

DAVID MANNING, M.S.

LPC, LCDC Intern, NCC

CLINICAL MENTAL HEALTH COUNSELOR

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EDUCATION

Doctor of Philosophy, Clinical Psychology
Walden University

2020
Minneapolis, Minnesota

GPA: 3.75

Master of Science, Applied Psychology

Walden University

2018
Minneapolis, Minnesota

GPA: 3.50

Master of Science, Clinical Mental Health Counseling

Walden University

2016
Minneapolis, Minnesota

GPA: 3.00

Bachelor of Art, Psychology

Texas Southern University

2011
Houston, Texas

GPA: 3.19

RESEARCH INTERESTS

- *Child and Adolescent Development*
- *Gender Differences in Social Interactions*
- *Healthy Interpersonal Relationship Patterns*
- *Spirituality's Role on the Human Experience*
- *Psychological Theories: (psychoanalytic, behavioral, humanistic and positive psychology)*

CLINICAL EXPERIENCE

Intake Clinician

Behavioral Hospital of Bellaire

Feb. 2018 – Present

Provides clinically indicated psychotherapy as well as psychiatric assessments and basic medical screening to all psychiatric and chemical dependency patients. Coordinates the admission process for inpatient, partial or outpatient programs. Recognizes signs and symptoms of chemical dependency disorders and mental health disorders and applies/utilizes appropriate treatment interventions. Assess, direct, and intervene in crisis situations. Facilitates referrals for outpatient services and other community resources.

Counselor

Mosaic Tree Counseling

Aug. 2017 – Present

Counsels a diverse population of youth and adolescents. Provides interventions for dealing with a wide range of issues: ranging from daily hassles to severe mental health disorders. Applies an integrated psychological approach is advantageous in providing therapeutic services for clients in need. Creates treatment plans as well as regular notes, which is professionally and ethically appropriate, maintaining proper paperwork for the benefit of the clients' goal and a counseling objective.

Counselor

New Lite Counseling Inc.

Jan. 2016 – Oct. 2018

Counseled with an emphasis on addressing maladaptive coping skill in a manner which promotes prosocial behavior, as based on the latest empirical research. Provided ongoing psychological care to sex offenders utilizing psychotherapy techniques, group counseling, facilitating character workshops, treatment planning and crisis management. Maintained professionalism regarding client content and confidentiality were upheld with the greatest regard to client safety. Case load consisted of approximately 100-120 clients a week- the population was predominantly sex offenders, legally mandated to attend weekly groups.

AVID Counselor

Houston Independent School District

Aug. 2015 – Mar. 2016

Created and conducted academic, personal/social and college/career guidance curriculum for all grade levels as it relates to school's mission. Conducted school surveys and analyzed school data to determine effectiveness of implemented programs and opportunities for "closing the gap" interventions. Assisted and supported students in developing attainable goals by using Solution Focused Therapy and Person-Centered Therapy. Created useful documents for students to bring awareness to all available resources and partnership within the community. Served as on-site manager for school representatives and liaison to the community.

Mental Health Counselor Intern

The Children's Spot

Mar. 2014 – Nov. 2015

Performed supervised individual and group therapy to adolescents diagnosed with a variety of presenting problems including Autism Spectrum Disorder, Attention Deficit Disorder and Attention-Deficit/Hyperactivity Disorder. Provided psychological assessments, intakes and appropriate referrals. Co-facilitated anger management groups to provide psycho-education and increase insight into maladaptive coping mechanisms. Maintained progress notes for all clients to ensure documentation of session content and interventions.

Mental Health Technician Intern

Arc of Greater New Orleans

Oct. 2006 – May. 2009

Under direct supervision, participated in the development and implementation of therapeutic treatment plans for patients diagnosed with Schizophrenia, Bipolar 2 and other major psychotic disorders. Observed and recorded case study notes via behavioral charts. Provided behavior modification counseling in individual or group sessions. Facilitated group therapy sessions with patients and their families.

TEACHING EXPERIENCE

Psychology Professor

Jan. 2017-Present

Psychology 2301: Introduction to Psychology Houston Community College

Teaches Introduction to Psychology covering a wide range of psychological paradigms from emotions and motivation, theories of development, cognitive processes and personality. Prepares coursework, lessons and develops teaching strategies to engage a diverse student population in an interactive learning process. Implements course curriculum and assess student progress and provides guidance and assistance in course materials.

Mathematics Teacher

Jan. 2013 – Aug. 2015

Algebra

Houston Independent School District,

Facilitated the learning of mathematics to approximately 120 seventh and eighth grade students; 91% of which succeeded in performing at or above grade-level reading by the end of the academic school year. Responsible for strategically planning and implementing structured learning goals in accordance with state required teaching and testing standards. Managed 30+ student capacity classes by applying new and innovative teaching strategies to foster engagement and improve student performance. Supervised mathematics study hall 5 days a week, as well as worked with struggling students outside of class to clarify learning objectives and encourage positive study habits.

Teaching Assistant

Oct. 2012 – Dec. 2013

Language Arts

Sylvan Learning Center

Served as an aid to high school teachers and administration for an academic school year, while also completing graduate coursework. Assisted in the implementation of positive lesson plans which promoted academic success, problem solving skills, and student accountability. Prepared and executed classroom programs and instructional materials under the guidance of the lead instructor. Provided administrative duties such as, developing accurate and up to date records and reports as required.

COMMUNITY INVOLVEMENT

CEO/Founder

April. 2014 – Present

Fishing Lessons Inc.

Fishing Lessons Inc. is a nonprofit founded on the principle that "If you give a kid a fish he will eat for a day, but if you teach a kid to fish he will eat for a lifetime". My non-profit is dedicated to educating, mentoring and advocating on the behalf of disenfranchised and underserved youth and communities. We are currently serving the greater Houston area and are involved in partnerships and initiatives with local schools, community leaders, local churches, non-profits and colleges. We also maintain access to resources that meet physical and mental health needs as well. Fishing Lessons Inc. seeks to provide youth with a more deserving and appropriate educational, environmental and emotional experience. Because we believe them to be the most valuable element of our national society.

CERTIFICATIONS

Licensed Professional Counselor

2018

TSBEP
License #76765

Licensed Chemical Dependency Counselor Intern

2016

TDHS

National Certified Counselor

2016

NBCC