Course Syllabus Spring 2021

Firefighter Agility & Fitness FIRS 1203 CRN# 11854 Spring 2021

Dwight Allen dwight.allen@hccs.edu 713-718-8092

M-Thurs: 730am-5pm 555 Community College Drive Houston Texas 77013 Credit Hours: 3 Lecture Hours: 2 Laboratory Hours: 3 External Hours: 80.00 Lecture/Lab

One in a series of courses in basic preparation for a new firefighter. Should be taken in conjunction with Firefighter Certification I, II, III, IV, V, and VII to satisfy the Texas Commission on Fire Protection (TCFP) curriculum for Basic Structural Fire Suppression, Course #100. ***THIS COURSE MAY BE OFFERED ONLY BY INSTITUTIONS LICENSED AS A FIRE ACADEMY BY THE TEXAS COMMISSION ON FIRE PROTECTION*** Academic Discipline/CTE Program Learning Outcomes Course Student Learning Outcomes (SLO): 4 to 7 Learning Objectives (Numbering system should be linked to SLO - e.g., 1.1, 1.2, 1.3, etc.)

SCANS and/or Core Curriculum Competencies: If applicable

1. Demonstrate competencies, for subjects taught, set forth in the TCFP curriculum for Basic Fire Suppression.

Demonstrate competencies, for subjects taught, set forth in the TCFP curriculum for Basic Fire Suppression.

SCANS

Demonstrate competencies, for subjects taught, set forth in the TCFP curriculum for Basic Fire Suppression.

Foundation Skills - Basic -Reading

Foundation Skills - Basic -Writing

Foundation Skills - Basic -Mathematics

Foundation Skills - Basic -Listening

Foundation Skills - Basic - Speaking

Foundation Skills - Thinking -Decision Making

Foundation Skills - Thinking -Creative

Foundation Skills - Thinking - Problem Solving

Foundation Skills - Thinking -Seeing Things in the Mind's Eye Foundation Skills

- Thinking -Knowing How to Learn Foundation Skills - Thinking -Reasoning

Foundation Skills - Personal Qualities -Self-Esteem

Foundation Skills - Personal Qualities -Social Foundation Skills - Personal Qualities -Self-Management Foundation Skills - Personal Qualities - Integrity/Honesty Foundation Skills - Personal Qualities - Responsibility Workplace Competencies - Resources - Allocates Time Workplace Competencies - Resources - Allocates Money Workplace Competencies - Resources - Allocates Material & Facility Resources Workplace Competencies - Resources - Allocates Human Resources Workplace Competencies - Interpersonal -Participates as Team Member Workplace Competencies - Interpersonal -Teaches Others Workplace Competencies - Interpersonal -Serves Clients/Customers Workplace Competencies - Interpersonal -Excercises Leadership Workplace Competencies - Interpersonal -Negotiates to Arrive at a Decision Workplace Competencies - Interpersonal -Works with Cultural Diversity Workplace **Competencies - Information -Acquires & Evaluates** Workplace Competencies - Information -Uses Computers to Process Workplace Competencies - Systems - Understands Systems Workplace

Competencies - Technology -Selects Technology Workplace Competencies -Technology -Applies Technology to Task Workplace Competencies -Technology -Maintains & Troubleshoots Hybrid (50% or more) Face to Face Instructional Methods Student Assignments Student Assessment(s) Instructor's Requirements Program/Discipline Requirements: If applicable

HCC Grading Scale:

Demonstrate competencies, for subjects taught, set forth in the TCFP curriculum for Basic Fire Suppression.

No assignments selected for this outcome

A = 100- 90

B = 89 - 80:

C = 79 - 70:

D = 69 - 60:

59 and below = F

FX (Failure due to non-attendance) IP (In Progress)

W (Withdrawn) I (Incomplete) AUD (Audit)

4 points per semester hour 3 points per semester hour 2 points per semester hour 1 point per semester hour 0 points per semester hour

IP (In Progress) is given only in certain developmental courses. The student must re- enroll to receive credit. COM (Completed) is given in non-credit and continuing education courses.

FINAL GRADE OF FX: Students who stop attending class and do not withdraw themselves prior to the withdrawal deadline may either be dropped by their professor for excessive absences or be assigned the final grade of "FX" at the end of the semester. Students who stop attending classes will receive a grade of "FX", compared to an earned grade of "F" which is due to poor performance. Logging into a DE course without active participation is seen as non-attending. Please note that HCC will not disperse financial aid funding for students who have never attended class.

Students who receive financial aid but fail to attend class will be reported to the Department of Education and may have to pay back their aid. A grade of "FX" is treated exactly the same as a grade of "F" in terms of GPA, probation, suspension, and satisfactory academic progress.

To compute grade point average (GPA), divide the total grade points by the total number of semester hours attempted. The grades "IP," "COM" and "I" do not affect GPA.

Health Sciences Programs Grading Scales may differ from the approved HCC Grading Scale. For Health Sciences Programs Grading Scales, see the "Program Discipline Requirements" section of the Program's syllabi.

Instructor Grading Criteria

Instructional Materials HCC Policy Statement:

Access Student Services Policies on their Web site:

EGLS3 -- Evaluation for Greater Learning Student Survey System

http://hccs.edu/student-rights

At Houston Community College, professors believe that thoughtful student feedback is necessary to improve teaching and learning. During a designated time near the end of the term, you will be asked to answer a short online survey of research-based questions related to instruction. The anonymous results of the survey will be made available to your professors and department chairs for continual improvement of instruction. Look for the survey as part of the Houston Community College Student System online near the end of the term.

Distance Education and/or Continuing Education Policies Access DE Policies on http://de.hccs.edu/Distance_Ed/DE_Home/ faculty_resources/PDFs/DE_Syllabus.pdf their Web site: Access CE Policies on http://hccs.edu/CE-student-guidelines their Web site

http://www.jblearning.com/cart/Default.aspx? bc=07080-4&ref=psg&coupon=HOUCOMNE http://hccs.edu/student-right At Houston Community College, professors believe that thoughtful student feedback is necessary to improve teaching and learning. During a designated time near the end of the term, you will be asked to answer a short online survey of research-based questions related to instruction.

The anonymous results of the survey will be made available to your professors and department chairs for continual improvement of instruction. Look for the survey as part of the Houston Community College Student System online near the end of the term.

Distance Education and/or Continuing Education Policies Access DE http://de.hccs.edu/Distance_Ed/DE_Home/ faculty_resources/PDFs/ DE_Syllabus.pdf

Access CE

http://hccs.edu/CE-student-guidelines Policies on their Web site: "At HCC the safety of our students, staff, and faculty is our first priority. As of August 1, 2017, Houston Community College is subject to the Campus Carry Law (SB11 2015). For more information, visit the HCC

Campus Carry web page at http://www.hccs.edu/ district/departments/ police/campus-carry/."