



**Division of Social and Behavioral Sciences
Department of Psychology**

PSYC 2301: Introduction to Psychology

CRN 39448 – Fall 2017

3-hour lecture course / 48 hours per semester/ 12 weeks

HCC Online

Instructor: Kristin K Anderson, PhD

Instructor Contact Information: kristin.anderson@hccs.edu

Psychology Department Chair: Dr. Karen P. Saenz, karen.saenz@hccs.edu; 713-718-7180

Office Location and Hours By Appointment. T/Th 12:30 to 3PM

Please feel free to contact me concerning any problems that you are experiencing in this course. You do not need to wait until you have received a poor grade before asking for my assistance. Your performance in my class is very important to me. I am available to hear your concerns and to discuss course topics.

Email Policy

HCCS policy requires instructors and students to communicate only through the HCCS email system. If you have not activated your HCCS student email account, you can do so [here](#) (<http://www.hccs.edu/district/students/student-e-maileagle-id/>). *When communicating with me, please remember to allow at least a 24-hour response time during weekdays and 48-hours on weekends.* You can also email me via the Canvas Inbox. In addition, be sure to follow the [Guidelines for Emailing a Professor](#) provided in the course.

Course Description

PSYC 2301 is a survey course of the basic principles underlying human behavior. Emphasis is placed on major areas of study in the field of psychology, such as motivation, development, thought processes, personality.

Prerequisites

PSYC 2301 requires college-level reading and writing skills. Research indicates that you are most likely to succeed if you have already taken and passed ENGL 1301. The minimum requirements for enrollment in PSYC 2301 include placement in college-level reading (or take INRW 0420 or ESOL 0360 as a co-requisite). If you have enrolled in this course without having satisfied these prerequisites, you are at higher risk of failure or withdrawal than students who have done so, and you should carefully read and consider the repeater policy in the [HCCS Student Handbook](#).

Program Student Learning Outcomes (PSLOs) for all PSYC Courses

1. Define, discuss, and apply key terms and concepts that are essential to success in upper division psychology courses (e.g., abnormal psychology, history and systems of psychology, advanced learning theory, developmental psychology, industrial/organizational psychology).

2. Outline, define, discuss, and apply the steps of the scientific method.
3. Define, discuss, and apply key terms and concepts associated with descriptive and experimental research methods.
4. Define, discuss, and apply psychological terms and concepts that are commonly found in news reports, self-help literature, parenting literature, and psychotherapy.

Core Curriculum Objectives (CCOs) for all PSYC Core Courses

PSYC 2301 satisfies the social science requirement in the HCCS core curriculum. The HCCS Psychology Discipline Committee has specified that the course addresses the core objectives as follows:

- **Critical Thinking:** Students will demonstrate the ability to engage in inquiry and analysis, evaluation and synthesis of information, and creative thinking by completing a written assignment such as a book report, research paper, or essay.
- **Communication Skills:** Students will demonstrate effective development, interpretation and expression of ideas through written, oral, and visual communication by completing a written assignment such as a book report, research paper, or essay.
- **Quantitative and Empirical Literacy:** Students will demonstrate the ability to draw conclusions based on the systematic analysis of topics using observation, experiment, and/or numerical skills by completing textbook reading assignments, completing assignments, and answering questions on quizzes and exams that pertain to Course Student Learning Outcome #2 above.
- **Social Responsibility:** Students will demonstrate cultural self-awareness, intercultural competency, civil knowledge, and the ability to engage effectively in regional, national, and global communities by completing textbook reading assignments, completing assignments, and answering questions on quizzes and exams that pertain to Course Student Learning Outcome #4 above.

Course Student Learning Outcomes (CSLOs) for PSYC 2301

Upon completion of PSYC 2301, the student will be able to:

1. Demonstrate knowledge in multiple (8) areas of psychology, including concepts, facts, and theoretical perspectives.
2. Define and identify the basic research and evaluation methods used in psychology, including the strengths and weaknesses of each method.
3. Demonstrate knowledge of and identify concepts related to personal development and the development and behavior of others.
4. Apply psychological concepts to the solution of issues and problems including ethics, coping with stressful events, health and wellness, parenting, learning, memory, and /or evaluation of media presentations.

