



**HOUSTON COMMUNITY COLLEGE**  
**Coleman College for Health Sciences**  
**Vocational Nursing Program**  
**VNSG 1216 Nutrition**  
**CRN 17757 –Fall 2016**

Coleman Campus Room 368  
12:00-2:00p.m./Thursday  
Lecture/web-enhanced  
2 hours lecture/32 hours per semester/16 weeks-RT  
Mary Lockett  
Rm., 313 Office: (713) 718-7333

<b>Course Number &amp; Title:</b>	VNSG 1216 Basic Nutrition
<b>Credit Hours:</b>	Two (2)
<b>Class Hours:</b>	Two (2)
<b>Placement of Course:</b>	Level I
<b>Faculty/Faculty Information:</b>	Mary Lockett, B.S.N., M.S.N. R.N. Coleman College for Health Sciences 1900 Pressler, Ste. 312, Rm., 313 Office: (713) 718-7333 Email: <a href="mailto:Mary.Lockett@hccs.edu">Mary.Lockett@hccs.edu</a> Office hours: M-F 3:00-4:00 p.m.
<b>Prerequisites:</b>	Successful completion of TSI (Texas State Initiative) requirements & Successful completion of Test of Essential Academic Skills (TEAS)

**Catalog Course Description:**

Introduction to nutrients and the role of diet therapy in growth and development and in the maintenance of health. The student will identify the basic nutrients; discuss the role of nutrients in growth and development, health maintenance, and diet therapy.

**Course Objectives:**

- A. Member of the Profession
  - 1. The student shall identify issues affecting the vocational nurse role and the delivery of culturally-sensitive care to patients to support nutritional needs and diet alterations that ensure adequate nutrition as referenced to Member of the Profession competency B#3 and SCANS #2.
- B. Provider of Patient-Centered Care
  - 1. The student shall describe the physical and mental status and health needs and preferences of culturally, ethnically and socially diverse patients, including nutritional care to meet basic needs as referenced to Provider of Patient-Centered Care Competency B#4 and SCANS #2.
  - 2. The student shall interpret the impact of various belief systems and socio-cultural differences on accepted health behaviors and health practices such as selection of a nutritionally adequate diet as referenced to Provider of Patient-Centered Care Competency B#4 and SCANS #2.
- C. Patient Safety Advocate
  - 1. The student identify a safe, effective care environment conducive to the optimal health of the patient, including serving the correct diet to the correct patient or maintaining NPO or fasting state referenced to Patient Safety Advocate Competency B#2 and SCANS #2.
- D. Member of the Health Care Team
  - 1. The student shall identify community resources that ensure adequate nutrition to support dietary requirements during specific stages of life thus facilitating continuity of care as referenced to Member of the Health Care Team Competency C# 1 & # 3 and SCANS #2.

**CONTENT OUTLINE:**

- I. Role of the Nurse in Promoting Nutrition
- II. Basic Nutrition
  - A. Diet Planning Guides
    - 1. Food guide –The Plate
    - 2. Dietary guidelines for Americans
    - 3. Dietary Reference Intakes (DRIs), especially the RDAs
    - 4. Using diet planning guides simultaneously
  - B. Essential Nutrients
    - 1. Basic functions
    - 2. Digestion & metabolism
      - a. CHO & Fats
      - b. Proteins & Fat soluble Vitamins
      - c. Water sol. Vits & Major Minerals
      - d. Trace Minerals & Water (Deficiency & Toxicity will be included as indicated)
      - e. Diet Therapy will be integrated as required
- III. Life Cycle Nutrition
  - A. Pregnancy and Lactation

- B. Infancy
- C. Childhood
- D. Adolescence
- E. Adulthood

**Required Textbook:**

Nix, S. (2013). Williams' basic nutrition & diet therapy. St. Louis: Elsevier Mosby.

**Methods of Instruction:**

Lecture and Discussion, Power Point & Turning Point, Eagle Online LMS, Media/Audio-visual assisted instruction, Dry-erase Board, and Visual Aids

**Methods and Standards of Evaluation:**

**Grading Policy:**

The grade for this course is comprised of five components: 1) Unit exams, 2) Eagle Online Quizzes, 3) Eagle Online Assignments, 4) Pre-lecture quizzes/assignments, 5) Outside Class Assignment, and 6) Comprehensive Final Exam.

