



**Division of Social and Behavioral Sciences
Department of Psychology**

PSYC 2314: Human Growth & Development/Lifespan
CRN# 11018/Spring, 2017 F8B
3 hour lecture course / 48 hours per semester/ 8 Weeks
HCC Online

Instructor: Denise R. Boyd, Ed.D.

Instructor Contact Information: Canvas Inbox; denise.boyd@hccs.edu

Psychology Department Chair: Dr. Karen P. Saenz, karen.saenz@hccs.edu; 713-718-7180

Office Location and Location

EDC A227

Thursday 10:00 a.m. – 3:00 p.m., by appointment

Please feel free to contact me concerning any problems that you are experiencing in this course. You do not need to wait until you have received a poor grade before asking for my assistance. Your performance in my class is very important to me. I am available to hear your concerns and just to discuss course topics.

Email Policy

HCCS policy requires instructors and students to communicate only through the HCCS email system. If you have not activated your HCCS student email account, you can do so [here](http://www.hccs.edu/district/students/student-e-maileagle-id/) (<http://www.hccs.edu/district/students/student-e-maileagle-id/>). After the class begins, students must use Canvas Inbox to communicate with me.

Course Description

PSYC 2314 is a developmental psychology course designed to provide an understanding of human behavior and characteristics from conception through death. This course includes information on physical, cognitive, and psychosocial changes throughout the lifespan. Theory, research, and applications are covered.

Prerequisites

The minimum requirements for enrollment in PSYC 2314 are as follows: (1) completed and passed PSYC 2301; (2) and satisfied the requirements for college-level reading and writing skills (or take INRW 0420 or ESOL 0360 as a co-requisite). If you have enrolled in this course without having satisfied these prerequisites, you are at higher risk of failure or withdrawal than students

who have done so, and you should carefully read and consider the repeater policy in the [HCCS Student Handbook](#).

Program Student Learning Outcomes (PSLOs) for all PSYC Courses

1. Define, discuss, and apply key terms and concepts that are essential to success in upper division psychology courses (e.g., abnormal psychology, history and systems of psychology, advanced learning theory, developmental psychology, industrial/organizational psychology).
2. Outline, define, discuss, and apply the steps of the scientific method.
3. Define, discuss, and apply key terms and concepts associated with descriptive and experimental research methods.
4. Define, discuss, and apply psychological terms and concepts that are commonly found in news reports, self-help literature, parenting literature, and psychotherapy.

Core Curriculum Objectives (CCOs) for all PSYC Core Courses

PSYC 2301 satisfies the social science requirement in the HCCS core curriculum. The HCCS Psychology Discipline Committee has specified that the course addresses the core objectives as follows:

- **Critical Thinking:** Students will demonstrate the ability to engage in inquiry and analysis, evaluation and synthesis of information, and creative thinking by completing a written assignment such as a book report, research paper, or essay.
- **Communication Skills:** Students will demonstrate effective development, interpretation and expression of ideas through written, oral, and visual communication by completing a written assignment such as a book report, research paper, or essay.
- **Quantitative and Empirical Literacy:** Students will demonstrate the ability to draw conclusions based on the systematic analysis of topics using observation, experiment, and/or numerical skills by completing textbook reading assignments, completing assignments, and answering questions on quizzes and exams that pertain to Course Student Learning Outcome #2 above.
- **Social Responsibility:** Students will demonstrate cultural self-awareness, intercultural competency, civil knowledge, and the ability to engage effectively in regional, national, and global communities by completing textbook reading assignments, completing assignments, and answering questions on quizzes and exams that pertain to Course Student Learning Outcome #4 above.

Course Student Learning Outcomes (CSLOs) for PSYC 2314

Upon completion of PSYC 2314, the student will be able to:

1. Define and identify key concepts in multiple (5) areas of lifespan psychology including concepts, facts and theoretical perspectives.
2. Define and identify the basic research and evaluation methods used in lifespan psychology, including the strengths and weaknesses of each method.
3. Demonstrate knowledge of and explain concepts related to lifespan development.
4. Apply lifespan psychological concepts to the solutions of current issues and problems, such as, ethics, parenting, discipline, divorce, midlife crisis, dual-income families, aging and/or evaluation of presentation

Learning Objectives

1. Define and identify key concepts in multiple (5) areas of lifespan psychology including concepts, facts and theoretical perspectives.

