *nervous* or *nerve tissue*
 - Specialized for conducting electrical impulses
 - Rapidly senses internal or external environment
 - Processes information and controls responses
 - Neural tissue is concentrated in the central nervous system
 - Brain
 - Spinal cord

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4-9 Neural Tissue

Two Types of Neural Cells

1. Neurons

- Nerve cells
- Perform electrical communication
- 2. Neuroglia
 - Supporting cells
 - Repair and supply nutrients to neurons

4-9 Neural Tissue

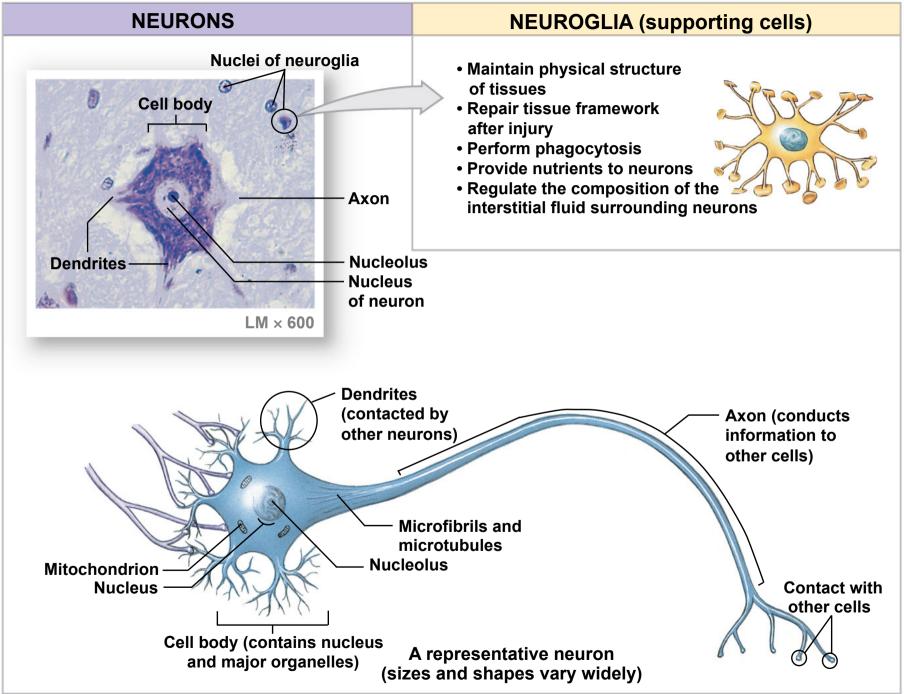
- Cell Parts of a Neuron
 - Cell body
 - Contains the nucleus and nucleolus

Dendrites

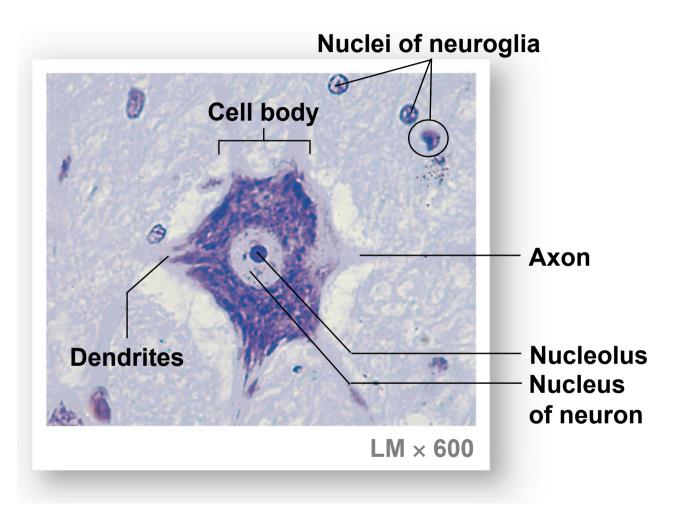
- Short branches extending from the cell body
- Receive incoming signals
- Axon (nerve fiber)
 - Long, thin extension of the cell body
 - Carries outgoing electrical signals to their destination

