

**Coleman College for Health Sciences**  
**RNSG 1115 – Health Assessment**  
**CRN 41533 Monday 1400 – 1600,**  
**Room 368**  
**CRN 49248 Tuesday 1200 – 1400**  
**Spring 2015,**  
**Room TBA**  
**2 hour lecture course / 32 hours per semester/ 16 weeks**

**INSTRUCTOR:**

Dr. Delores A. Saddler PhD, MSN,  
BSN, RN, CGRN

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Feel free to contact me concerning any problems you are experiencing concerning this course. Please do NOT wait until you receive a “poor” grade before asking for my assistance. Your success in this class is very important to me. I am available to hear your concerns and discuss this course with you. Feel free to come to my office during office hours or other times with an appointment. My office hours are: See as posted

**I. Course Description**

Development of skills and techniques required for a comprehensive health assessment within a legal/ethical framework.

**II. Prerequisites**

Acceptance into the program. Completion of RNSG 1301

**III. Co-Requisites**

RNSG 1413, RNSG 1360

#### **IV. Program Student Learning Outcome for 2015 (PSLO)**

The student will be able to apply cognitive knowledge to enable successful completion of the exit examination.

End-Of-Course Outcomes: Describe the components of a comprehensive nursing health assessment and demonstrate professional roles in a systematic process of health assessment.

#### **V. Course Outcomes and Differentiated Essential Competencies**

Outcome

DECs

Evaluation of DEC's will be through

Utilize concepts of biological, psychosocial, development, cultural and spiritual aspects in relation to data collection.

I. A B C

II. B C

III. B D

IV. D

Quizzes and unit exams; Student participation; Individual and group

Assignments as indicated

Integrate knowledge of Anatomy and Physiology, growth and development in relation to general physical survey and physical examination.

Demonstrate the correct methods when performing a comprehensive physical assessment.

Describe how critical thinking is applied when using the four basic techniques of physical assessment.

I. A C

II. A B C

III. D

IV. D

Quizzes; unit exams; Individual and group assignments and participations, student participation

Identify physical assessment and Interview techniques for aging population

I. A C

II. A B

III. A D

IV. A D

Quizzes, Unit exams; Individual and group assignments; student participation and presentation

Apply critical thinking in selected simulations related to physical assessment; differentiate normal from select abnormal findings in physical assessment.

I. A C

II. A B C

III. A B D

IV. D

Case studies; simulated activities; quizzes; unit exams; individual and group assignments and presentations and discussion

Assist the client to acquire knowledge for health maintenance or improvement

I. A B C

II. BFGH

III. D

IV. BCD

Quizzes, exams; individual and group assignments and presentations; case studies

Define client rights to privacy and confidentiality with regard to information collected during the assessment

I. A C

II. E

III. D

IV. B C D

Quizzes and exams Individual and group Presentations and discussion

Provide a safe and private environment while performing a general physical survey and physical assessment

I. A B C

II. D

III. A B D

Practicum demonstration

## **SCANS – AREAS OF COMPETENCY**

The U.S. Department of Labor Secretary's Commission of achieving Necessary Skills

(SCANS) to enter the workplace has determined that 43 competencies must be addressed and method(s) of determining competency listed:

Two competencies are assigned to RNSG 1115: Use Information Skills #5 & #7-acquire and evaluate.

Identifies need for data, obtains them from existing sources, and evaluates their relevance and accuracy. Competently performing the tasks of acquiring data and evaluating information. Includes posing analytic questions to determine specific information needs.

### **VI. Methods of Instruction**

#### **A. Instruction Methods**

1. Classroom lecture/discussion
2. Computer Aided Instruction/ Video/ U-tube
3. Nursing Skills Lab
4. Simulated Learning
5. Case Studies
6. Work Groups

#### **B. Concept Reinforcement**

1. Pre and/ or post lecture quizzes
2. Critical thinking scenarios and/or case studies
3. Group activities
4. Evidenced Based Practice discussion

5. Faculty-Student conferences
6. Laboratory teaching
7. Learning through simulation and skills lab
8. Psychomotor skill development and practice
9. Students will be evaluated for competency of required skills

## **VII. Attendance and Tardiness**

The Houston Community College Handbook guidelines relating to attendance shall be incorporated for this course. Any student missing more than 12.5% of class time (including lab) may be dropped from class. Attendance shall be taken at any point during the class and the lab. Students who are late for class/lab shall be allowed to enter based on the instructions/discretion of the instructor.

## **POLICIES**

All students are required to adhere to HCCS and ADN Handbooks.

## **VIII. Evaluation**

Grading Scale

90 - 100 A

80 - 89 B

75 - 79 C

70 - 74 D

Below 70 F

Students are required to make 75% and above to pass unit exams and the course.

