



**Associate Degree Nursing Program
Coleman Health Sciences College**

RNSG 1413 – FOUNDATIONS OF NURSING PRACTICE

CRN 19007 – Spring 2019

| 9:00-11:00am | Saturday

4.0 Credit hrs/Lecture and Lab/64 contact hrs -16 Weeks

Instructors: Delores Saddler, PhD, RN

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Office location and hours

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Please feel free to contact me at any time concerning any problems that you are experiencing in this course. You do not need to wait until you have received a poor grade before asking for my assistance. Your performance in my class is very important to me. I am available to hear your concerns and discuss course topics. Feel free to contact me by phone or email.

Course Description

Introduction to the role of the professional nurse as provider of care, coordinator of care, and member of the profession. Topics include but are not limited to the fundamental concepts of nursing practice, history of professional nursing, a systematic framework for decision-making, mechanisms of disease, the needs and problems that nurses help patients manage, and basic psychomotor skills. Emphasis on knowledge, judgment, skills and professional values within a legal/ethical framework. This course lends itself to a blocked approach.

Pre-requisites: Admission into the ADN Program, RNSG 1301

Co-requisites: RNSG 1360, RNSG 1115, BIOL 2402, BIOL 2420

Course Student Learning Outcomes

Upon completion, you will be able to:

1. Compare the roles of the professional nurse in the delivery of health care in a variety of health care settings.
2. Discuss the legal and ethical parameters of professional nursing practice including the Nursing Practice Act.
3. Identify health promotion needs for diverse clients across the life span.
4. Create the nursing process to develop a holistic, patient-centered plan for a client with basic health care needs.
5. Discuss purposeful and therapeutic communication techniques and their application to nursing practice.
6. Utilize, at a beginner level, critical thinking in a systematic, problem-solving process.
7. Perform basic nursing skills
8. Apply cognitive knowledge in the successful completion of an exit exam.

Learning Objectives:

- 1.1 Compare and contrast agencies and settings in which healthcare is provided and the nurse's role in providing care within these settings.
- 1.2 Describe the role of the nurse in ensuring continuity of care between and among healthcare settings in the community.
- 1.3 Explain the aims of nursing as they interrelate to facilitate maximal health and quality of life for patients.
- 1.4 Describe evidence-based practice in nursing, integrating the relevance of nursing theory and nursing research.
- 2.1 Describe laws affecting nursing practice.
- 2.2 Describe nursing practice that is consistent with the code of ethics for nursing.
- 2.3 Use an ethical framework and decision-making process to resolve ethical problems.
- 3.1. Explain how the human dimensions, basic human needs, and self-concept influence health and illness.
- 3.2 Summarize the role of the nurse in promoting health and preventing illness.
- 3.3 Compare and contrast acute illness and chronic illness.
- 4.1 Describe the nursing process and each of its five steps.
- 4.2 Prioritize patient health problems and nursing responses.
- 4.3 Develop a patient-centered plan of nursing care with properly constructed outcomes and related nursing interventions.
- 4.4 Use cognitive, interpersonal, technical, and ethical/legal skills to implement a plan of nursing care.
- 4.5 Describe evaluation, its purpose, and its relation to the other steps in the nursing process.
- 5.1 Describe the communication process, identifying factors that influence communication.
- 5.2 List at least eight ways in which people communicate nonverbally.
- 5.3 Describe how each type of the ineffective communication hinders
- 5.4 Identify effective interventions for patients with impaired verbal communication.

- 5.5 Describe effective communication techniques to employ when interacting with patients from different cultures.
- 6.1 Contrast three approaches to problem-solving.
- 6.2 Prioritize patient health problems and nursing responses.
- 6.3 Use a model of critical thinking when making clinical judgments and decisions.
- 7.1 Use effective communication techniques when interacting with patients from different cultures.
- 7.2 Explain what should be included in the documentation of the teaching-learning process.
- 7.3 Demonstrate knowledge of the normal ranges for temperature, pulse, respirations, and blood pressure across the lifespan.
- 7.4 Document health assessment findings in a concise, descriptive, and legally appropriate manner.

