COURSE SYLLABUS

OTHA 2309 - MENTAL HEALTH IN OCCUPATIONAL THERAPY

Course Description: (current catalog)
Study of the promotion of mental health through occupational therapy. Emphasis on theory and intervention strategies to enhance psychosocial function.

Course Rationale:
The focus on this course is on the psychosocial aspects of consumers in occupational therapy settings. Emphasis is on occupational performance and the effects of mental illness and disorders on human behavior. The occupational therapy process is emphasized and applied relative to the practice framework. In this course, theories, practice models, assessments and intervention per occupational profiles are addressed in psychosocial settings.

Prerequisite:
First semester OTHA courses, specifically, OTHA 1315, 1319, & 2311.

Credit Hours:
3 semester hours: 2 hours lecture, 4 hours lab, weekly.

Course Location:
Coleman College for Health Sciences campus, 1900 Pressler Street, Houston, Texas 77030; 4th floor, semester (6112) Room #468.

Class/Day/Time:
Monday/Wednesday 8:30 am – 12:00 noon
Tuesday/Thursday 3:15 pm – 4:00 pm (documentation lab)

Instructor and Office Location:
Linda Williams, MA, OTR
Coleman College of Health Sciences
Phone # 713.718.7392
linda.williams@hccs.edu
1900 Pressler Street Room #385
Houston, Texas 77030
(713.718.7391) - secretary’s office.

ADA Statement:
Any student with a documented disability (e.g. physical, learning, vision, psychiatric, hearing, etc.) who need to arrange reasonable accommodations must contact the Disability Services Office at their respective college campus at the beginning of each semester. Faculty is authorized to provide only the accommodations requested by the Disability Support Services Office. If you have questions, please contact the disability counselor at your college which is generally located in the student services division or Donna Price at 713-718-5165.
Required Textbook:


References/Supplemental Text:


Web Sites:  
http://www.aota.org  
http://www.tbote.org  
http://www.tota.org  
http://www.nami.org  
http://www.nbcot.org

Grade Requirements and Weights:  A minimum of 75 is required in this course. This represents the letter grade of C. 74 and below = F. (review program handbook, if needed).

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<tr>
<th>Activity</th>
<th>Weight</th>
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<tbody>
<tr>
<td>Unit/Exams</td>
<td>35%</td>
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<tr>
<td>Written Assignments</td>
<td>25%</td>
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<tr>
<td>Quizzes</td>
<td>10%</td>
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<tr>
<td>Documentation Lab</td>
<td>15%</td>
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<tr>
<td>Final Exam</td>
<td>15%</td>
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Examination Protocol:  
On examination day, student report to class with writing instruments, only. Books, backpacks, lunches, bags, papers, etc. should be placed in lockers, cars and trunks, but not brought to the examination site. (This is referred to as test mode). All responses on examination = 1 point unless otherwise printed in examination booklet.

Instructional Strategies and Learning Experiences:  
Selected methods are intended to stimulate, increase, enhance and strengthen teaching learning dialogue. Additionally, reading assignments, oral and written reporting, projects (in and out of class), games, library assignments, (research), interviews, audiovisuals, power point, lecture, discussion, case studies, surveys, role-play and team/group activities and community trips will be utilized. Written quizzes and examinations are provided to monitor learning comprehension.
HOUSTON COMMUNITY COLLEGE SYSTEM – COLEMAN COLLEGE FOR HEALTH SCIENCES OCCUPATIONAL THERAPY ASSISTANT PROGRAM
SPRING SEMESTER (6122) CRN: 83101

Class Schedule:
A class calendar is provided upon proof of course enrollment. Receipts may serve as verification of enrollment. The course calendar may be given in two parts. Editing and modifications may be made as deemed necessary by the instructor or department chair to enhance performance and empower students. Students are required to acknowledge changes made to the syllabus in writing.