1.1.1. CORE DOMAIN 1: THE SCIENCE OF LIFESPAN PSYCHOLOGY

Define

1.1.1.1. Developmental psychology

1.1.2. Life-span perspective

1.1.3. Cohort effects

1.2. CORE DOMAIN 2: THE SYSTEMS APPROACH

Define

1.2.1. The ecological-systems approach to the study of human development

1.2.2. Epigenetic systems theory

1.3. CORE DOMAIN 3: BIOSOCIAL DEVELOPMENT

Define

1.3.1 Genes and chromosomes

1.3.2. Dominant and recessive genes

1.3.3. Behavioral genetics

1.3.3. Stages of prenatal development

1.3.4. Teratogens

1.3.5. Prenatal Abnormalities

1.3.6. Preterm and low birth weight

1.3.7. Gerontology

1.3.8. Menopause

1.3.9. Changes in the sense organs during adulthood

1.3.10. Ageism

1.3.11. Gerontology

1.3.12. Stages of dying

1.3.13. Grief and bereavement

1.4. CORE DOMAIN 4: COGNITIVE DEVELOPMENT

Define

1.4.1 Learning theory

1.4.2 Piaget's theory of cognitive development

1.4.3 Vygotsky's theory of cognitive development

1.4.4 Characteristics of good schools

1.5 CORE DOMAIN 5: : PSYCHOSOCIAL DEVELOPMENT

Define

1.5.1. Freud's Psychosexual theory

1.5.2. Erikson's Psychosexual theory

1.5.3. Kinkeeper

1.5.4. Activities of daily life

1.5.5. Respite care

1.5.6. Hospice

1.5.7. Palliative care

1.5.8. Living will

2. Define and identify the basic research and evaluation methods used in lifespan psychology, including the strengths and weaknesses of each method.

1. 2.1 CORE DOMAIN 1: THE SCIENCE OF LIFESPAN PSYCHOLOGY

Define and identify

2.1.1. Cross-sectional research method

2.1.2. Longitudinal research method

2.1.3. The basic steps of the scientific method

2.1.4. Surveys and case studies, noting at least one advantage (or strength) and one disadvantage (or weakness) of each

2.1.5. Scientific observation as a research strategy, noting at least one advantage (or strength) and one disadvantage (or weakness)

2.1.6. The components of an experiment, and discuss the main advantage of this research method

2.1.7. Some of the ethical issues involved in conducting research with humans

3. Demonstrate knowledge of and explain concepts related to lifespan development.

1. 3.1. CORE DOMAIN 1: THE SCIENCE OF LIFESPAN PSYCHOLOGY

Explain

3.1.1. Differences among the major theoretical perspectives in lifespan psychology.

3.2. CORE DOMAIN 2: THE ECOLOGICAL-SYSTEMS APPROACH

Describe

3.2.1. The ecological-systems approach to the study of human development, and explain how this approach leads to an understanding of the overlapping contexts in which people develop.

