

## Successful Students: Guidelines and Thoughts for Academic Success

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Successful students exhibit a combination of successful attitudes and behaviors as well as intellectual capacity. Successful students . . .

1. *are responsible and active.* Successful students get involved in their studies, accept responsibility for their own education, and are active participants in it!
2. *have educational goals.* Successful students have legitimate goals and are motivated by what those goals represent in terms of career aspirations and life's desires.
3. *ask questions.* Successful students ask questions to provide the quickest route between ignorance and knowledge.
4. *Learn that a student and a professor make a team.* Most instructors want exactly what you want: they would like for you to learn the material in their respective classes and earn a good grade.
5. *Don't sit in the back.* Successful students minimize classroom distractions that interfere with learning.
6. *take good notes.* Successful students take notes that are understandable and organized, and they review them often.
7. *understand that actions affect learning.* Successful students know their personal behavior affects their feelings and emotions and in turn can affect learning. Act like you're disinterested and you'll become disinterested.
8. *talk about what they're learning.* Successful students get to know something well enough that they can put it into words.
9. *don't cram for exams.* Successful students know that divided periods of study are more effective than cram sessions, and they practice it.
10. *are good time managers.* Successful students do not procrastinate. They have learned that time control is life control and have consciously chosen to be in control of their lives.