Scans/Tejas Skills:
SCAN skills incorporated in this course are additionally required in this course. The following skills are covered:

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<thead>
<tr>
<th>Skill Code</th>
<th>Skill Description</th>
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<tr>
<td>F-1 Reading</td>
<td>Textbook chapters in preparation for lecture, discussion and class activities.</td>
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<tr>
<td>F-2 Writing</td>
<td>Communicate thoughts, ideas and information through individual and group writing assignments.</td>
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<td>F-9 Decision Making</td>
<td>Apply decision making and problem solving steps in determining long and short term goals. Plan interventions for diagnostic categories in psychosocial settings.</td>
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<tr>
<td>F-12 Reasoning</td>
<td>Apply clinical reasoning steps in treatment planning and interventions.</td>
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<td>C-5 Acquire/Evaluate Information</td>
<td>Demonstrate ability to screen &amp; interview clients, as well as, use OT assessments to determine what patients can &amp; cannot do.</td>
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<td>C-6 Organize Information</td>
<td>Determine what information from evaluative batteries will be used to plan OT intervention and document in various formats.</td>
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<tr>
<td>C-7 Interpret and Communicate Information</td>
<td>Report evaluative findings, write long and short term goals and report results to peers.</td>
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<tr>
<td>C-11 Serves Clients/Consumers</td>
<td>Select a population and design a group activity. Identify the need to modify treatment, as needed, followed by communicating patient’s needs to the OTR.</td>
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Course Requirements:
Regular attendance and Active class participation.
Regularly check on-line class site.
Come to class prepared by reading assignments, handouts, etc. prior to attendance.
Bring books and materials to class, except on examination days.
Typewrite ALL out of class completed assignments.
Submit assignments the first 15 minutes into class periods, to avoid (0) zero grade.
Use documentation format to acknowledge and correct errors (spelling/grammatical).
Use APA format to complete submitting research/presentation papers/journal articles.
Follow guidelines to report absences/tardiness in class, prior to start of class period.
Be responsible and secure all handouts and assignments, if absent.
Oral presentations of assigned course content are required.
Regular peer lead discussions.
Regular assessments to include (quizzes, examinations, presentations, projects).
Test mode posture on days that written examination are scheduled.
Academic honest and integrity.
Demonstrate of the development of professional behaviors.
Course Objectives:
1. Explain the concept of mental health and mental illness.
2. Review the role of occupations in promoting health, preventing disease & disability.
4. Appreciate quality of life, well-being and occupations in promoting health and preventing disease or injury.
5. Identify the effects of health, illness, disease, disability within family/society contexts.
6. Articulate service, practice models and systems used in OT practice.
7. Identify mental health intervention facilities and settings.
8. Describe categories of psychotropic medication and other biological techniques used in mental health management.
10. Apply therapeutic use of self in groups, teams and individual interaction in service delivery.
11. Understand groups. (process/dynamics, development, techniques, roles, etc.)
12. Demonstrate group record keeping. (protocols, session plans).
13. Educate/train consumers to use performance area skills, while maintaining safety and prevent health injury.
14. Use practice framework language and process in formulating mental health strategies per diagnostic data.
15. Demonstrate components of professions processes of:
   a. completing an occupational profile and task analysis.
   b. gather and share data.
   c. developing occupations as evaluative tools.
   d. administering and applying assessment process.
   e. monitoring intervention and their effects on consumers.
   f. reassessing the need for modifications.
   g. acquiring consultation.
   h. assist in discharge process (d/c planning)
   i. identifying outcomes achieved. (program evaluation)
17. Demonstrate on going interaction in program evaluation and quality assurance.

Documentation Lab: weekly
1. Describe the link between documentation and payment for services.
2. Explain reimbursement mechanisms that affect OT services.
3. Identify ways to assist the consumer in obtaining OT services.
4. Demonstrate an understanding of due process and appeal systems when:
   • reimbursement is denied for OT services.
   • advocating for the consumer.
   • advocating for the OT profession
5. Identify ethical disputes resolution systems that have jurisdiction over OT practice.
6. Appreciate the collaborative process between OT/OTA’s in servicing consumers.
7. Understand responsibility/liability concerns under current models of service provisions.
8. Document OT services, accountably.