



**Houston  
Community  
College**

**Coleman College for  
Health Sciences**

**Associate Degree Nursing Program  
Fall 2012**

**RNSG 1115-Nursing Health Assessment  
Fall 2012 F8A**

**Coleman Campus-Room 363**

**CRN 27601 12-1 Monday/Tuesday**

**CRN 27602 4-5 Monday/Tuesday**

**2 hour lecture course/ 16 hours per semester  
8 weeks**

**Lab**

**(Affiliates as Assigned)**

**T. Bell Tues/Thurs 3-5**

**L. Johnson Wed 6:30-8:30**

**J. Joseph Wed 5-7**

**D. Saddler Wed 5-7; Thurs/Friday 10-12**

**Instructor Contact Information**

**Delores Saddler, RN, Ph.D.**

**Suite 334, Office # 330**

**713 718 7301**

**[Delores.Saddler@hccs.edu](mailto:Delores.Saddler@hccs.edu)**

**Office Location and Hours**

**Monday/Tuesday 5-9**

**Wednesday 12-4**

**Thursday 1-5**  
**Friday 1-3**

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Please feel free to contact me concerning any problems that you are experiencing in this course. You do not need to wait until you have received a poor grade before asking for assistance. Your performance in my class is very important to me. I am available to hear your concerns or to just discuss course topics. Feel free to come by my office anytime during the above hours.

**Course Description:** RNSG 1115 is designed to assist in the development of skills and techniques required to perform a comprehensive health assessment within the legal/ethical framework.

**Prerequisites:** Admission to the ADN Program

**Co-Requisites:** RNSG 1360 Clinical Nursing Foundation  
RNSG 1413 Foundations for Nursing Practice

**Credit Hours:** 1 (Lecture & Lab)

**Course Learning Outcomes:** Describe the components of selective health assessment and demonstrate professional nursing roles in a systematic process of health assessment.

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### Learning Objectives

Students will:

#### Unit I

1. Discuss overview of nursing assessment
2. Verbalize the nursing process
3. Verbalize steps of nursing objective assessment
4. Identify methods of obtaining and sources of subjective data
5. Discuss critical thinking and diagnostic reasoning
6. Verbalize types of assessment and situations appropriate to each
7. Understanding and verbalize responsibilities of assessment relative to nursing practice, including delegation
8. Verbalize environmental and patient preparation for assessment
9. Correctly obtain subjective and objective assessment data, validate, evaluate, and document

#### Unit II

1. Verbalize significance of and documentation of accurate vital signs and assessment data.
2. Discuss mental, psychosocial, developmental levels of development
3. Verbalize and document general assessment findings
4. Discuss culture, spirituality, religious and nutritional assessment criteria.
5. Recognize assessment methods for victims of violence
6. Verbalize and document pain assessment

#### Unit III

1. Verbalize concepts and techniques of systems assessments
2. Demonstrate beginning skills of systems assessments
3. Demonstrate beginning skills of documentation of systems assessment

## Unit IV

### 1. Verbalize concepts for assessment of special groups

Become familiar with NCLEX testing procedures

## SCANS - AREAS OF COMPETENCY

The U.S. Department of Labor Secretary's Commission on Achieving Necessary Skills (SCANS) to enter the workplace has determined that 43 competencies must be addressed and method(s) of determining competency listed:

**Two competencies are assigned to RNSG 1115:**

### Use Information Skills

#### #5 & #7 – Acquire and Evaluate

Identifies need for data, obtains them from existing sources, and evaluates their relevance and accuracy. Competently performing the tasks of acquiring data and evaluating information. Includes posing analytic questions to determine specific information needs.

- a. Subjective and Objective Assessment
- b. Skills practicum

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## Instructional Methods

1. Classroom lecture discussion
2. Computer Aided Instruction and use of Video
3. Nursing Skills Lab-Simulation learning, demonstration

## Evaluation

1. Eight (8) unit quizzes and one independent study activity; required lab sessions
2. Lab attendance and participation will constitute 20% of final grade (perfect attendance)  
One absence=5% grade reduction; more than 1 absence=10% grade reduction
3. All quizzes are based upon lecture, textbook reading and assigned media.
4. Satisfactory Laboratory skills participation as part of attendance and participation grade
5. Grading Scale: Each quiz is worth 10% for a total of 80% of final grade.

**REQUIRED TEXTBOOKS:** Weber, Janet & Kelly, Jane. (2010) Health Assessment in Nursing, 4th Edition. Philadelphia: Lippincott Williams& Wilkins.  
Lab Manual to Accompany Health Assessment in Nursing, latest edition, recommended.

## POLICIES

All students are required to adhere to HCCS and ADN H a n d b o o k s .

## **SPECIAL NEEDS-COMPLIANCE WITH AMERICANS WITH DISABILITIES ACT (ADA).**

Any Student with a documented disability (e.g. physical, learning, visual, and hearing, etc.) who needs to arrange reasonable accommodations must contact the Disability Services Office at their respective college at the beginning of each semester. The faculty is authorized to provide only the accommodations requested by the Disability Support Services Office.

If the student has a disability or needs instructional accommodation due to a disability, please meet with the lead instructor at the beginning of the course. Documentation must be provided at this time with an official letter of accommodation.

. The Procedure may be started with a phone call to the Coleman College Disabilities counselor.

### **EXAM PROCEDURES**

1. Test grades will be distributed within one week after the exam.
2. Students may review exam by appointment with the instructor. Each exam will be available for review until the next exam.
4. Students who score less than 75 on an exam must make an appointment to review the exam with the faculty within one week and is expected to meet with the program counselor.

