



Psychology
Central College

PSYC 2301 – Introduction to Psychology

CRN 74507 – Spring, 2014

Distance Education

3-Hour Lecture/ 48 hours per semester/Second Start (12 Weeks)

ON-CAMPUS FINAL EXAM

This course has a required on-campus final exam. There are no exceptions to this requirement. It is a departmental exam that is required for all students who take PSYC 2301. So, no matter who your instructor is for PSYC 2301, you have to take the departmental exam, and you have to take it during the final exam period. It cannot be given early. For online students, the exam is administered by the distance education office. There will be a testing period on Friday 5/2, Saturday 5/3, and Sunday 5/4. Please consult the information below for the times and locations of these testing periods. If you cannot be present for the final exam, you should drop the course or contact me about taking a makeup exam after the semester is over. Again, the department final exam cannot be administered early. In addition, you must achieve a score of at least 50% correct on the departmental final exam to pass the course.

DROP-IN BETWEEN THESE HOURS:

(Do NOT bring children to the testing campus.)

FRIDAY: Central Campus, Fine Arts Bldg. 4:00 p.m. – 9:00 p.m.

3517 Austin Street Last admit 7pm

SATURDAY: Katy Campus 10:00 a.m. – 3:00 p.m.

1550 Fox Lake Drive Last admit 1pm

SUNDAY: Eastside Campus 10:00 a.m. – 3:00 p.m.

6815 Rustic Last admit 1pm

Drop-in means that you can take the test any time between the designated hours. The last admittance **times are strongly upheld**. You must pick up your test by this time. You must present a photo ID before testing. If you do not have a photo ID, call 713-718-5275.

Instructor: Denise R. Boyd, Ed.D.

Instructor Contact Information: Eagle Online Email

Office location and hours: EDC A228/Central College/By Appointment

HCCS MISSION STATEMENT

The Houston Community College System is an open-admission, public institution of higher education offering associate degrees, certificates, academic preparation, workforce training, and lifelong learning opportunities that prepare individuals in our diverse communities for life and work in an increasingly international and technological society.

CORE CURRICULUM COMPETENCIES

This course addresses core competencies as follows:

Reading: Students are required to read a college-level textbook.

Writing: Students are required to write essays.

Speaking: Students are required to participate in class discussions.

Listening: Students are required to attend and participate in lecture sessions.

Critical Thinking: Students are required to respond to critical thinking questions.

Computer Literacy: Students are required to use the Internet to complete course requirements.

COURSE INFORMATION

Learning objectives

OBJECTIVES FOR SLO #1: Demonstrate knowledge in multiple (8) areas of psychology including concepts, facts and theoretical perspectives.
CORE DOMAIN 1: THE SCIENCE OF PSYCHOLOGY
1. Major schools of thought in psychology
CORE DOMAIN 2: BIOLOGY AND BEHAVIOR
1. Components of the neuron
2. Components of the synapse
3. Action potential
4. Major neurotransmitters
5. Medulla
6. Cerebellum
7. Hypothalamus
8. Limbic system
9. Components of the cerebrum
10. Plasticity
11. Endocrine system
CORE DOMAIN 3: LEARNING
1. Learning
2. Reinforcement
3. Punishment
4. Observational learning
CORE DOMAIN 4: MEMORY
1. Characteristics of short-term memory
2. Characteristics of long-term memory
CORE DOMAIN 5: HUMAN DEVELOPMENT

