



**Community Health Worker Program  
Department of Human Services Technology  
Coleman College**

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**CHLT 1401 – Introduction to Community Health**  
CRN 63891    Fall 2010

Coleman Campus – Room 461              9:00a.m. – 11:00a.m. - Thursdays  
A four hour lecture course/ e-learning / 16 weeks

**Instructor:** Elizabeth Kelly, Ph.D.

**Instructor Contact Information:** 713-718-5510 (HCC office phone)  
[Elizabeth.kelly@hccs.edu](mailto:Elizabeth.kelly@hccs.edu) (email)

**Office location and hours:** by appointment, after class or by Skype

**Course Description**

CHLT 1401 is designed to provide a basic understanding of variable that affect health sectors in the community

**Prerequisites:** N/A

**Course Goal**

Students will learn about, develop and implement basic understanding of factors that affect health sectors of a community, with an emphasis on breast health.

**Student Learning Outcomes**

Each student will be able to:

1. List determinants of health at the individual and community level
2. Implement community assessment techniques to include demographics, mapping and analysis of governmental agency services
3. Describe tracking techniques of clients and services
4. Identify initiatives that will impact the health status of a poor under-served community.

### **Learning Objectives**

Students will:

1. Define determinants of health
  - 1.1 Explain and understand determinants related to breast health
2. Classify methods to assess a community for breast health and breast health literacy
  - 2.1 Illustrate strategies to understand a community assessment and community assets
3. Discuss follow-up of a community assessment and its data
  - 3.1 Recognize the importance of following patients
  - 3.2 Review current patient follow-up or tracking techniques.
4. Identify health services in your community that relate to breast health
  - 4.1 Describe community experiences with health services and health providers as it relates to breast health. .

### **SCANS or Core Curriculum Statement and Other Standards**

## **16 WEEK CALENDAR**

### **WEEK ONE - September 2, 2010**

Course Orientation

### **WEEK TWO - September 9, 2010**

Recognize factors that determine a person's health

### **WEEK THREE – September 16, 2010**

Explain one's understanding of health, especially as it relates to breast health

### **WEEK FOUR – September 24, 2010**

Demonstrate community assessment methodologies

### **WEEK FIVE – September 30, 2010**

Illustrate their use and misuse

### **WEEK SIX – October 7, 2010**

Interpret agency use of community assessment

### **WEEK SEVEN – October 14, 2010**

Discuss follow-up of assessment data

### **WEEK EIGHT – October 21, 2010**

Recognize the importance of tracking those who have used the health care system

### **WEEK NINE – October 28 & 29, 2010**

Texas Breast Health Summit

### **WEEK TEN – November 4, 2010**

Review patient tracking techniques, especially as they relate to breast health

### **WEEK ELEVEN – November 11 and November 13, 2010**

Identify health services in your community

### **WEEK TWELVE – November 18, 2010**

Describe community experiences with health services and health providers

### **WEEK THIRTEEN – November 25, 2010 (Thanksgiving)**

**WEEK FOURTEEN – December 2, 2010**

Describe breast health initiatives for your community

**WEEK FIFTEEN – December 9, 2010**

Demonstrate the breast health initiatives you described in the previous lesson

**WEEK SIXTEEN - December 16, 2010**

**FINAL EXAM**

### **Instructional Methods**

CHLT 1402 is a required course for: a) Department of State Health Services (DSHS) certification as a CHW, b) required courses to apply toward an Associate Degree (AA) from Houston Community College, and c) a Marketable Skills Award (MS).

As a certified CHW Instructor and community health nurse, I regard my responsibilities as a teacher to: respectfully engage each student in the class, practice inclusiveness, be non-judgmental, aware of different learning styles, recognize the influence of culture on both personal learning and responses, encourage questioning and seek understanding within a learning environment that actively encourages openness, participation through discussion and learning activities, and help students experience and demonstrate increased knowledge of each core competency as a CHW Breast Health Navigator (CHW-BHN).

### **Student Assignments**

Learning assignments are developed from the point of view of the adult learner. Therefore it is important that students participate in their own learning through the classroom, group work, and individual assignments. Assignments will be given in class, others via e-learning, and within community based activities such as the:

Texas Breast Health Summit Committee Meeting – Thursday, September 16, 2010, 2:00pm.

