

LORENA FERNANDEZ, Ph.D.

Lorenafernandez@hccs.edu

WORK EXPERIENCE

LF Creative - Owner

Humanities and Expressive Arts Educator, Author & Artist

1999 – present . Texas, USA

- Offering Expressive Arts lectures, workshops and coaching for individuals and organizations. <http://lfcreative.org/>.
- Literary performances created in collaboration with local cultural organizations consisting of live music and/or dance and bilingual readings introducing the works of Latin American poets to the Houston community.
- Organizer of the Second International Person Centered Expressive Art Symposium in Sonoma, California, July 2016.
- *CHAOS; how art accompanies me*. Nomadic art/poetry exhibition. JoMar Visions Gallery 2016.
- Books by Lorena Fernandez:
 1. Art and Self-Creation: The Roots of Creativity and Innovation (Think Media: EGS Media Philosophy Series) Atropos Press, New York, USA & Dresden, Germany.
 2. How To Exist, An Impractical Guide: Como Existir, Guía Impráctica (English and Spanish Edition)
 3. Spiritual Healing with Art - Curación Espiritual con Arte - (English and Spanish Edition)

Global Center for Advance Studies GCAS

Professor at the Institute of Critical Philosophy

2015-2017 GCAS is a Global Online Education Provider. Guest Lecturer: "Desire and its Shadow" Carl Jung's concept of the unconscious shadow aspect and it's applications for a personal Expressive Arts practice. <https://globalcenterforadvancedstudies.org/member/lorena-fernandez/>

Royal Embassy of Spain - Commercial Office

Administration

1997 – 1998 Singapore South-East Asia

- Helped present Spanish products to Singapore audiences
- Translations, market research, customer service, event planning

Texloc, LTD Manufacturers of fluorocarbon, FEP, PFA, PTFE Tubing

Industrial Engineer

1996 – 1997 Fort Worth, Texas, USA

- Created (wrote & illustrated) production procedure manuals that allowed *TEXLOC, LTD* to become ISO certified

- Technical buyer of laser and ultrasound systems
- Technical installation of laser and ultrasound systems

Kvaerner National, Division of Kvaerner Singapore Pte Ltd

Production Planner/Scheduler

Manufacturer of systems and components used in oil and gas drilling and production

1995 – 1996 Singapore South-East Asia

- Production Planner/Scheduler: Day to day production planning and scheduling
- Technical evaluation of shop efficiencies

EDUCATION

2013 Ph.D. Arts, Health and Society - *summa cum laude*

European Graduate School EGS in Saas-Fee, Switzerland

Dissertation: *The Effects of Expressive Arts on Decision-Making: Sensemaking in Situations of Complexity and Ambiguity.*

2005-2007 Certificate in Person-Centered Expressive Arts for Healing and Social Change

Saybrook Graduate School and Research Center, San Francisco, California, USA. 400 hours.

2001 Master of Arts in the Humanities

California State University Dominguez Hills Carson, California, USA

Thesis: *"Sociological Content of the Paintings of Mexican Artist Frida Kahlo: The Plight of the Disabled, Feminism and her political ideology."*

1994 Bachelor of Science in Industrial Engineering

Texas A&M University College Station, Texas, USA

Academic Achievement Award, fall 1993 - European Tour for Engineering Student sponsored by Texas A&M and Ruhr-Universitat Bochum, Germany, 1991