1. Phases of prenatal development
2. Piaget's stages of cognitive development
3. Erikson's stages of psychosocial development
4. Alzheimer's disease
CORE DOMAIN 6: STRESS AND HEALTH
1. General Adaptation Syndrome (GAS)
2. Post-traumatic stress disorder (PTSD)
CORE DOMAIN 7: PERSONALITY
1. Personality
2. Conscious, unconscious, preconscious mind
3. Id, ego, and superego
4. Freud's psychosexual stages
5. Big Five personality traits
CORE DOMAIN 8: ABNORMAL BEHAVIOR AND THERAPIES
1. Phobias
2. Panic disorder
3. Obsessive-compulsive disorder
4. Dissociative identity disorder
5. Schizophrenia
6. Major depressive disorder
7. Bipolar disorder
8. Personality disorders
OBJECTIVES FOR SLO#2: Define and identify the basic research and evaluation methods used in psychology, including the strengths and weaknesses of each method.
CORE DOMAIN 1: THE SCIENCE OF PSYCHOLOGY
1. Scientific method
2. Descriptive methods
3. Representative sample
4. Experimental method
CORE DOMAIN 2: BIOLOGY AND BEHAVIOR
1. Methods of studying the brain
CORE DOMAIN 3: LEARNING
1. Methods used by Pavlov, Watson, and Skinner
CORE DOMAIN 4: MEMORY
1. Recall
2. Recognition
CORE DOMAIN 6: STRESS AND HEALTH
1. Social Readjustment Rating Scale (SRRS)
CORE DOMAIN 7: PERSONALITY
1. Objective tests (inventories)
2. Projective tests
CORE DOMAIN 8: ABNORMAL BEHAVIOR AND THERAPIES
1. Purpose, organization, and content of the <i>DSM-5</i>
OBJECTIVE FOR SLO#3: Demonstrate knowledge of and identify concepts related to personal development and the development and behavior of others.
CORE DOMAIN 1: THE SCIENCE OF PSYCHOLOGY
1. Differences among the major theoretical perspectives in psychology
CORE DOMAIN 2: BIOLOGY AND BEHAVIOR
1. Processes that occur when a neuron is activated
2. How neurotransmitters affect behavior
3. Functions of the frontal lobes
4. Difference between the central and peripheral nervous systems
5. Functions of the sympathetic and parasympathetic nervous systems
6. How the pituitary gland affects behavior

7. How the adrenal glands affect behavior
CORE DOMAIN 3: LEARNING
1. How classical conditioning modifies an organism's responses to stimuli
2. How operant conditioning modifies an organism's responses to stimuli
3. Difference between positive and negative reinforcement
4. Factors that influence the effectiveness of punishment
CORE DOMAIN 4: MEMORY
1. Information-processing approach to memory
2. Reconstructive memory
3. The function of schemas
4. Causes of forgetting
CORE DOMAIN 5: HUMAN DEVELOPMENT
1. Effects of teratogens and other negative factors on prenatal development
2. Relationship between contact comfort and attachment
3. Differences among the various patterns of attachment
4. Difference between the social learning and gender schema theory explanations of gender role development
5. Process of cognitive development as Piaget explained it
6. Proposed causes of Alzheimer's disease
CORE DOMAIN 6: STRESS AND HEALTH
1. Effects of stress on the immune system
2. Effects of daily hassles on stress
3. Factors that influence individual's capacity for resisting the effects of stress
CORE DOMAIN 7: PERSONALITY
1. Function of defense mechanisms in Freud's theory
2. Views of humanistic theorists regarding the personality
3. Bandura's concept of reciprocal determinism
CORE DOMAIN 8: ABNORMAL BEHAVIOR AND THERAPIES
1. Criteria for abnormal behavior
2. Possible causes of schizophrenia
3. Symptoms of major depressive disorder.
4. Symptoms of bipolar disorder
OBJECTIVES FOR SLO#4: Apply psychological concepts to the solution of current issues and problems including ethics, coping with stressful events, health and wellness, parenting, learning, memory, and /or evaluation of media presentations.
CORE DOMAIN 1: THE SCIENCE OF PSYCHOLOGY
<i>Students will apply</i>
1. Ethical standards for psychological research
CORE DOMAIN 2: BIOLOGY AND BEHAVIOR
<i>Students will apply</i>
1. Principles of behavior genetics
CORE DOMAIN 3: LEARNING
<i>Students will apply</i>
1. Principles of behavior modification
CORE DOMAIN 4: MEMORY
<i>Students will apply</i>
1. Techniques for improving memory
CORE DOMAIN 5: HUMAN DEVELOPMENT
<i>Students will apply</i>
1. Effects of the authoritarian, authoritative, and permissive parenting styles on children's development
CORE DOMAIN 6: STRESS AND HEALTH
<i>Students will apply</i>
1. Difference between problem-focused and emotion-focused coping
CORE DOMAIN 7: PERSONALITY