Komen – Race for the Cure – Saturday, October 2, 2010

Texas Breast Health Summit – Thursday and Friday, October 28 & 29, 2010

HCC Community Health Worker CEU offering – Saturday, November 13, 2010

Community breast health resource development

### **Assessments**

Learning assessments will take place during

- ✓ In class participation and activities 30%
  - Class participation, promptness
  - Weekly learning journals (written)
  - Weekly documentation for health determinants, tracking ten)

- ✓ On-line learning and use of technology 30%
  - Weekly reading and discussion postings
  - iTouch assignments related to community assessment data and strategies
  - Flip phone assignments related to community assessment
  - Identify useful Internet links weekly posting for their health status impact
  
- ✓ Final exam 20%
  - Develop a CHW case study for breast health
  - Identify issues and strategies useful for the CHW role
  - Identify appropriate data sources and tracking techniques related to the case study issue/need
  - Describe CHW role and skills appropriate for the patient and the setting
  - Outline follow-up strategies for change and increasing health literacy
  
- ✓ Community projects 20%
  - Attend Breast Health Summit Committee Meeting
  - Participate in Komen – Race for the Cure
  - Attend Breast Health Summit
  - Attend HCC CHW CEU offering
  - Attend breast health fairs
  - Share CHW learning experiences within your community

A grading rubric will be provided that further explains the four pieces for each learning assessment component.

### **Instructional Materials**

Provided in class and through e-learning

### **HCC Policy Statement – ADA**

#### Services to Students with Disabilities

Students who require reasonable accommodations for disabilities are encouraged to report to Raj Gupta at 713-718-7631 to make necessary arrangements. Faculty is only authorized to provide accommodations by the Disability Support Service Office

### **HCC Policy Statement: Academic Honesty**

A student who is academically dishonest is, by definition, not showing that the coursework has been learned, and that student is claiming an advantage not available to other students. The instructor is responsible for measuring each student's individual

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achievements and also for ensuring that all students compete on a level playing field. Thus, in our system, the instructor has teaching, grading, and enforcement roles. You are expected to be familiar with the University's Policy on Academic Honesty, found in the catalog. What that means is: If you are charged with an offense, pleading ignorance of the rules will not help you. Students are responsible for conducting themselves with honor and integrity in fulfilling course requirements. Penalties and/or disciplinary proceedings may be initiated by College System officials against a student accused of scholastic dishonesty. "Scholastic dishonesty": includes, but is not limited to, cheating on a test, plagiarism, and collusion.

Cheating on a test includes:

- Copying from another students' test paper;
- Using materials not authorized by the person giving the test;
- Collaborating with another student during a test without authorization;
- Knowingly using, buying, selling, stealing, transporting, or soliciting in whole or part the contents of a test that has not been administered;
- Bribing another person to obtain a test that is to be administered.

Plagiarism means the appropriation of another's work and the unacknowledged incorporation of that work in one's own written work offered for credit.

Collusion mean the unauthorized collaboration with another person in preparing written work offered for credit. Possible punishments for academic dishonesty may include a grade of 0 or F in the particular assignment, failure in the course, and/or recommendation for probation or dismissal from the College System. (See the Student Handbook)

### **HCC Policy Statements**

*Class Attendance - It is important that you come to class!* Attending class regularly is the best way to succeed in this class. Research has shown that the single most important factor in student success is attendance. Simply put, going to class greatly increases your ability to succeed. You are expected to attend all lecture and labs regularly. You are responsible for materials covered during your absences. Class attendance is checked daily. Although it is your responsibility to drop a course for nonattendance, the instructor has the authority to drop you for excessive absences.

If you are not attending class, you are not learning the information. As the information that is discussed in class is important for your career, students may be dropped from a

course after accumulating absences in excess of 12.5% hours of instruction. The six hours of class time would include any total classes missed or for excessive tardiness or leaving

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class early.

You may decide NOT to come to class for whatever reason. As an adult making the decision not to attend, you do not have to notify the instructor prior to missing a class. However, if this happens too many times, you may suddenly find that you have “lost” the class.

Poor attendance records tend to correlate with poor grades. If you miss any class, including the first week, you are responsible for all material missed. It is a good idea to find a friend or a buddy in class who would be willing to share class notes or discussion or be able to hand in paper if you unavoidably miss a class.

Class attendance equals class success.