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Figure 4-19 Neural Tissue

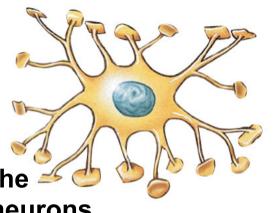


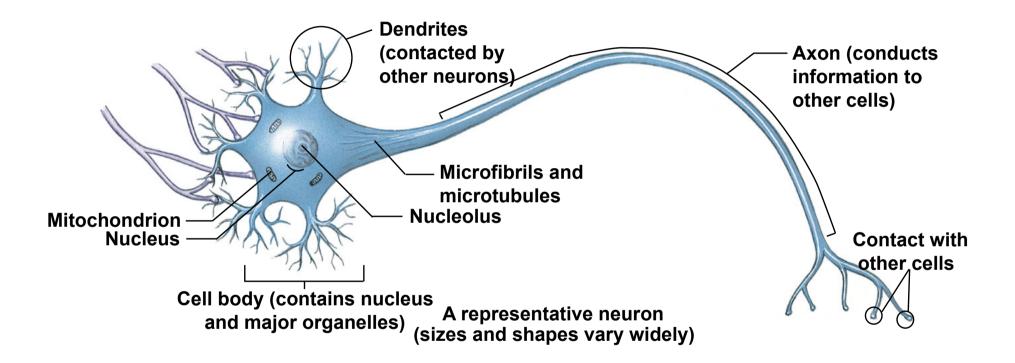
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- Maintain physical structure
 of tissues
- Repair tissue framework after injury
- Perform phagocytosis
- Provide nutrients to neurons
- Regulate the composition of the *S ⁽¹⁾* interstitial fluid surrounding neurons





- Tissues Respond to Injuries
 - To maintain homeostasis
 - Cells restore homeostasis with two processes
 - **1.** Inflammation
 - 2. Regeneration

- Inflammation = Inflammatory Response
 - The tissue's first response to injury
- Signs and symptoms of the inflammatory response include:
 - Swelling
 - Redness
 - Heat
 - Pain

- Inflammatory Response
 - Can be triggered by:
 - Trauma (physical injury)
 - Infection (the presence of harmful pathogens)

- The Process of Inflammation
 - Damaged cells release chemical signals into the surrounding interstitial fluid
 - Prostaglandins
 - Proteins
 - Potassium ions

- The Process of Inflammation
 - As cells break down:
 - Lysosomes release enzymes that destroy the injured cell and attack surrounding tissues
 - Tissue destruction is called **necrosis**

- The Process of Inflammation
 - Necrotic tissues and cellular debris (pus) accumulate in the wound
 - Abscess pus trapped in an enclosed area
 - Injury stimulates mast cells to release:
 - Histamine
 - Heparin
 - Prostaglandins

- The Process of Inflammation
 - Dilation of blood vessels
 - Increases blood circulation in the area
 - Causes warmth and redness
 - Brings more nutrients and oxygen to the area
 - Removes wastes

- The Process of Inflammation
 - Plasma diffuses into the area
 - Causes swelling and pain
 - Phagocytic white blood cells
 - Clean up the area

Regeneration

- When the injury or infection is cleaned up
 - Healing (regeneration) begins
- The Process of Regeneration
 - Fibrocytes move into necrotic area
 - Lay down collagen fibers
 - To bind the area together (scar tissue)

- The Process of Regeneration
 - New cells migrate into area
 - Or are produced by mesenchymal stem cells
 - Not all tissues can regenerate
 - Epithelia and connective tissues regenerate well
 - Cardiac cells and neurons do not regenerate (or regenerate poorly)

stimulates

Mast Cell Activation

When an injury damages connective tissue, mast cells release a variety of chemicals. This process, called mast cell activation, stimulates inflammation.



Exposure to Pathogens and Toxins

Injured tissue contains an abnormal concentration of pathogens, toxins, waste products, and the chemicals from injured cells.



When a tissue is injured, a general defense mechanism is activated.

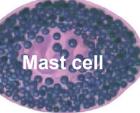
defense me is activated.

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Figure 4-20 Tissue Repair

Mast Cell Activation

When an injury damages connective tissue, mast cells release a variety of chemicals. This process, called mast cell activation, stimulates inflammation.



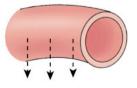
Histamine Heparin Prostaglandins

INFLAMMATION

Inflammation produces several familiar indications of injury, including swelling, redness, warmth, and pain. Inflammation may also result from the presence of pathogens, such as harmful bacteria, within the tissues; the presence of these pathogens constitutes an infection.