SCANS or Core Curriculum Statement and Other Standards

Acquire information, organize information, and enhance basic skills
Course Calendar (Also Available via Eagle Online) is reviewed during course orientation. Changes are sometimes necessary and will be announced in class and/or via Eagle Online.

RNSG 1413 Foundations of Nursing Practice: See Canvas for Class Schedule

Instructional Methods

As an instructor, I want my students to be successful. I feel that it is my responsibility to provide you with knowledge concerning the foundations of nursing practice by modeling good teaching strategies and implementing scenarios and real-life examples that allow you to connect the information that you learn in this course to the real world. Classroom lecture, discussions, varied small/large group learning activities/work groups, case studies, multimedia-computer-aided instruction and use of videos, and nursing skills lab-simulation learning will be utilized in this course.

As a student wanting to learn about the foundations of nursing practice, it is your responsibility to read the assigned chapters in the textbook, submit assignments on the due dates, study for the exams, participate in face-to-face classroom activities, utilize the online component of the course, and enjoy yourself throughout the experience.

Student Assignments

Assignments have been developed that will enhance your learning. To better understand a topic, you will be given assignments on key information that you will need to remember for your success in this course. To complete this course you will be required to successfully complete the following:

Master each unit exam including the final with a 75% or greater. The exams will consist of course content. The Hesi specialty exam will be utilized as a benchmark exam for the course

content.

Participation in a group project will include a detailed presentation of the nursing process at the end of the semester.

Assignments and Assessments

- Exam # 1 = 15%
- Exam # 2 = 15%
- Exam # 3 = 15%
- Exam # 4 = 15% Final
- Exam = 20%
- Hesi Specialty Exam= 15% Participation= 5%

Instructor Requirements

As your instructor, it is my responsibility to:

- Provide the grading scale and detailed grading formula explaining how student grades are to be derived
- Facilitate an effective learning environment through class activities, discussions, and lectures
- Description of any special projects or assignments
- Inform students of policies such as attendance, withdrawal, tardiness and make up procedures
- Provide the course outline and class calendar which will include a description of any special projects or assignments
- Arrange to meet with individual students before and after class as needed

To be successful in this class, it is the student's responsibility to:

- Attend class and participate in class discussions and activities
- Read and comprehend the textbook
- Complete the required assignments and exams
- Ask for help when there is a question or problem
- Keep copies of all paperwork, including this syllabus, handouts and all assignments
- Complete the course with a **75%** passing score

HCC Grading Scale

- A = 100 – 90;.....4 points per semester hour
- B = 89 – 80:3 points per semester hour
- C = 79 – 70:2 points per semester hour
- D = 69 – 60:1 point per semester hour
- 59 and below = F.....0 points per semester hour
- IP (In Progress)0 points per semester hour
- W (Withdrawn).....0 points per semester hour
- I (Incomplete)..... 0 points per semester hour
- AUD (Audit) 0 points per semester hour

IP (In Progress) is given only in certain developmental courses. The student must re-enroll to

receive credit. COM (Completed) is given in non-credit and continuing education courses. To compute grade point average (GPA), divide the total grade points by the total number of semester hours attempted. The grades "IP," "COM" and "I" do not affect GPA.

Grading Criteria

I will conduct quizzes, exams, and assessments that you can use to determine how successful you are at achieving the course learning outcomes (mastery of course content and skills) outlined in the syllabus. If you find you are not mastering the material and skills, you are encouraged to reflect on how you study and prepare for each class. I welcome your observations on what you discover and may be able to assist you in finding resources that will improve your performance.

THEORY and LAB:

Students are expected to attend all theory and lab classes scheduled during the semester. A student may miss only 12.5% (4.5 days) of scheduled class during the semester.

Absences exceeding this amount may result in the administrative withdrawal of the student from the course. **Last day for Administrative/Student Withdrawals is Monday March 30, 2019 at 4:30 pm.**

Classroom attendance records will be maintained. It is the responsibility of the student to sign the attendance record, or answer the roll when called.

Students will not sign for other students, which is a violation of the Honesty Policy. Failure to sign the roll will constitute an absence for that day.