### **HCC Course Withdrawal Policy**

If you feel that you cannot complete this course, you will need to withdraw from the course prior to the final date of withdrawal. Before, you withdraw from your course; please take the time to meet with the instructor to discuss why you feel it is necessary to do so. The instructor may be able to provide you with suggestions that would enable you to complete the course. Your success is very important. Beginning in fall 2007, the Texas Legislature passed a law limiting first time entering freshmen to no more than **SIX** total course withdrawals **throughout** their educational career in obtaining a certificate and/or degree.

To help students avoid having to drop/withdraw from any class, HCC has instituted an Early Alert process by which your professor *may* “alert” you and HCC counselors that you might fail a class because of excessive absences and/or poor academic performance. It is your responsibility to visit with your professor or a counselor to learn about what, if any, HCC interventions might be available to assist you – online tutoring, child care, financial aid, job placement, etc. – to stay in class and improve your academic performance.

If you plan on withdrawing from your class, you **MUST** contact a HCC counselor or your professor prior to withdrawing (dropping) the class for approval and this must be done **PRIOR** to the withdrawal deadline to receive a “W” on your transcript. **\*\*Final withdrawal deadlines vary each semester and/or depending on class length, please visit the online registration calendars, HCC schedule of classes and catalog, any HCC**

Registration Office, or any HCC counselor to determine class withdrawal deadlines.  
***Remember to allow a 24-hour response time when communicating via email and/or***



*telephone with a professor and/or counselor. Do not submit a request to discuss withdrawal options less than a day before the deadline.* If you do not withdraw before

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the deadline, you will receive the grade that you are making in the class as your final grade.

### **Repeat Course Fee**

The State of Texas encourages students to complete college without having to repeat failed classes. To increase student success, students who repeat the same course more than twice, are required to pay extra tuition. The purpose of this extra tuition fee is to encourage students to pass their courses and to graduate. Effective fall 2006, HCC will charge a higher tuition rate to students registering the third or subsequent time for a course. If you are considering course withdrawal because you are not earning passing grades, confer with your instructor/counselor as early as possible about your study habits, reading and writing homework, test taking skills, attendance, course participation, and opportunities for tutoring or other assistance that might be available.

### **Classroom Behavior**

As your instructor and as a student in this class, it is our shared responsibility to develop and maintain a positive learning environment for everyone. Your instructor takes this responsibility very seriously and will inform members of the class if their behavior makes it difficult for him/her to carry out this task. As a fellow learner, you are asked to respect the learning needs of your classmates and assist your instructor achieve this critical goal.

### **Use of Camera and/or Recording Devices**

As a student active in the learning community of this course, it is your responsibility to be respectful of the learning atmosphere in your classroom. To show respect of your fellow students and instructor, you will turn off your phone and other electronic devices, and will not use these devices in the classroom unless you receive permission from the instructor.

Use of recording devices, including camera phones and tape recorders, is prohibited in classrooms, laboratories, faculty offices, and other locations where instruction, tutoring, or testing occurs. Students with disabilities who need to use a recording device as a reasonable accommodation should contact the Office for Students with Disabilities for information regarding reasonable accommodations

### **Instructor Requirements**

As your Instructor, it is my responsibility to:

- Provide the grading scale and detailed grading formula explaining how student grades are to be derived
- Facilitate an effective learning environment through class activities, discussions, and lectures

- Adequate description of special projects or assignments that includes student planning
- Inform students of policies such as attendance, withdrawal, tardiness and make up

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- Provide the course outline and class calendar which will include a description of any special projects or assignments
- Arrange to meet with individual students before and after class as required

To be successful in this class, it is the student's responsibility to:

- Attend class and participate in class discussions and activities
- Read and comprehend the assigned readings
- Complete the required assignments
- Ask for help when there is a question or problem
- Keep copies of all paperwork, including this syllabus, handouts, all assignments and community participation
- Complete the field study with a 70% passing score

## **Program/Discipline Requirements**

### **Grading**

Your instructor will conduct learning assessments and assignments that you can use to determine how successful you are at achieving the course learning outcomes (mastery of course content and skills) outlined in the syllabus. If you find you are not mastering the material and skills, you are encouraged to reflect on how you study and prepare for each class. Your instructor welcomes a dialogue on what you discover and may be able to assist you in finding resources on campus that will improve your performance.

### Grading Scale

90 - 100 = A

80 - 89 = B

70 - 79 = C