<i>Students will apply</i>
1. Views of Abraham Maslow regarding self-actualization
CORE DOMAIN 8: ABNORMAL BEHAVIOR AND THERAPIES
<i>Students will apply</i>
Difference between psychologists and psychiatrists

INSTRUCTIONAL MATERIALS

Textbook and Required Materials

TO AVOID FALLING BEHIND, DO NOT DELAY GETTING YOUR TEXTBOOK!



Wood, S., Wood, E., & Boyd, D. (2014). *Mastering the World of Psychology* (5th Ed.) with MyPsychLab (MPL)/E-Book. Upper Saddle River, NJ: Pearson.

The textbook and access to MyPsychLab are **required**. You cannot succeed without them. Here are the options for obtaining them:

Purchasing Options

1. **Printed Text with MPL/E-book purchased from HCC bookstore:** Buy a new loose-leaf text packaged with an access code for MyPsychLab with E-book from the HCC bookstore (\$153.35).
2. **Printed Text with MPL/E-book purchased from another seller:** Buy a new text (any format) packaged with MyPsychLab/E-book from another bookseller or from the publisher at <http://www.mypearsonstore.com>. (Sample prices for loose-leaf version: Amazon \$94.98; Pearson \$106.67)
3. **Printed Text with MPL only (No E-Book):** Buy a new or used textbook from a seller of your choice and use a credit card, debit card, or PayPal to purchase access to MyPsychLab without an E-book from the publisher at <http://www.mypsychlab.com> (\$42.40 + the cost of the printed textbook).
4. **MPL with E-book only (No Printed Text):** Use a credit card, debit card, or PayPal to buy access to MyPsychLab with an E-book from the publisher at <http://www.mypsychlab.com> (\$88).

MyPsychLab Registration Instructions

MPL registration procedures will vary somewhat depending on which purchase option you choose.

1. Go to mypsychlab.com
2. Click “Student” under “Register”
3. Click “Yes” when asked if you have a Course ID.
4. Enter the course ID: **boyd67853 (You must use this course ID when you register. Otherwise, you will not be enrolled in my MPL course.)**
5. Click the appropriate option for your choice: “Use an access code” or “Use a credit card or PayPal”

6. Follow on-screen instructions for setting up an ID and password, entering your access code, or purchasing access from the publisher.

Note: You are under no obligation to purchase textbooks and other materials from the HCC bookstore.

Final Exam Workbook

The *PSYC 2301 Final Exam Workbook* is available at the link below free of charge. It lists all of the objectives and key terms that are covered on the final exam and contains review exercises that will help you prepare for the final exam. It is a Word file that you can download to your own computer or print out.

<http://learning.hccs.edu/faculty/denise.boyd>

Click the folder labeled "PSYC 2301 Materials: Mastering the World of Psychology 5E."

POLICIES

Distance Education Policies

Consult the Distance Education Handbook for a complete discussion of aspects of the course that are governed by the Distance Education office.