Repeated tardiness (more than 2 times) may result in counseling and possible disciplinary action. A student who exceeds the allowed absences may be administratively dropped from the course and co-requisite courses.

If a student has a disability or needs instructional accommodation due to a disability, please meet with the instructor at the beginning of the course. Documentation must be provided at this time with an official letter of accommodation.

Exam Procedures/Remediation and Testing Protocol:

A. Exam Procedures/Remediation:

Final test grades will be distributed within one week after the exam. Students who score less than 75 on an exam must make an appointment and meet with an ADN program counselor. An early alert will be sent to the ADN program counselor. The student must also meet with the instructor for a remediation plan. The ADN program counselor will coordinate with the instructor those who have completed counseling. Remediation will also be made available to any student enrolled in RNSG 1413 who expresses the need for this service. It is expected that the student will make an appointment at least one week ahead of time and come to the session prepared. Student responsibilities include bringing textbook, lecture notes, questions or topics for discussion and following through with all instructor-made assignments. Student may receive extra assignments to facilitate his/her learning.

(NOT FOR EXTRA CREDIT)

B. Testing Protocol:

Students will have one hour and 10 min to take the exam and 20 minutes immediately

after the exam for exam review (Administered in PAR Test Lab on the first floor). Each unit exam will consist of 48 questions and 2 dosage and calculations. HCC picture ID is required for entrance into all exams. The instructor controls the options of seating arrangement, movement, leaving the room, and stopping of exam for violation of scholastic dishonesty. Being late does not extend the time a student has to complete the exam. A Student more than 15 minutes late will not be allowed to take the exam.

The final exam will be administered during the final exam week consisting of 100 multiple choice questions. There will no makeup exams except in extenuating circumstances with proper notification documentation, and are at the sole discretion of the instructor. **There will be NO REVIEW of the final examination.**

All books, papers, notebooks, etc. should NOT be brought into the testing area. No personal belongings will be allowed. Cell phones and hats are prohibited in the testing area.

Any verbal or nonverbal communication between students during testing will be grounds for the termination of testing. A grade of zero (0) will be recorded and averaged into the final grade. Should a student need to communicate with the instructor, remain seated and raise your hand. Any infraction of scholastic dishonesty is grounds for dismissal from the program.

Academic Dishonesty:

A student who is academically dishonest is, by definition, not showing that the coursework has been learned, and that student is claiming an advantage not available to other students. The instructor is responsible for measuring each student's individual achievements and also for ensuring that all students compete on a level playing field.

Thus, in our system, the instructor has teaching, grading, and enforcement roles. You are expected to be familiar with Houston Community College's Policy on Academic Honesty, found in the catalog. What that means is: If you are charged with an offense, pleading ignorance of the rules will not help you. Students are responsible for conducting themselves with honor and integrity in fulfilling course requirements. Penalties and/or disciplinary proceedings may be initiated by College System officials against a student accused of scholastic dishonesty. "Scholastic dishonesty" includes, but is not limited to, cheating on a test, plagiarism, and collusion.

Cheating includes:

- Copying from another students' test paper or assignments;
- Using materials not authorized by the person giving the test;
- Collaborating with another student during a test without authorization;
- Knowingly using, buying, selling, stealing, transporting, or soliciting in whole or part the contents of a test that has not been administered;
- Bribing another person to obtain a test that is to be administered.

Plagiarism means the appropriation of another's work and the unacknowledged incorporation of that work in one's own written work offered for credit.

Collusion mean the unauthorized collaboration with another person in preparing written

work offered for credit. Possible punishments for academic dishonesty may include a grade of “0” or “F” in the particular assignment, failure in the course, and/or recommendation for probation or dismissal from the College System (See Student Handbook).

Professional Behavior

As your instructor and as a student in this class, it is our shared responsibility to develop and maintain a positive learning environment for everyone. Your instructor takes this responsibility very seriously and will inform members of the class if their behavior makes it difficult for him/her to carry out this task. As a fellow learner, you are asked to respect the learning needs of your classmates and assist your instructor in achieving this critical goal.