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**To ensure quality education and equality to all students in the Associate Degree Nursing Program,**

**the following special conditions will apply during testing situations.**

1. The instructor controls the options of seating arrangement, movement, leaving the room, and stopping an exam for violation of scholastic dishonesty.
2. All books, papers, notebooks, and personal belongings will be placed away from the desk before testing begins.
3. Any verbal or nonverbal communication between students during testing situation will be grounds for the termination of the testing. A grade of zero (0) will be recorded and averaged into the final grade.
4. Should a student need to communicate with the instructor, remain seated and raise hand.
5. Any infraction of scholastic dishonesty may be grounds for dismissal from the program.

**SCHOLASTIC DISHONESTY POLICY-SEE HCCS STUDENT HANDBOOK CURRENT EDITION.**  
**Honesty in the Classroom: See Associate Degree Nursing Program Student Handbook, Current Edition.**

## **Tutoring**

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1. Students should contact the Academic Success Center for tutoring. Any student making less than 75% on a quiz or test will be required to attend sessions on test taking and study skills in the ASC.

## **Remediation**

Following a unit exam, a time may be used to reinforce content that was not understood or to discuss other previously covered content areas.

If a student needs remediation, an appointment may be made with an instructor during their designated office hours. Faculty office hours will be posted at faculty office doors. Remediation will be made available to any students enrolled in RNSG 1115 who expresses the need for this service. It is expected that the student will make appointment ahead of time and come to the session prepared.

## **Academic Information**

Students are responsible for reading the Houston Community College Student Handbook to be certain that they understand HCCS policies/procedures which also includes Refunds and Withdrawals from a course.

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## ADN Handbook

Students are responsible for reading and complying with the policies and procedures listed in the current ASSOCIATE DEGREE NURSING PROGRAM STUDENT HANDBOOK.

### ADDITIONAL COURSE INFORMATION

**Notice: Students who repeat a course three or more times may face significant tuition/fee increases at HCC and other Texas public colleges and universities. Please ask your instructor/counselor about opportunities for tutoring/other assistance prior to considering course withdrawal, or if you are not receiving passing grades.**

#### Instructor Requirements

As your instructor it is my responsibility to:

1. Provide the grading scale and detailed grading formula explaining how student grades are to be derived
2. Facilitate an effective learning environment through class activities, discussions, and lectures
3. Describe any special projects or assignments
4. Inform students of policies such as attendance, withdrawal, tardiness and make up
5. Provide the course outline and class calendar which will include a description of any special projects or assignments
6. Arrange to meet with individual students before and after class as required

#### **To be successful in this class, it is the student's responsibility to:**

1. Remain quiet during class time. Should a student need to ask a question or communicate with the instructor, the student is to raise his/her hand.
2. Refrain from interrupting when someone is speaking.
3. Refrain from disrupting the class may be asked to leave the classroom at the discretion of the instructor
4. Not bring children to the lab skills area or to the classroom.
5. Abide by the appropriate standards of conduct identified in the student handbook including language and professional behavior.

### LEARNING ACTIVITIES



## A. Classroom Lecture and Discussion Using Contemporary Technology

1. Computer Assisted Instruction
2. Classroom instructional software
3. Internet access
4. Medline access

## B. Concept Reinforcement

1. Pre and/or post lecture quizzes
2. Critical thinking scenarios and/or Seminar activities
3. Study guide exercises
4. Current EBP discussions
5. Individual faculty-student conferences
6. Case Studies

## C. Laboratory Teaching

### Mandatory Students Attendance Required

1. Learning through simulation and skills labs
2. Psychomotor skill development and practice
3. Students will be evaluated for competency of required Skills

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## COURSE OUTLINE

Unit I	Nursing data collection documentation, and analysis Selected Readings Chapters 1-5
UNIT II	Integrative Holistic Nursing Assessment Selected Readings Chapters 6-12
UNIT III A	Nursing Assessment of Physical Systems Selected Readings Chapters 13-17
UNIT IIIB	Nursing Assessment of Physical Systems Selected Readings Chapters 18, 20
Unit IIIC	Nursing Assessment of Physical Systems Selected Readings Chapters 21, 22
Unit III D	Nursing Assessment of Physical Systems Selected Readings Chapters 19, 23, 24, 25
Unit IIIE	Nursing Assessment of Physical Systems Selected Readings Chapters 26-28
Unit IV	Nursing Assessment of Special Groups Selected readings chapters 29-34

## RNSG 1115 Calendar for fall 2012

August

27 Orientation, Schedule, Expectations and Course Review, Introduction to Unit I

28 Unit I; Introduction to Vital Signs

**Lab: Temperature (all forms); Pulse (apical, radial, peripheral); Respirations (rate and rhythm); weights (pounds and kilograms); height (cm and inches); pulse oximeter;**

September

3 Holiday

4 Unit I; Introduction to Unit II

**Lab: Same as above (Vital Sim)**

10 Unit II; Unit IIIA

11 Unit III A

**Lab: General Status, culture, spiritual/religious, and nutrition; Skin, hair, and nails; Head and Neck; Eyes, Ears, Mouth, nose, throat, sinuses**

17 Unit III B

18 Unit III B

**Lab: Thorax and Lungs; Heart and Neck Vessels (Vital Sim)**

24 Unit III C

25 Unit III C/Assessment Practicum

**Lab: Peripheral Vascular; Abdomen**

October

1 Unit III C

2 Unit III D

**Lab: Musculoskeletal and Nervous System**

8 Unit III E

9 Unit IV

**Lab: Breasts and lymphatics; Male and female genitalia; elderly; Families; Introduction to childbearing women, newborns, infants, adolescents, and children**

15/16 Independent Study/Assessment Practicum

**Lab: Review as needed; Putting it all together**

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