3.3. CORE DOMAIN 3: BIOSOCIAL DEVELOPMENT

Explain

3.3.1. Nature / nurture controversy

3.3.2. Process of reproduction

3.3.3. Multiple births

3.3.4. Genetics research

3.3.5. Genetic counseling

3.3.6. Brain development

3.3.7. SIDS

3.3.8. Role of nutrition, including breastfeeding

3.3.9. Role of exercise and its effects on preventing obesity

3.3.10. Eating disorders

3.3.11. Role of hormones in development during adolescence

3.3.12. Puberty

3.3.13. Changes in body image during adolescence

3.3.14. Sexual behavior including STD's and decisions

3.3.15. Teen pregnancy

3.3.16. Factors that contribute to drug use and addiction

3.3.17. Primary and secondary aging

3.3.18. Osteoporosis

3.3.19. Hormone replacement therapy (HRT)

3.3.20. Variables affecting life expectancy

3.3.21. Theories of aging

3.3.22. Euthanasia and assisted suicide

3.4. CORE DOMAIN 4: COGNITIVE DEVELOPMENT

Explain

3.4.1. Sensorimotor intelligence, including object permanence

3.4.2. Preoperation thought

3.4.3 Concrete operations

3.4.4 Formal operational thinking

3.4.5. Vygotsky's theory

3.4.6. Theories of language development

3.4.7. Bilingualism and second language learners

3.4.8. School related testing

3.4.9. Mental retardation

3.4.10. Learning disabilities and ADHD

3.4.11. Metacognition and selective attention

3.4.12. Information Processing theory

3.4.13. Moral development

3.4.14. Characteristics of good schools

3.4.15. Working outside of school and its effects

3.4.16. Senescence

3.4.17. Psychological impact of attending college

3.4.18. Postformal thought

3.4.19. Fluid and crystallized intelligence and how each is affected by age

3.4.20. Gardner's view of multiple intelligences

3.4.21. Dementia and Alzheimer's disease

3.4.22. Wisdom

3.5 CORE DOMAIN 5: PSYCHOSOCIAL DEVELOPMENT

Explain

- 3.5.1. Temperament
- 3.5.2. Attachment, including secure and insecure and the strange situation
- 3.5.3. Prosocial and antisocial behavior
- 3.5.3. Child care concerns
- 3.5.4 Parenting styles
- 3.5.5 Cross-cultural parenting
- 3.5.6 Disciplining children
- 3.5.7 effects of media
- 3.5.8 Gender development theories
- 3.5.9 Identity vs. role confusion
- 3.5.10 Depression and suicide
- 3.5.11 Challenges of adolescence
- 3.5.12 Role of work in adult development
- 3.5.13 Intimacy vs. isolation
- 3.5.14 Generativity vs. stagnation
- 3.5.15 Integrity vs. despair
- 3.5.16 Social clock
- 3.5.17. Marital success
- 3.5.18. Divorce
- 3.5.19. Work and family issues in dual-income families, including role overload and role buffering
- 3.5.20. Role of work in adult development
- 3.5.21. Midlife crisis
- 3.5.22. Sandwich generation
- 3.5.23. partner abuse
- 3.5.24. violent behavior of males
- 3.5.25. Activity theory vs. disengagement theory

4. Apply lifespan psychological concepts to the solutions of current issues and problems, such as, ethics, parenting, discipline, divorce, midlife crisis, dual-income families, aging and /or evaluation of presentations.

1. CORE DOMAIN 1: THE SCIENCE OF LIFESPAN PSYCHOLOGY

Students will interpret

- 4.1.1. Psychological research on the basis of ethical standards.

4.2. CORE DOMAIN 2: BIOSOCIAL DEVELOPMENT

Students will apply

- 4.2.1. Principles of Lifespan Psychology to relate to problems of biosocial development, such as, factors that contribute to drug use and addiction

4.3. CORE DOMAIN 3: COGNITIVE DEVELOPMENT

Students will apply

- 4.3.1. Postformal thought to address the problem of a moral dilemma, such as, cheating in schools

4.4. CORE DOMAIN 4: PSYCHOSOCIAL DEVELOPMENT

Students will apply

- 4.4.1. Principles of Lifespan Psychology to interpreting social problems (including rejection, peer pressure & bullying)

Instructional Methods

Success in the Course

As with any three-hour course, you should expect to spend *at least six hours per week* outside of class reading and studying the material. I will provide assignments to help you use those six hours per week wisely. Additional time will be required for the written assignment. Successful completion of this course requires a combination of reading the textbook, attending class, completing assignments in Eagle Online, and participating in class discussions. There is no short

cut for success in this course; it requires reading (and probably re-reading) and studying the material using the course objectives as your guide.

Instructional Materials

Boyd, D. & Bee, H. (2015). *Lifespan Development* 7E. Upper Saddle River, NJ: Pearson.

Temporary Free Access to E-Book

Follow these steps to get temporary free access to a digital version of the text for fourteen days:

- Visit MyPsychLab.com
- Click “Student”
- Click “Ok, register now”
- Select “Yes, I have a Course ID”
- Enter boyd80977
- Click “Next”
- Enter Pearson log-in credentials or create a new account
- Enter your access code, pay with a credit card, or click “Get temporary access without payment for 14 days” near the bottom of the page
- Follow on-screen instructions from there.

MyPsychLab

MyPsychLab is not required in this course.]

Online Format

All instruction in this section of PSYC 2314 will take place online. HCCS Open Lab locations may be used to access the Internet and Eagle Online Canvas. Information about system requirements and other technical requirements is posted at <http://www.hccs.edu/online/>.

Exams and Assignments

Get Started Assignments

- Post self-introduction in “Meet Your Classmates” forum
- Take the Syllabus Quiz as many times as necessary to achieve a score of 100%.
- Choose two videos from those listed in the Get Started folder.
- Take the Video Quiz.
- Failure to complete Get Started Activities by the due date in the Course Calendar will result in your being dropped from the course.

Unit Exams

- 75 multiple-choice questions, no time limits, open book, one attempt
- Both exams are available on the first day of class.
- Students can log in and out as many times as they want prior to the due dates.
- Instructions for printing are posted in the unit folders so that students can work on the exams offline.
- Students can email the instructor with questions about items on the exams prior to submission for grading.
- Exams must be completed by 11:55 p.m. on the due dates.