HCC Course Withdrawal Policy:

If you feel that you cannot complete this course, you will need to withdraw from the course prior to the final date of withdrawal. Before, you withdraw from your course; please take the time to meet with the instructor to discuss why you feel it is necessary to do so. The instructor may be able to provide you with suggestions that would enable you to complete the course. Your success is very important. Beginning in fall 2007, the Texas Legislature passed a law limiting first time entering freshmen to no more than **SIX** total course withdrawals **throughout** their educational career in obtaining a certificate and/or degree.

If you plan on withdrawing from your class, you **MUST** contact a HCC counselor or your professor prior to withdrawing (dropping) the class for approval and this must be done **PRIOR** to the withdrawal deadline to receive a “W” on your transcript. **Final withdrawal deadlines vary each semester and/or depending on class length, please visit the online registration calendars, HCC schedule of classes and catalog, any HCC Registration Office, or any HCC counselor to determine class withdrawal deadlines. **Remember to allow a 24- hour response time when communicating via email and/or telephone with a professor and/or counselor. Do not submit a request to discuss withdrawal options less than a day before the deadline.** If you do not withdraw before the deadline, you will receive the grade that you are making in the class as your final grade.

Repeat Course Fee

The State of Texas encourages students to complete college without having to repeat failed classes. To increase student success, students who repeat the same course more than twice, are required to pay extra tuition. The purpose of this extra tuition fee is to encourage students to pass their courses and to graduate. Effective fall 2006, HCC will charge a higher tuition rate to students registering the third or subsequent time for a course. If you are considering course withdrawal because you are not earning passing grades, confer with your instructor/counselor as early as possible about your study habits, reading and writing homework, test taking skills, attendance, course participation, and opportunities for tutoring or other assistance that might be available.

Instructional Materials

Taylor, C., Lillis, C., & Lynn, P. (2015). *Fundamentals of nursing: The art and science of person-centered nursing care*. (8th ed.). Philadelphia: Lippincott Williams & Wilkins. See

ADN booklist for recommended (optional) textbooks.

*Order online via the HCC Bookstore webpage at <http://hccs.bkstore.com>

HCC Policy Statements

Access Student Services Policies on their website:

<http://hccs.edu/student-rights>

Access DE Policies on their Web site:

All students are responsible for reading and understanding the DE Student Handbook, which contains policies, information about conduct, and other important information. For the DE Student Handbook click on the link below or go to the DE page on the HCC website.

The **Distance Education Student Handbook** contains policies and procedures unique to the DE student. Students should have reviewed the handbook as part of the mandatory orientation. It is the student's responsibility to be familiar with the handbook's contents. The handbook contains valuable information, answers, and resources, such as DE contacts, policies and procedures (how to drop, attendance requirements, etc.), student services (ADA, financial aid, degree planning, etc.), course information, testing procedures, technical support, and academic calendars. Refer to the DE Student Handbook by visiting this link:

<http://de.hccs.edu/de/de-student-handbook>

Access CE Policies on their Web site:

<http://hccs.edu/CE-student-guidelines>

EGLS3 -- Evaluation for Greater Learning Student Survey System

At Houston Community College, professors believe that thoughtful student feedback is necessary to improve teaching and learning. During a designated time near the end of the term, you will be asked to answer a short online survey of research-based questions related to instruction. The anonymous results of the survey will be made available to your professors and department chairs for continual improvement of instruction. Look for the survey as part of the Houston Community College Student System online near the end of the term.

HOUSTON COMMUNITY COLLEGE SYSTEM
RNSG 1413 - FOUNDATIONS FOR NURSING PRACTICE
COURSE EXPECTATIONS CONTRACTUAL AGREEMENT

I, _____, have read the RNSG 1413 syllabus and fully understand the expectations of me as a student in this course.

I acknowledge that I am aware that the Houston Community College A.D.N. Student Handbook is on the course website (Eagle Online) and that I am accountable for following the policies and procedures discussed in the handbook.

In addition, I agree to uphold the honesty policy by neither giving nor receiving any information about test content in this course as well as signing in for another student in class.

Failure to submit a signed agreement will be considered a breach of contract and I may be administratively dropped.

My signature below signifies my willingness to comply with the course requirements and I don't have any questions regarding the syllabus.

SIGNATURE

PRINTED NAME

DATE
