

## Courtney Rudolph

### Education

TEXAS A&M UNIVERSITY College Station, Texas

Master of Science in Health and Kinesiology

UNIVERSITY OF NORTH TEXAS Denton, Texas

Bachelor of Science in Health Promotion and Education

### Experience

HOUSTON COMMUNITY COLLEGE Houston, Texas 2021-Present

Professor - Kinesiology

Higher education online instructor focused on health, kinesiology, and active workouts

KINE 1304

TARRANT COUNTY COLLEGE Hurst, Texas 2013-Present

Professor - Kinesiology

Higher education instructor focused on health, kinesiology, and active workouts

KINE 1164, 1128, 1304, 1306, 2128

Lecture covering basic components of health and kinesiology

Design and implement specific workouts related to classroom instruction

Develop semester schedule and communicate effectively to students via email and Blackboard

Motivate students through each workout and offer additional coaching toward specific goals

Use numerous teaching aids to convey subject matter to students

Record grades and attendance

DALLAS COUNTY COLLEGE Dallas, Texas 2019-Present

Professor - Kinesiology

Higher education online instructor focused on health, kinesiology, and active workouts

KINE 1164, 1301, 1338

Develop syllabus and overall course structure

Pre- and post-course fitness testing

Record grades and attendance