

CSME 1447 Principles of Skin Care/Facials and Related Theory
3 Lecture, 4 Lab (112 contact hours)
CRN#48426

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Office Hours: 8:15-8:45
Class Time: 9:00- 10:49

Course Description:

This class is an in depth study of the theory and practice of skin care, facials and cosmetics.

Course Focus:

The central focus of this course is to introduce the student to the chemistry of cosmetics and cosmetic ingredients. Special attention is given to the application of facial treatments, and makeup. Safety measures and sanitation practices are emphasized.

End-of-Course Outcomes: Identify the terminology related to the skin, products, and treatments; demonstrate the proper application related to skin care and cosmetics; and exhibit workplace competencies in skin care and cosmetics.

External accreditation standard is a passing score of 70% on state licensing examination administered by Texas Department of Licensing and Regulation on the first attempt.

Pre-Requisites:

High School diploma or GED

College Level Reading

Co-Requisites:

CSME 1420 Orientation to Facial Specialist

CSME 1421 Principles of Facial/ Esthetic Technology 1

Text and References:

Text and References:

Milady's Standard Comprehensive Training for Estheticians

Delmar, A division of Thomson Learning
Milady's Standard Comprehensive Training for Estheticians
Study Guide and Exam Prep Guide

Course Learning Outcomes:

This course is designed to help the student obtain the following learning outcomes:

- Define the elements of basic chemistry
- Explain elements, and compounds.
- Identify cosmetics according to their classifications.
- Explain the classification scale.
- Describe the FDA regulations regarding cosmetic claims
- List the new technological developments in skin care and describe their effects on the skin
- Read and explain cosmetic labels and identify ingredients used in cosmetics
 1. State the factors used to choose product lines for clients
 2. Identify the information an esthetician must know about product lines
 3. Explain the basic facial products
- Prepare and drape a client for facial treatments and service.
 1. Analyze the skin and determine its type and condition.
 2. Describe the benefits of a facial
 3. Identify each step of a facial and explain the reason for each
 4. Describe the different types of massage
 5. Describe the techniques of classical massage

- State the purpose and steps of the post consultation

- Recommend an appropriate skincare routine for different skin types.
- Explain pH balancing.
- Color Theory, Facial Features and Set Up
 1. Describe the theory of color and its characteristics
 2. Define how dark and light colors affect objects
 3. Define the meaning of *warm* and *cool* colors
 4. Discuss the standard face shape and its deviations
 5. Describe the key point of the face and how to create a balanced look
 6. Explain each makeup product and how it is used
 7. Demonstrate contouring with foundation
 8. Demonstrate setting up a makeup station
- Explain the importance of color, fashion, and makeup coordination.
- Apply a basic makeup application with emphasis on color selection.
 1. Discuss the objectives of consulting with a client
 2. Explain the importance of cleanliness and sanitation at the workstation
 3. Demonstrate how to complete a consultation form for a client
 4. Perform a client consultation using a basic makeup application

5. Demonstrate day and evening makeup applications

- Select and apply the most suitable makeup applications for each face type.
- Apply artificial eyelashes and individual lash applications.
- Apply corrective makeup.
- Apply makeup for theatrical and special occasions.

- Demonstrate the use of makeup to conceal facial imperfections.
- Observe all sanitation and safety precautions.

Student Learning Outcomes

- Define the basic elements of chemistry as it pertains to cosmetic preparations used in facial preparations. Performance will be satisfactory if the student can explain and identify the items with 100% accuracy.
- Classify the products according to their use and ranking on the pH and classification scale.
- Analyze a client's skin type and recommend products for the specific skin type.
- Design a skin care plan for a client.
- Demonstrate the proper massage techniques for a specific client skin type.
- Demonstrate makeup application techniques based on face types and apply corrective measures for imperfections.
- Observe all sanitation and sterilization required in the classroom and on the clinic floor

ASSESSMENT OF STUDENT COMPETENCIES

- A. Practical examination
- B. Written Examinations
- C. Weekly progress achievement charts
- D. Individual or group class projects
- E. Situational observation by instructor (i.e. attendance, ethics, conduct, and attitudes).

GRADE DETERMINATION

This is a suggested matrix, the instructor reserves the right to adjust or change accordingly to meet his/her needs or the needs of the class.

- Unit Exams 10 %
- Skill Objectives 25%
- Mid Semester 20%
- Attendance 10%
- Professionalism 15% (uniform, participation, attitudes, client relation,etc)
- Final Exam 20%

GRADE RANGE

90-100=A

80-89= B

70-79= C

69-60= D

Below 60 student will repeat the course.