Learning Objectives for PSYC 2301

OBJECTIVES FOR CSLO #1: Discuss the major issues in at least nine areas of psychology.

- 1.1 Major schools of thought in psychology
- 1.2 Components of the neuron
- 1.3 Components of the synapse
- 1.4 Action potential
- 1.5 Major neurotransmitters
- 1.6 Medulla
- 1.7 Cerebellum
- 1.8 Hypothalamus
- 1.9 Limbic system
- 1.10 Components of the cerebrum
- 1.11 Plasticity
- 1.12 Endocrine system
- 1.13 Learning
- 1.14 Reinforcement

- 1.15 Punishment
- 1.16 Observational learning
- 1.17 Characteristics of short-term memory
- 1.18 Characteristics of long-term memory
- 1.19 Phases of prenatal development
- 1.20 Piaget's stages of cognitive development
- 1.21 Erikson's stages of psychosocial development
- 1.22 Alzheimer's disease
- 1.23 General Adaptation Syndrome (GAS)
- 1.24 Post-traumatic stress disorder (PTSD)
- 1.25 Definition of personality
- 1.26 Conscious, unconscious, preconscious mind
- 1.27 Id, ego, and superego
- 1.28 Freud's psychosexual stages
- 1.29 Phobias
- 1.30 Panic disorder
- 1.31 Obsessive-compulsive disorder
- 1.32 Dissociative identity disorder
- 1.33 Schizophrenia
- 1.34 Major subtypes of schizophrenia
- 1.35 Major depressive disorder
- 1.36 Bipolar disorder
- 1.37 Personality disorders

OBJECTIVES FOR CSLO #2: Explain the scientific method and how it applies to psychological research.

- 2.1 Scientific method
- 2.2 Descriptive methods
- 2.3 Representative sample
- 2.4 Correlational method
- 2.5 Experimental method
- 2.6 Causal hypotheses
- 2.7 Independent variable
- 2.8 Dependent variable
- 2.9 Experimental group
- 2.10 Control group
- 2.11 Random assignment
- 2.12 Placebo effect
- 2.13 Placebo
- 2.14 Double-blind procedure
- 2.15 Methods of studying the brain
- 2.16 Methods used by Pavlov, Watson, and Skinner

OBJECTIVE FOR CSLO #3: Demonstrate knowledge of and identify concepts related to personal development and the development and behavior of others.

- 3.1 Differences among the major theoretical perspectives in psychology
- 3.2 Processes that occur when a neuron is activated
- 3.3 How neurotransmitters affect behavior
- 3.4 Functions of the frontal lobes
- 3.5 Difference between the central and peripheral nervous systems
- 3.6 Functions of the sympathetic and parasympathetic nervous systems
- 3.7 How the pituitary gland affects behavior
- 3.8 How the adrenal glands affect behavior
- 3.9 How classical conditioning modifies an organism's responses to stimuli
- 3.10 How operant conditioning modifies an organism's responses to stimuli
- 3.11 Difference between positive and negative reinforcement
- 3.12 Factors that influence the effectiveness of punishment
- 3.13 Information-processing approach to memory
- 3.14 Reconstructive memory
- 3.15 The function of schemas
- 3.16 Causes of forgetting
- 3.16 Effects of teratogens and other negative factors on prenatal development

- 3.18 Relationship between contact comfort and attachment
- 3.19 Differences among the various patterns of attachment
- 3.20 Difference between the social learning theory and gender schema theory explanations of gender role development
- 3.21 Process of cognitive development as Piaget explained it
- 3.22 Proposed causes of Alzheimer's disease
- 3.23 Effects of stress on the immune system
- 3.24 Effects of daily hassles on stress
- 3.25 Factors that influence individual's capacity for resisting the effects of stress
- 3.26 Function of defense mechanisms in Freud's theory
- 3.27 Views of humanistic theorists regarding the personality
- 3.28 Bandura's concept of reciprocal determinism
- 3.29 Criteria for abnormal behavior
- 3.30 Possible causes of schizophrenia
- 3.31 Symptoms of major depressive disorder.
- 3.32 Symptoms of bipolar disorder

OBJECTIVES FOR CSLO #4: Apply psychological concepts to the solution of issues and problems including ethics, coping with stressful events, health and wellness, parenting, learning, memory, and /or evaluation of media presentations.