Instructor Policies & Student Responsibilities

1. Eagle Online e-mail is the primary means of communication between the instructor and students. Students should use the e-mail tool on the Eagle Online course homepage to contact the instructor.
2. This is a Web-based course in which instruction will be delivered exclusively via the World Wide Web utilizing Eagle Online and MyPsychLab software.
3. Students with disabilities who require modifications must notify the instructor of the specific need as soon as possible after enrollment. To be eligible for modifications, students must be clients of the HCCS office serving students with disabilities or of a comparable department at their home institution.
4. Instructions for submission of all assignments must be followed. If an assignment specifies electronic submission of materials, no other format is acceptable.
5. Students are expected to read the syllabus, read the textbook as assigned, adhere to specified deadlines and policies, and to keep up with assignments.
6. Assignments, quizzes, and other materials that have specific due dates must be submitted by 10:00 p.m. (Central time) on the date indicated in the course schedule.
7. Questions for the instructor are to be submitted via Eagle Online e-mail.
8. Students who are dropped from the class for administrative reasons may not submit assignments or take exams until documentation of correction of the problem is provided to the instructor.
9. A grade of "I" (incomplete) will be considered only for those students who have completed at least 80% of quizzes, exams, and assignments. Only students who are unable to complete the class because of illness or other extraordinary circumstance may receive an I. In addition, only students who discuss their situation with the instructor prior to the end of the semester may receive an I. In all cases, regardless of circumstances, the instructor reserves the right to refuse to award an I.
10. The instructor reserves the right to change the syllabus at any time during the course.
11. **NO LATE WORK WILL BE ACCEPTED!**

NOTICES

Withdrawal

The last day to withdraw is April 7. You must withdraw by 4:30 PM.

Prerequisite Courses and Skills

This course has a prerequisite/co-requisite: PSYC 2301. If you have enrolled in this course without having completed PSYC 2301, you may find that you lack the background knowledge needed to succeed in this course. In addition, both PSYC 2301 and PSYC 2314 require college-level reading and writing skills. Research indicates that you are most likely to succeed if you have already taken and passed ENGL 1301. The minimum requirements for enrollment in PSYC 2301 and PSYC 2314 include placement in college-

level reading (or take GUST 0342 as a co-requisite) and placement in college-level writing (or take ENGL 0310/0349 as a co-requisite). If you have enrolled in this course without having satisfied these prerequisites, you are at higher risk of failure or withdrawal than students who have done so, and you should carefully read and consider the repeater policy notice that follows.

Repeater Notice

Students who repeat a course three or more times are subject to additional course fees at HCC and other Texas public colleges and universities. If you are considering course withdrawal because you are not earning passing grades, confer with your instructor/counselor as early as possible about your study habits, reading and writing homework, test-taking skills, attendance, course participation, and opportunities for tutoring or other assistance that might be available.

Students with Disabilities

Any student with a documented disability (e.g. physical, learning, psychiatric, vision, hearing, etc) who needs to arrange reasonable accommodations must contact the appropriate HCC Disability Support Service (DSS) Counselor at the beginning of each semester. Faculty are authorized to provide only the accommodations requested by the Disability Support Services Office. Students who are requesting special testing accommodations must first contact the appropriate DSS counselor for assistance.

International Students

Receiving a W in a course may affect the status of your student visa. Once a W is given for the course, it will not be changed to an F for the purpose of maintaining an international student’s visa. Please contact the International Student Office at 713-718-8520 if you have any questions about your visa status and other transfer issues.

UNITS OF INSTRUCTION

Unit	Topics	Readings
I	Introduction to Psychology The Biology of Behavior Sensation and Perception Consciousness	Chapters 1-4
II	Learning Memory Cognition, Language, and Intelligence Lifespan Development	Chapters 5-8
III	Motivation and Emotion Health and Stress Personality	Chapters 9-11
IV	Psychological Disorders Therapies Social Psychology	Chapters 12-14

EVALUATION

MyPsychLab Study Plans (Online MPL)

You are required to complete the chapter study plans on MPL. Each study plan includes pre- and post-tests. To find the study plans, log on to MPL and click “Study Plans and Course Content” in the course menu. Due dates for study plans are in the course schedule below. Each study plan counts 20 points with a 20-point bonus for completing all of them on time. Thus, MPL study plans count **300 points** (14 chapters x 20 points each + 20 bonus points).