APPLICATIONS TO THE CURRICULUM:

It is the responsibility of the student to keep a current and updated record of all service applications performed as required by the Texas Department of Licensing and Regulation prior to sitting for the licensing examination and completion of the program.

ATTENDANCE POLICY:

Students are expected to attend class daily and be on time. Any student absent from class for more than four (4)days will be dropped from the program. Students arriving to class late will not be able to come in and must wait for next class. Administrative drops are at the discretion of the instructor (after the fourth absence). There are no excused absences. Ten points will be deducted for the first day absent from class and 5 for each day thereafter from the attendance grade.

WITHDRAWALS:

It is the responsibility of the student to withdraw officially from a course to keep from receiving an "F" for the class.

DRESS CODE:

Students in the cosmetology operator candidate program are expected to be self-motivated individuals and to stay on task at all times. Students must be dressed professionally and appropriately in accordance with the department dress code and must wear a lab coat at all times. **Uniform requirements for the facial/esthetics classes as follows:**

White medical type scrubs (No denim)

Professional type white lab coat

White shoes (nursing type) no sandals or backless shoes, no mules or clogs, no boots of any kind, no heels.

Hose or socks must be worn

No hats or caps of any kind are permitted (du-rags, stoking caps, baseball caps or any kind of fashionable hats)

Students that are not in proper uniform will not be allowed to come in.

SCHOLASTIC DISHONETY AND CLASSROOM CONDUCT:

Students are expected to conduct themselves with honor and integrity in fulfilling the course requirements. **Any student found cheating on a test, plagiarizing or in collusion will receive an "F" for the assignment and the course and will be dropped from the program.** See student handbook for college policy on academic dishonesty and disciplinary problems. **This level of development in a students' training is crucial to their professional development and success; any student that is disruptive or disrespectful will be dismissed from the program. Students on the client floor are expected to conduct themselves in a professional manner. Loud boisterous conduct or refusing to serve a client will constitute grounds for dismissal from the program.**

Make-up policy for missed assignments or tests:

There will be no make-up for missed unit exams. Make-up for a missed mid-term or final test will be permitted **only if the student informs the instructor in advance. The student must make arrangements to take the missed test no later than 3 days after the original test date. It should be understood that the make-up test would not be the same as the test given to the rest of the student body.**

Canceling a Class

Every effort is made to begin and hold class at the designated time. Each class is contingent of the required minimum number of students. Occasionally, extenuating circumstances arise requiring a cancellation or

delay. In such cases, we attempt to notify all students by telephone. Make sure that the department has a current phone or an alternate number where you can be reached.

Houston Community College reserves the right when necessary to cancel classes, alter schedules or substitute instructors.

Students are not notified if a class has made. Students are contacted only in the event of a class cancellation or change.

Students with Disabilities

HCCS has a Disability Support psychological counselor and office located at each of its five colleges. DSS office assists students with physical, learning, or emotional disabilities in developing independence and self-reliance. Students with physical and learning/developmental disabilities may request accommodations and special equipment through these offices. The student is advised to contact the DSS office at least 60 days prior to the beginning of the term. For specific program information, locations and procedures to receive accommodations and equipment see the Student Handbook and Class Schedule. Disability support services can also be found online at these Web sites:

<http://rehab.state.tx.us>

<http://ican.com>

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Note* Criminal Background

Every individual who applies for license with the Texas Department of Licensing and Regulation (“the department”) is subject to a criminal background check to determine his or her suitability for the license. In 2009, the Texas Legislature enacted new provisions to allow a person to find out before applying whether he or she would likely be denied a license due to his or her criminal history. This was due to the time and expense involved in applying for a license, which in some cases includes completing required education and taking an examination. See Section 51.4012 and Chapter 53, Subchapter D, of the Occupations Code, which allow a person to request a criminal history evaluation letter from the Department, prior to actually applying for a license.

Instructors Note:

Each student will come to class prepared to work in full uniform. A course calendar will be provided but keep in mind that the instructor reserves the right to modify the course calendar or weekly assignments. Students may not refuse a client at any time. Students are responsible for their own books and equipment including personal belongings. No personal days unless approved by the instructor if one is allowed it is the responsibility of the student to bring their own product and tools for the services provided. Let's work together to make the semester a fun learning environment.

Please sign below to acknowledge that you understand the syllabus.

Name _____ Date _____