- 4.1 Ethical standards for psychological research
- 4.2 Principles of behavior genetics
- 4.3 Principles of behavior modification
- 4.4 Improving memory
- 4.5 Effects of the authoritarian, authoritative, and permissive parenting styles on children's development
- 4.6 Differences between problem-focused and emotion-focused coping
- 4.7 Views of Abraham Maslow regarding self-actualization
- 4.8 Differences between psychologists and psychiatrists

Instructional Methods

Success in the Course

As with any three-hour course, you should expect to spend *at least six hours per week* outside of class reading and studying the material. I will provide assignments to help you use those six hours per week wisely. Additional time will be required for the written assignment. Successful completion of this course requires a combination of reading the textbook, regularly logging in to Eagle Online, and completing assignments in Eagle Online. There is no short cut for success in this course; it requires reading (and probably re-reading) and studying the material using the course objectives as your guide.

Instructional Materials

Wood, S., Wood, E., & Boyd, D. (2018). *Mastering the World of Psychology* 6E. Upper Saddle River, NJ: Pearson.

Final Exam Handbook

Posted on Eagle Online Canvas and the Learning Web

You may use the free online book instead of purchasing the one I am using.

Free Access to E-Book

Stangor, C. (2013). *Introduction to Psychology*.

You will find this book in your Canvas modules.

The Final Exam Handbook is required. You can view and download from my Learning Web and from Eagle Online Canvas.

Online Format

All instruction in this section of PSYC 2301 will take place online. HCCS Open Lab locations may be used to access the Internet and Eagle Online Canvas if you do not have your own computer. To access the HCC IT Help Desk and to run a systems check, go to this site <http://www.hccs.edu/online/technical-support/> Smartphones and tablets are not fully compatible with Eagle Online. Do not use smartphones or tablets for taking exams or turning in assignments.

Exams and Assignments

You must complete the Start Here assignments by the due date or you will be dropped from class.

"How to Get the Most out of Studying" Quiz

You are required to watch a video series titled “How to Get the Most out of Studying” and complete the essay quiz that follows it. This activity will count **50 points**. **This must be completed by the due date to stay enrolled in the class.**

Syllabus Quiz

You must take a quiz over the syllabus. You must take it as many times as necessary to achieve a score of 100% correct. The Syllabus Quiz will count **25 points**. **This must be completed by the due date to stay enrolled in the class.**

Introduce Yourself

You must post a brief self-introduction in the Introduce Yourself forum. Your post must be at least 100 words long and include your reason for taking this course and what you hope to learn from it. You must also reply to a minimum of one other post. **The self-introduction will count 25 points and must be completed by the due date to stay enrolled in the class.**

Chapter Practice Quizzes

Chapter Practice Quizzes consist of 20 multiple-choice questions and are available from the first day of class. The quizzes have unlimited attempts with a 15-minute time limit for each attempt. Your grade for each quiz will be the average of all your attempts. Unit Practice Quizzes will count a total of **100 points** (10 quizzes x 10 points each). Chapter quizzes will have a recommended due date but can be taken any time during the semester without a late penalty.

Unit Exams

Unit Exams consist of 100 multiple-choice questions and are available on the dates shown in the course calendar. The exams have a 2-hour time limit and must be completed in one sitting. You will see only one question at a time. After answering a question, you may not return to it to change your answer. Two attempts are allowed. Highest score is your grade. Unit Exams will count a total of **400 points** (2 exams x 200 points each).