MyPsychLab Unit Exams (Online MPL)

Students will complete four unit exams on MyPsychLab (75 questions each). The exam questions are posted on MPL in PDF format so students can print them out and work on them offline at their own pace as they read the textbook chapters and complete the MPL study plans. The exams themselves have a three-

hour time limit and display only one question at a time. The best approach is to print out the question file, work on the items offline noting where the answers are found in the textbook, and log on to take the exam when you are sure of your answers. To print the exam question file, follow these steps:

1. Click “Study Plans and Course Content” on the course menu.
2. Click the “Unit I Exam” Folder.
3. Click the “Unit I Exam Questions” link.
4. When the document opens, place your mouse pointer in the document and right click. Select “print” from the pop-up menu.

Exams must be submitted on the due dates shown in the schedule below. Each exam will count 75 points, for a total of **300 points**.

Note: Exam keys are not provided. If you miss an item, try to find the correct answer in your textbook. If you can't find it, send me an e-mail and I will direct you to the correct answer.

Practice Final Exam (Online MPL)

A practice final exam will be posted on MyPsychLab and is due on the date shown in the schedule below. When you finish the practice final, you will receive a percentage grade to help you determine how ready you are for the final. However, for the purposes of your grade in the course, the practice final will be graded on completion. If you do it, you will get **100 points**.

Departmental Final Exam (On Campus)

All students will be required to take a comprehensive departmental final exam consisting of one hundred multiple choice questions. All the information you need to prepare for this exam is in the Final Exam Workbook. Students who are absent from the final exam without discussing their absence with the instructor in advance or within 24 hours afterward will receive a zero. Remember, you must get at least 50% of the items correct on the final to pass the course. The final exam **may not be taken early under any circumstances**. The department final will count **300 points**.

Course grades

Raw scores and/or percentage grades for all MPL activities will appear in the MPL gradebook. Points for all assignments will be posted in the Eagle Online gradebook. These include points for completion of the MPL study plans for each unit, bonus points for completing all study plans on time, unit exam points, completion points for the practice final exam, and points for the departmental final exam. The EO gradebook will also list cumulative points in the course and final course grades.

Course grades will be determined according to the total points earned in the course in accordance with the table below:

Grade	Points Required
A	900+ (90%+)
B	800-899 points (80-89%)
C	700-799 points (70-79%)
D	600-699 points (60-69%)
F	<600 points (<60%)

Extra Credit

There is no extra credit in this course other than the bonus points described above. You have the opportunity to gain 400 points simply by completing the MPL study plans and the practice final. Moreover, you have access to all unit exam questions in advance of actually taking the exams. In addition, everything you need to know to succeed on the final exam is available to you from the first day of the term. There will be no surprises on the final. How well you do on the final exam will depend on the degree to which you take advantage of all of the information that is available to you. For these reasons, I do not offer extra credit.

ASSIGNMENT SCHEDULE

Date	Assignments
2/8-2/23	Read Chapters 1-4 Complete MPL Study Plans for Chapters 1-4 by 10:00 PM on 2/23 Complete the Unit I Exam by 10:00 PM on 2/23
2/24-3/9	Read Chapters 5-8 Complete MPL Study Plans for Chapters 5-8 by 10:00 p.m. on 3/9 Complete the Unit II Exam by 10:00 p.m. on 3/9
3/17-4/6	Read Chapters 9-11 Complete MPL Study Plans for Chapters 9-11 by 10:00 p.m. on 4/6 Complete the Unit III Exam by 10:00 p.m. on 4/6
4/7-4/27	Read Chapters 12-14 Complete MPL Study Plans for Chapters 12-14 by 10:00 p.m. on 4/27 Complete the Unit IV Exam by 10:00 p.m. on 4/27
5/2	Complete Practice Final Exam on MPL by 10:00 p.m. on 5/2
5/2-5/4	FINAL EXAM REMEMBER...THE FINAL EXAM IS ON CAMPUS!!!!!! See the information on the first page of the syllabus for locations and times.