Increased Blood Flow Increased Vessel Permeability Pain

In response to the released chemicals, blood vessels dilate, increasing blood flow through the damaged tissue. Vessel dilation is accompanied by an increase in the permeability of the capillary walls. Plasma now diffuses into the injured tissue, so the area becomes swollen.



The abnormal conditions within the tissue and the chemicals released by mast cells stimulate nerve endings that produce the sensation of pain.

ΣΟΙΝ

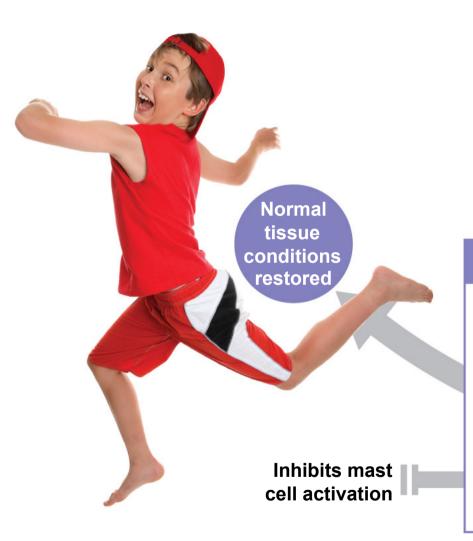
Increased Oxygen and Nutrients	Increased Phagocytosis	Removal of Toxins and Wastes
Vessel dilation, increased blood flow, and increased vessel permeability result in enhanced delivery of oxygen and nutrients.	Phagocytes in the tissue are activated, and they begin engulfing tissue debris and pathogens.	Enhanced circulation carries away toxins and waste products, distributing them to the kidneys for excretion, or to the liver for inactivation.
		Toxins and wastes
	and Nutrients Vessel dilation, increased blood flow, and increased vessel permeability result in enhanced delivery of oxygen and nutrients.	and NutrientsPhagocytosisVessel dilation, increased blood flow, and increased vessel permeability result in enhanced delivery of oxygen and nutrients.Phagocytes in the tissue are activated, and they begin engulfing tissue debris and pathogens.

Regeneration

Regeneration is the repair that occurs after the damaged tissue has been stabilized and the inflammation has subsided. Fibroblasts move into the area, laying down a collagenous framework known as scar tissue. Over time, scar tissue is usually "remodeled" and gradually assumes a more normal appearance.

Inflammation Subsides

Over a period of hours to days, the cleanup process generally succeeds in eliminating the inflammatory stimuli.



Regeneration

Regeneration is the repair that occurs after the damaged tissue has been stabilized and the inflammation has subsided. Fibroblasts move into the area, laying down a collagenous framework known as scar tissue. Over time, scar tissue is usually "remodeled" and gradually assumes a more normal appearance.

4-11 Aging and Tissue

- Aging and Tissue Structure
 - Speed and efficiency of tissue repair decrease with age, due to:
 - Slower rate of energy consumption (metabolism)
 - Hormonal alterations
 - Reduced physical activity

4-11 Aging and Tissue

- Effects of Aging
 - Chemical and structural tissue changes
 - Thinning epithelia and connective tissues
 - Increased bruising and bone brittleness
 - Joint pain and broken bones
 - Cardiovascular disease
 - Mental deterioration

4-11 Aging and Tissue

- Aging and Cancer Incidence
 - Cancer rates increase with age
 - 25% of all people in the United States develop cancer
 - Cancer is the #2 cause of death in the United States
 - Environmental chemicals and cigarette smoke cause cancer

An Introduction to Tissues

- Learning Outcomes
 - 4-1 Identify the four major types of tissues in the body and describe their roles.
 - **4-2** Discuss the types and functions of epithelial tissue.
 - **4-3** Describe the relationship between form and function for each type of epithelium.

An Introduction to Tissues

- Learning Outcomes
 - **4-4** Compare the structures and functions of the various types of connective tissues.
 - **4-5** Describe how cartilage and bone function as a supporting connective tissue.
 - 4-6 Explain how epithelial and connective tissues combine to form four types of tissue membranes, and specify the functions of each.
 - **4-7** Describe how connective tissue establishes the framework of the body.

An Introduction to Tissues

- Learning Outcomes
 - **4-8** Describe the three types of muscle tissue and the special structural features of each type.
 - 4-9 Discuss the basic structure and role of neural tissue
 - **4-10** Describe how injuries affect the tissues of the body.
 - **4-11** Describe how aging affects the tissues of the body.