- Grades will be available immediately after exams are completed.
- Students can review graded exams, but correct answers are not provided.
- After completion of the exam, students may email the instructor for information about incorrect items.
- No retakes

Essay

- Complete instructions and grading criteria posted in “Essay” module on Eagle Online Canvas
- Watch documentary video (links posted on Eagle Online Canvas)
- Write 2- to 3- page essay that applies course concepts to information in video
 - Instructions include specific concepts that must be applied to each video
- Microsoft Word format ONLY
- Optional rough draft
 - Upload link provided for optional rough draft submission
 - Optional rough draft must be submitted by 11:55 p.m. on date in Course Calendar
 - I will not grade rough draft but will provide feedback
- Use upload link to submit essay on Eagle Online
- You will receive 10 bonus points if you submit your Essay by the “bonus” deadline in the course calendar.

Final Exam

- 50 multiple choice questions
- Exam format
 - 2-hour time limit
 - One attempt
 - Must be completed in one sitting
 - One question at a time with no back-tracking to change answers
- Available only during period in course calendar
- Exam must be completed by 11:55 p.m. on the due date.
- Grades will be available immediately after exam is completed.
- Students can review graded exam, but correct answers are not provided.
- After completion of the exam, students may email the instructor for information about incorrect items.
- No retakes; no resets

Grading Formula

Get Started Activities:	50 points
Unit Exams	300 points
Essay:	50 points (+ 10 points bonus for early submission)
Final Exam:	100 points
Total	500 points

Grade	Total Points
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A	450+
B	400-449
C	350-399
D	300-349
F	<300

HCC Grading Scale

A	100-90	4 points per semester
B	89-80	3 points per semester
C	79-70	2 points per semester
D	69-60	1 point per semester
F	<60	0 points per semester
FX	Failure due to non-attendance	0 points per semester
IP (In Progress)		0 points per semester
W (Withdrawn)		0 points per semester
I (Incomplete)		0 points per semester
AUD (Audit)		0 points per semester

IP (In Progress) is given only in certain developmental courses. The student must re-enroll to receive credit. COM (Completed) is given in non-credit and continuing education courses. To compute grade point average (GPA), divide the total grade points by the total number of semester hours attempted. The grades “IP,” “COM” and “I” do not affect GPA.

Makeup Policy

Students may request permission from the instructor to submit work after it is due. If the request is approved, the work must be submitted by the deadline shown in the Course Calendar. A 20-point penalty will be applied to all late work. Note: No “retakes” or “do-overs” are allowed.]

Incomplete Grades

In order to receive a grade of Incomplete (“I”), you must have completed at least 85% if the work in the course. In all cases, the instructor reserves the right to decline a student’s request to receive a grade of Incomplete.

Syllabus Modifications

The instructor reserves the right to modify the syllabus at any time during the semester and will promptly notify students in writing, typically by e-mail, of any such changes.

Course Calendar

Weeks	Dates	Reading Assignments/What’s due
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1-4	3/20-4/14	Get Started Activities due by 11:55 p.m. 3/27 Census Day 3/27 <u>Unit I Readings</u> Chapter 1 Introduction Chapter 2 Theories Chapter 3 Prenatal Development Chapters 4-6 Infancy Chapters 7-8 Early Childhood Unit I Exam due by 11:55 p.m. on 4/9 Optional Rough draft of Essay due by 11:55 p.m. on 4/14
5-7	4/17-5/7	Last day to withdraw 4/24 <u>Unit II Readings</u> Chapters 9-10 Middle Childhood Chapters 11-12 Adolescence Chapters 13-14 Early Adulthood Chapters 15-16 Middle Adulthood Chapters 17-18 Late Adulthood Chapter 19 Death and Dying Unit II Exam due by 11:55 p.m. on 4/30 Bonus (10 points) if Essay submitted by 11:55 p.m. on 4/30 Essay due by 11:55 p.m. on 5/7
8	5/8-5/14	Comprehensive Final Exam available 5/8-5/12 Comprehensive Final Exam due by 11:55 p.m. on 5/12 Late Work due by 11:55 p.m. on 5/12 (20 point penalty for each late item)

Instructor and Student Responsibilities

As your Instructor, it is my responsibility to:

- Provide a grading scale and detailed grading formula explaining how student grades are to be derived
- Facilitate an effective online learning environment
- Provide instructions for all assignments, exams, discussions, projects, etc.
- Inform students of policies such as attendance, withdrawal, late work penalties, etc.
- Provide the course outline and class calendar which will include a description of any special projects or assignments
- Arrange to meet with individual students before and after class as required

To be successful in this class, it is the student's responsibility to:

- Log in to Eagle Online Canvas regularly
- Complete all assignments, exams, discussions, projects, etc., on Eagle Online Canvas
- Read and comprehend the textbook
- Ask for help when there is a question or problem
- Keep copies of all paperwork, including this syllabus, handouts and all assignments
- Be aware of and comply with academic honesty policies in the [HCCS Student Handbook](#)

Attendance

In online courses, *attendance* is defined as logging in to the course and completing online assignments. Be advised that instructors must drop students who fail to attend class by the official date of enrollment (“Census Day”). In addition, instructors may drop students who miss six hours of class time.