## **Methods of Grade Calculation**

1. Quizzes 10%
2. Practicum 15%
3. Three Unit exams (20% each) 60%
4. HESI Benchmark exam 15%

Students who repeat a course three or more times may face significant tuition/fee increases at HCC and other Texas public colleges and universities. Please ask your instructor/counselor about opportunities for tutoring/other assistance prior to considering course withdrawal, or if you are not receiving a passing grade.

## **IX. EXAM PROCEDURES**

1. Test grades will be distributed within one week after the exam
2. Students may review exam by appointment with the instructor. Each exam will be available for review UNTIL the next exam.
3. Students who score less than 75% on an exam must make an appointment to review the exam with the faculty within one week, and is expected to meet with the program counselor.
4. Students will be given 70 minutes for a 50 question test and 140 minutes for a test having 100 items. (questions) The amount of time allotted for the benchmark exam will be determined by the exam itself.

## **X. Testing Protocol**

To ensure quality education and equality to all student in the Associate Degree Nursing Program, the following special conditions will apply during testing situations:

The Instructor controls the options of seating arrangements, movement, leaving the room, and stopping an exam for violation of scholastic dishonesty.

All books, papers, notebooks, and personal belongings will be placed away from the desk before testing begins.

Any verbal or nonverbal communication between students during testing situation will be grounds for termination of the testing. A grade of zero (0) will be recorded and averaged into the final grade.

## **XI. Remediation**

Remediation shall be required of any student who scores less than 75% on any exam. Remediation requirements shall be completed prior to the next scheduled exam.

## **XII. REQUIRED TEXTBOOKS:**

Weber, Janet and Kelley, Jane (2014) Health Assessment in Nursing 5th edition, Philadelphia: Lippincott Williams & Wilkins. Recommended: lab manual to accompany Health Assessment in Nursing, latest edition.

## **EGLS3-(Evaluation for greater learning Student Survey System)**

At Houston Community College, professors believe that thoughtful feedback is necessary to improve teaching and learning. During designated time you will be asked to answer a short online survey of research-based questions related to instruction. The anonymous results of the survey will be made available to your professors and division chairs for continual improvement of instruction. Look for the survey as part of the Houston Community College student system near the end of the term.

## **XIII. SPECIAL NEEDS-COMPLIANCE WITH AMERICANS WITH DISABILITIES ACT (ADA)**

Any student with a documented disability (e.g. physical, learning, visual and hearing) who needs to arrange reasonable accommodations must contact the Disability Services Office at their respective college at the beginning of each semester. The faculty is authorized to provide only the accommodations requested by the Disability Support Services Office.



If the student has a disability or needs instructional accommodation due to a disability, please meet with the lead instructor at the beginning of the course.

Documentation must be provided at this time with an official letter of accommodation.

The procedure may be started with a phone call to the Coleman College Disabilities counselor.

**XIV. Professional Behavior:** Students are responsible for reading and complying with the policies and procedures listed in the current ASSOCIATE DEGREE NURSING PROGRAM STUDENT HANDBOOK.

To be successful in this class, it is the student's responsibility to:

1. Remain quiet during class time. Should a student need to ask a question or communicate with the instructor, the student is to raise his/her hand.
2. Refrain from interrupting when someone is speaking.
3. Refrain from disrupting the class – may be asked to leave the classroom at the discretion of the instructor.
4. Not bring children to the lab skills area or the classroom.
5. Abide by the appropriate standards of conduct identified in the student handbook including language and professional behavior.

#### **XV. COURSE OUTLINE**

Unit I: Nursing data collection, documentation, and analysis (Student will be able to describe the nurse's role in health assessment). Chapters 1 - 5

Unit II: Integrative Holistic Nursing Assessment (Student will be able to describe the unique perspective of each patient) Chapters 6 – 12

Unit III: A Nursing Assessment of Physical Systems (Student will be able to verbalize and demonstrate assessment techniques for all body systems)

A. Chapters: 14 – 18

Skin, Hair, Nails, Head and Neck, Eyes, Ears, Mouth, Throat, Nose, and Sinuses

B. Chapters: 19 & 20

Thorax, Lungs, Lymphatic System

C. Chapters: 21, 22, 23

Heart and Neck Vessels; Peripheral Vascular System; Abdomen

D. Chapters: 26 & 27

(Discussion and Classroom)

Female and Male Genitalia; Anus, Rectum and Prostate

E. Chapters: 24 & 25

Musculoskeletal, Nervous

Unit IV Chapter 28

(The student will be able to verbalize how to adapt the assessment to the context of the patient)