Written Assignment

You will watch a documentary video and summarize along with answering specific questions. Video Written Assignment will count **200 points**.

Departmental Final Exam

All students will be required to take a comprehensive departmental final exam consisting of 100 multiple-choice questions. The exam will be given online in Canvas during the scheduled final exam times (see Canvas). You will have a 2-hour time limit, one question at a time, and no back-tracking. You will only be allowed one attempt. You will be able to see your score immediately upon completion. All the information needed to prepare for the exam is in the *Final Exam Handbook* along with an entire module of resources in Canvas. The final exam **may not be taken early under any circumstances.**

You must get at least 50% of the items correct on the final to pass the course. Students who are absent from the final exam without discussing their absence with the instructor in advance or within 24 hours afterward will receive a course grade of Incomplete. Any student who does not take a makeup exam by the end of the following long semester will receive a final exam grade of zero and a course grade of F.

Grading Formula

Assignment	Points
"How to Get the Most out of Studying" Video Series Quiz	50
Syllabus Quiz	25
Introduce Yourself Discussion	25
Unit I Practice Quizzes (5 quizzes)	50
Unit I Exam	200
Unit II Practice Quizzes (5 Quizzes)	50
Unit II Exam	200
Video Summary and Discussion	200
Extra Credit Options	
Final Exam	200
Total	1000

Grade	Total Points
A	900+
B	800-899
C	700-799
D	600-699
F	<600

HCC Grading Scale

A	100-90	4 points per semester
B	89-80	3 points per semester
C	79-70	2 points per semester
D	69-60	1 point per semester
F	<60	0 points per semester
FX	Failure due to non-attendance	0 points per semester
IP (In Progress)		0 points per semester
W (Withdrawn)		0 points per semester
I (Incomplete)		0 points per semester
AUD (Audit)		0 points per semester

IP (In Progress) is given only in certain developmental courses. The student must re-enroll to receive credit. COM (Completed) is given in non-credit and continuing education courses. To compute grade point average

(GPA), divide the total grade points by the total number of semester hours attempted. The grades “IP,” “COM” and “I” do not affect GPA.

Makeup Policy

Chapter quizzes can be taken at any time. The due date is listed as a reminder to get it done. Do not confuse the chapter quizzes with any other assignment or exams. They have due dates and will be deducted 25 percentage points per day. I may allow makeup exams on a case-by case basis. In the event you take a Unit Exam late it will be deducted 50 points per day. A makeup exam is not a retake. Makeup exams are only allowed for missed exams and you will only be allowed one attempt.

Incomplete Grades

In order to receive a grade of Incomplete (“I”), you must have completed at least 85% of the work in the course. In all cases, the instructor reserves the right to decline a student’s request to receive a grade of Incomplete.

Syllabus Modifications

The instructor reserves the right to modify the syllabus at any time during the semester and will promptly notify students in writing, typically by e-mail or announcement in Canvas, of any such changes.

Course Calendar

WEEKS	DATE	Assignments/What's due (all assignments due by 11:55PM)
1 to 2	Sep-25	<i>Start Here</i> Assignments due by Oct 4 or you will be dropped from class. --Introduce Yourself --Syllabus Quiz --How to Get the Most Out of Studying <u>Unit I</u> --Read Chapters 1 Intro to Psych and 2 Biology & Behavior --Chapter 1 and 2 Practice Quizzes
3 to 4	Oct-09	Read Chapters 5 Learning and 6 Memory --Chapter 5 and 6 Quizzes
5 to 6	Oct-23	Read Chapter 8 Lifespan --Chapter 8 Practice Quiz --Practice Unit I Exam Nov 5 --Unit I Exam Nov 5
7 to 8	Nov-06	Unit II Read Chapter 9 Motivation & Emotion --Chapter 9 Practice Quiz --Written Assignment due Nov 12 --last day to Withdraw Nov 13
9 to 10	Nov-20	Read Chapters 10 Health & Stress and 11 Personality --Chapters 10 and 11 Practice Quizzes