Withdrawal

If you decide to withdraw from the course, it is your responsibility to do so online via the PeopleSoft student management system. If you need assistance, visit the counselors’ office on your campus. You may wish to discuss your decision to withdraw from the class with your instructor beforehand.

Virtual Classroom Conduct

I expect students to conduct themselves professionally in their communications with me, their classmates, and college staff and administration. Behavior inappropriate to the collegiate setting (including but not limited to abusive/derogatory/threatening/harassing language directed at the instructor or towards other students, staff or administrators) will not be tolerated, and may result in removal from the course if severe and/or repeated. [For further information, see the HCC Online Student Handbook.]

Student Organizations

Psi Kappa

All students are invited to join Psi Kappa, an organization that can help students learn about psychology outside the classroom, serve the community, meet students in other PSYC classes, interact with PSYC faculty, and learn leadership skills. For more information, visit the [Psi Kappa page](#) on the HCC Learning Web, the [Psi Kappa blog](#), and the [Psi Kappa Facebook](#) page.

Psi Beta

HCC has an active chapter of Psi Beta: National Honor Society in Psychology for Community and Junior Colleges. To learn more about this organization visit the [Psi Beta](#) website. For information about the HCC chapter, visit the [Psi Beta page](#) on the HCC Learning Web.

Psychology Achievers Scholarship

To be eligible for the \$125 per semester Psychology Achievers Scholarship, a student must (1) meet all HCC Foundation criteria for scholarship eligibility, and (2) make an A in either PSYC 2301 or PSYC 2314. For more information, visit the [HCC Foundation scholarship website](#).

Tutoring

Visit [this page](#) to find out about HCC tutoring services.

HCCS Student Policies

All students are responsible for reading and understanding the HCCS Student Handbook, which contains policies, information about conduct, and other important information. Access the handbook at <http://central.hccs.edu/students/student-handbook/>

Students with Disabilities

Houston Community College is dedicated to providing an inclusive learning environment by removing barriers and opening access for qualified students with documented disabilities in compliance with the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act. Ability Services is the designated office responsible for approving and coordinating reasonable accommodations and services in order to assist students with disabilities in reaching their full academic potential. In order to receive reasonable accommodations or evacuation assistance in an emergency, the student must be registered with Ability Services.

If you have a documented disability (e.g. learning, hearing, vision, physical, mental health, or a chronic health condition), that may require accommodations, please contact the appropriate Ability Services Office below. Please note that classroom accommodations cannot be provided prior to your Instructor's receipt of an accommodation letter and accommodations are not retroactive. Accommodations can be requested at any time during the semester, however if an accommodation letter is provided to the Instructor after the first day of class, sufficient time (1 week) must be allotted for the Instructor to implement the accommodations.

Ability Services Information**HCCS.EDU**

<http://central.hccs.edu/students/disability-services/>

Central College

713.718.6164

Coleman College

713-718-7376

Northeast College

713-718-8322

Northwest College

713-718-5422

713-718-5408

Southeast College

713-718-7144

Southwest College

713-718-5910

Adaptive Equipment/Assistive Technology

713-718-6629

713-718-5604

Interpreting and CART services

713-718-6333

EGLS₃ Evaluation for Greater Learning Student Survey System

The EGLS₃ ([Evaluation for Greater Learning Student Survey System](#)) will be available for most courses near the end of the term until finals start. This brief survey will give invaluable information to your faculty about their teaching. Results are anonymous and will be available to

faculty and division chairs after the end of the term. EGLS3 surveys are only available for the Fall and Spring semesters. There are no EGLS3 surveys during the Summer semester due to logistical reasons.

Office of Institutional Equity

Title IX of the Education Amendments of 1972 requires that institutions have policies and procedures that protect students' rights with regard to sex/gender discrimination. Information regarding these rights are on the HCC website under Students-Anti-discrimination. Students who are pregnant and require accommodations should contact any of the ADA Counselors for assistance. It is important that every student understands and conforms to respectful behavior while at HCC. Sexual misconduct is not condoned and will be addressed promptly. Know your rights and how to avoid these difficult situations. Log in to www.edurisksolutions.org. Sign in using your HCC student email account, then go to the button at the top right that says Login and enter your student number.