# Mahnaz Kolaini, M.Ed., LPC-Supervisor

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### PROFESSIONAL EXPERIENCE

<u>Lead Counselor</u> - Houston Community College, Spring Branch Campus; Sep. 2012

<u>ADA counselor-</u> Houston Community college, Spring Branch Campus; May 2008-August 2012

<u>Psychology Professor</u> – Houston Community College – Northwest, Houston, Texas; Fall 2012

<u>Courses Taught</u>: <u>Psychology</u> Introduction to Psychology (Psyc 2301)

<u>Adult Therapist-</u> Westbury outpatient clinic, Houston, Texas. Dec. 2011 - present, Weekend PRN

- Provides individual and group therapy to individuals with sever and chronic mental illness
- Maintains appropriate documentation and completes progress notes

<u>Adult Psychotherapist</u> - Texas West Oaks Hospital, Excel Center of Katy. Katy, Texas 2005 -2008- Full-time

- Provide therapeutic services to adults from admission through discharge both in PHP and IOP settings
- Provide group, individual, and family therapy including crisis intervention
- Provide intake services and perform assessments
- Treatment Plan formulation and treatment plan reviews
- Maintain appropriate documentation of all clinical activities
- Experienced in conducting authorization and concurrent reviews
- Provide referrals to appropriate agencies or individuals

**Therapist** - Continuum HealthCare- - Weekend PRN. May 2006 - Jan 2011

- Provide group therapy to patients with chronic and severe mental illness
- Maintain all clinical documentation and complete on-line progress notes
- Work closely with Treatment Team including RNs and M.Ds

### Karuse Center. January 2003-2004

- Organized and taught PALs Preparation for Adult living- classes as required by CPS
- Co-facilitated adolescent group counseling
- Attended assessments and intakes meetings

<u>Academic Advisor</u> - Houston Community College - Westgate Campus. April 2003-Dec. 2005

#### **EDUCATION**

Masters of Education in Counseling, GPA 3.88
University of Houston
Second year Psy.D student

## PROFESSIONAL CREDENTIALS

Licensed Professional Counselor & LPC Supervisor State of Texas, License #62081 National Counselor's Examination (NCE) - February 2006 Instructor for Mental Health First Aid, National Counsel for Mental Health West Houston Leadership Institute class of 2011