11 to 12	Dec-04	Read Chapters 12 Psych Disorders, 13 Therapies --Chapter 12 and 13 Practice Quizzes --Unit II Practice Exam Dec 10 --Unit II Exam Dec 10 --Practice Final Exam Dec 13
Finals	Dec-11	Departmental Final Exam--Dec 11 through 13

Instructor and Student Responsibilities

As your Instructor, it is my responsibility to:

- Provide the grading scale and detailed grading formula explaining how student grades are to be derived
- Facilitate an effective online learning environment.
- Provide instructions for all assignments, exams, quizzes, discussions, and other types of course work.
- Inform students of policies such as attendance, withdrawal, tardiness and make up
- Provide the course outline and class calendar which will include a description of any special projects or assignments
- Arrange to meet with individual students before and after class as required

To be successful in this class, it is the student's responsibility to:

- Log in to Eagle Online Canvas regularly
- Complete all assignments, exams, written work, etc., on Eagle Online Canvas
- Read and comprehend the textbook
- Ask for help when there is a question or problem
- Keep copies of all paperwork, including this syllabus, handouts and all assignments
- Attain a raw score of at least 50% on the departmental final exam
- Be aware of and comply with academic honesty policies in the [HCCS Student Handbook](#)

Attendance

In online courses, *attendance* is defined as logging in to the course and completing online assignments. Be advised that instructors must drop students who fail to attend class by the official date of enrollment (“Census Day”). In addition, instructors may drop students who miss six hours of class time. You will be dropped if you do not complete the two assignments in the Start Here module by the due date.

Withdrawal

If you decide to withdraw from the course, it is your responsibility to do so online via the PeopleSoft student management system. If you need assistance, visit the counselors’ office on your campus. You may wish to discuss your decision to withdraw from the class with your instructor beforehand.

Classroom Conduct

I expect students to conduct themselves professionally in their communications with me, their classmates, and college staff and administration. Behavior inappropriate to the collegiate setting (including but not limited to abusive/derogatory/threatening/harassing language directed at the instructor or towards other students, staff or administrators) will not be tolerated, and may result in removal from the course if severe and/or repeated. Accepted standards of computer etiquette will be expected in this class. For information about computer etiquette, see the Core Rules of Netiquette in your Canvas course. You are also expected to abide by rules as set forth in the [HCC Online Student Handbook](#).

Student Organizations

Psi Kappa

All students are invited to join Psi Kappa, an organization that can help students learn about psychology outside the classroom, serve the community, meet students in other PSYC classes, interact with PSYC faculty, and learn leadership skills. For more information, visit the [Psi Kappa page](#) on the HCC Learning Web, the [Psi Kappa blog](#), and the [Psi Kappa Facebook](#) page.

Psi Beta

HCC has an active chapter of Psi Beta: National Honor Society in Psychology for Community and Junior Colleges. To learn more about this organization visit the [Psi Beta](#) website. For information about the HCC chapter, visit the [Psi Beta page](#) on the HCC Learning Web.

Psychology Achievers Scholarship

To be eligible for the \$125 per semester Psychology Achievers Scholarship, a student must (1) meet all HCC Foundation criteria for scholarship eligibility, and (2) make an A in either PSYC 2301 or PSYC 2314. For more information, visit the [HCC Foundation scholarship website](#).

Tutoring

Visit [this page](#) to find out about HCC tutoring services.

HCCS Student Policies

All students are responsible for reading and understanding the HCCS Student Handbook, which contains policies, information about conduct, and other important information. Access the handbook at <http://central.hccs.edu/students/student-handbook/>

Students with Disabilities

Houston Community College is dedicated to providing an inclusive learning environment by removing barriers and opening access for qualified students with documented disabilities in compliance with the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act. Ability Services is the designated office responsible for approving and coordinating reasonable accommodations and services in order to assist students with disabilities in reaching their full academic potential. In order to receive reasonable accommodations or evacuation assistance in an emergency, the student must be registered with Ability Services.

