Chapter 13
Describe Erikson’s stage of generativity versus stagnation
Describe Erikson’s last stage of intergrity versus despair
Define social clock
Describe how culture influences social clock norms
What is the age of midlife?
Describe midlife crisis
According to research, what has the most influence on personality throughout adulthood?
Describe ecological niche
Describe the Big Five personality traits
Identify the personality trait within the Big 5 that tends to increase with age
Define social convoy
Describe how men and women express themselves as they grow older
Describe friendships in adulthood
Describe the relationship between middle-aged adults and their parents
Define familism
What is the percentage of adults who report they are close to their siblings?
Define fictive kin
What percentage of US residents marry before the age of 25
By age 40, what percentage of US residents have married?
Describe the level of marital satisfaction after the first ten years for most married couples
Describe what happens to most married couples after the children are grown
How many households in the United States are headed by a homosexual couple?
Describe the effects of divorce during adulthood
In the past two decades, describe the rates of marriages and divorces
Divorce is most likely to occur after how many years of marriage?
Describe remarriage rates in the United States
What is the percentage of marriages that are remarriages for at least one partner?
Describe the effects of remarriage rates and divorce rates
Describe family kinkeeper
Describe the sandwich generation
Describe the average income in the United States in the past 50 years

Chapter 14
Define gerontology
Define ageism
Define elderspeak
What percentage of the United States population is over age 65?
What percentage of adults over 65 in North America is living in a hospital or nursing home?
What is the most common cause of blindness in the elderly?
Define primary aging
Describe secondary aging
What is the primary reason the elderly having difficulty in getting enough nutrients?
Regarding nutrition, what advice is a doctor most likely to give to an elderly person?
What is the average life expectancy for men and women?
What is the most beneficial way to extend your life by slowing down the aging process?
What accounts for the decrease in motor reaction time and brain processing in older adults?
Define centenarians
Describe Schaie’s Seattle Longitudinal Study on the cognitive decline of later adulthood
Define terminal decline
Define dementia
What percent of people under the age of 70 have dementia?
What is the common cause of dementia?
Describe the brain of an Alzheimer patient
Worldwide, what is the percentage of people suffering from Alzheimer?
Describe the first stage of Alzheimer disease
Describe the last stage of Alzheimer disease
Death typically occurs how long after the first signs of Alzheimer appear?
Describe Parkinson disease
Why do many elderly people suffering from depression not receive treatment?
What is the effect of elderly people taking 5 or 6 different medications?
How did Abraham Maslow view older adults?
Describe the life review during late adulthood
Chapter 15
Describe the Big Five personality traits in late adulthood
Describe selective optimization
List the 3 major stratification categories emphasized in the textbook that can limit choices during life
Describe the disengagement theory
According to research in Sweden what is the quality of life in late adulthood related to?
According to the U.S Census Bureau, what is the percentage of those over the age of 65 in the work force?
According to research, how do older adults view retirement?
According to research, what correlates with positive emotions in the elderly?
Where do elderly people prefer to live?
Describe Elderhostel
Describe AARP
What is the age requirement for membership in the AARP?
Define social convoy
Compared to single elder adults, how do married elder y couples view being married?
Describe the marriage of the elderly
Describe an elderly person who is most likely to be the healthiest and happiest at age 70
In the United States, how many years do wives average widowhood?
How do older women typically react after losing a spouse?
Why are elderly men more troubled by losing a spouse than elderly women?
By age 70 what percentage of adults are grandparents?
Describe remote grand parenting style
Describe involved grand parenting style
Most contemporary grandparents in the Unites States prefer which grandparent role?
Describe surrogate parent
What is the most important buffer against the loss that comes from retirement and widowhood?
Give examples of ADL’s (activities of daily life)
Identify factors likely to increase elder abuse
Who commits most elder abuse?
Define elder maltreatment
Define assisted living care

Epilogue
Define thanatology
Describe how the concept of understanding death has changed in the past 100 years
What is the period in the lifespan where death is less feared?
In all religions and cultures, how is death regarded?
What accounts for the variations in death practices?
Describe a near-death experience
Describe how the medical profession is becoming more concerned with death
Describe the current research on Kubler- Ross’s stages of dying
Define a “living –will”
Define a health care proxy