If you have a documented disability (e.g. learning, hearing, vision, physical, mental health, or a chronic health condition), that may require accommodations, please contact the appropriate Ability Services Office below. Please note that classroom accommodations cannot be provided prior to your Instructor's receipt of an accommodation letter and accommodations are not retroactive. Accommodations can be requested at any time during the semester, however if an accommodation letter is provided to the Instructor after the first day of class, sufficient time (1 week) must be allotted for the Instructor to implement the accommodations.

Ability Services Information

HCCS.EDU

<http://central.hccs.edu/students/disability-services/>

Central College

713.718.6164

Coleman College

713-718-7376

Northeast College

713-718-8322

Northwest College

713-718-5422

713-718-5408

Southeast College

713-718-7144

Southwest College

713-718-5910

Adaptive Equipment/Assistive Technology

713-718-6629

713-718-5604

Interpreting and CART services

713-718-6333

EGLS₃ Evaluation for Greater Learning Student Survey System

The EGLS₃ ([Evaluation for Greater Learning Student Survey System](#)) will be available for most courses near the end of the term until finals start. This brief survey will give invaluable information to your faculty about their teaching. Results are anonymous and will be available to faculty and division chairs after the end of the term. EGLS₃ surveys are only available for the Fall and Spring semesters. There are no EGLS₃ surveys during the Summer semester due to logistical reasons.

Office of Institutional Equity

Title IX of the Education Amendments of 1972 requires that institutions have policies and procedures that protect students' rights with regard to sex/gender discrimination. Information regarding these rights are on the HCC website under Students-Anti-discrimination. Students who are pregnant and require accommodations should contact any of the ADA Counselors for assistance. It is important that every student understands and conforms to respectful behavior while at HCC. Sexual misconduct is not condoned and will be addressed promptly. Know your rights and how to avoid these difficult situations. Log in to www.edurisksolutions.org. Sign in using your HCC student email account, then go to the button at the top right that says Login and enter your student number.

Houston Community College is committed to cultivating an environment free from inappropriate conduct of a sexual or gender-based nature including sex discrimination, sexual assault, sexual harassment, and sexual violence. Sex discrimination includes all forms of sexual and gender-based misconduct and violates an individual's fundamental rights and personal dignity. **Title IX prohibits discrimination on the basis of sex-including pregnancy and parental status-in educational programs and activities. If you require an accommodation due to pregnancy please contact an Abilities Services Counselor.** The Director of EEO/Compliance is designated as the Title IX Coordinator and Section 504 Coordinator. All inquiries concerning HCC policies, compliance with applicable laws, statutes, and regulations (such as Title VI, Title IX, and Section 504), and complaints may be directed to:

David Cross

Director EEO/Compliance

Office of Institutional Equity & Diversity

3100 Main

(713) 718-8271

Houston, TX 77266-7517 or Houston, TX 77266-7517 or Institutional.Equity@hccs.edu

HCC strives to make all learning experiences as accessible as possible. If you anticipate or experience academic barriers based on your disability (including mental health, chronic or temporary medical conditions), please meet with a campus Abilities Counselor as soon as possible in order to establish reasonable accommodations. Reasonable accommodations are established through an interactive process between you, your instructor(s) and

Ability Services. It is the policy and practice of HCC to create inclusive and accessible learning environments consistent with federal and state law. For more information, please go to

<http://www.hccs.edu/district/students/disability-services/>

Campus Carry

At HCC the safety of our students, staff, and faculty is our first priority. As of August 1, 2017, Houston Community College is subject to the Campus Carry Law (SB11 2015). For more information, visit the HCC Campus Carry web page at <http://www.hccs.edu/district/departments/police/campus-carry/>.”

Hurricane Harvey

Any student who faces challenges securing their food or housing and believes this may affect their performance in the course is urged to contact the Dean of Students for support. Furthermore, please notify the professor if you are comfortable in doing so.