Unit Exams (4)...	60%
Assignments (4)	10%
Quizzes (avg. of 10).....	10%
Final Exam.....	16%
Pre-lecture Quizzes...	2%
Outside Class (Success Workshop)	
Assignment	<u>2%</u>
<u>Total</u>	100%

**Grading Systems:**

- 90-100 = A
- 80- 89 = B
- \*75-79 = C
- 74-60 = D
- BELOW 59 = F

\*An overall 75% average must be achieved on the combined written examinations, quizzes, and assignments to satisfactorily complete the course. Failing courses must be repeated as pre- nursing courses to meet admission requirements for the Vocational Nursing Program. **Course can only be repeated one time at HCC Coleman Health Sciences.**

Any course grade below 75% must be repeated for nursing credit. **ALL** unit exams and final exam grades will not be rounded. **NO CALCULATORS ARE ALLOWED DURING EXAMS.**

**Evaluation Methods:**

Exams are administered online.

1. Four (4) multiple choice and alternate form question unit examinations -50 questions each per one (1) hour exam
2. A comprehensive final examination -100 multiple choice and alternate forms questions, two hours will be provided for the final. If you are late to any exam, **you must complete the exam within the class time allocated for the exam.** For example, if the exam is scheduled

from 8-9 a.m., you must complete the exam by 9 a.m. **You will not have additional time in which to complete the exam.** You are permitted **only one entry into any exam, and only one entry into the exam review.** Non-compliance with this rule will result in a written Negative Student Incident Report and awarding of a grade of zero(0). Instructor's decision is final. *Any form of scholastic dishonesty can result in not being considered for admission to the program.* Any student leaving the testing area will not be allowed to re-enter the testing area.

**Comprehensive finals will be given only at the stated scheduled time and date and will not be reviewed. Any final examination not taken at the scheduled time and date will receive a zero (0).**

### **Testing Policy:**

When you complete an exam, and again when you complete the review, you must leave the classroom/computer lab by going outside of the glass door at the front of the lab or the classroom/lab door until your instructor tells you that both the exam and review have been completed by the entire class. You are not allowed to remain anywhere inside the classroom/lab and work at another computer in the open work area, nor in an open lab, etc. Cell phones and pagers are not permitted in the computer lab during examinations since the noise is disturbing during the exam. Any use of these devices will be grounds for immediate dismissal from the computer lab for the remainder of the test and review session. The minutes absent will count toward accumulation of absence hours. Student will receive a **zero** on the examination and a written **NEGATIVE Student Incident Report** regarding this infraction.

Exam reviews will be announced. Students must record their grades on the grade sheet provided after leaving the review.

### **Course Requirements:**

Assignments and quizzes in Eagle Online will be scheduled by professor. **It is the student's responsibility to check Eagle Online daily for any new announcements, assignments, quizzes, etc. and due dates.** Quizzes are password protected. The password is the name of the quiz without spaces, eg. **Review1 (uppercase "R")**.

The Outside Class Assignment is required attendance at the Student Success Workshop entitled **Time Management, Study Strategies, & Test Taking Techniques**. This workshop is held in a classroom designated by The Center personnel. Students **must sign up prior to attending** which can be done online: at [hcc.lsc@hccs.edu](mailto:hcc.lsc@hccs.edu) or by calling 713-718-7506. (Coleman Student Services website: <http://coleman.hccs.edu/portal/site/coleman/>) see RESOURCES. Students can also sign up in person by stopping at The Center, Suite 100 to confirm attendance. **Student must use the attached form** which has to be signed and dated by the workshop presenter and returned to the instructor for credit to be given. If your attendance is not verified by valid signature of The Center staff member the grade will be zero (0) for this component of the course grade. **The form must be submitted prior to the first course examination scheduled for Thursday, September 22, 2016 to receive credit.**

### **Make up Policy:**

Any regularly scheduled course exam will not be made up. If the student must be absent on the day an exam is given a grade of 50% will be given. Quizzes and assignments **will not be**

re-opened in Eagle for make-up. These must be completed during the designated time period.

### **EGLS<sub>3</sub> -- Evaluation for Greater Learning Student Survey System**

**At Houston Community College, professors believe that thoughtful student feedback is necessary to improve teaching and learning. During a designated time, you will be asked to answer a short online survey of research-based questions related to instruction. The anonymous results of the survey will be made available to your professors and division chairs for continual improvement of instruction. Look for the survey as part of the Houston Community College Student System online near the end of the term.**

### **Attendance and Withdrawal Policy:**

Attendance will be taken at the beginning of each class or at anytime during the class as deemed necessary by the instructor. Students will be responsible for signing the roll each class day. **Failure to sign the roll will result in an absence.** Absence is defined as any time not in class at the scheduled time or leaving class before the scheduled time. Consistent, punctual attendance is essential. Students who are absent more than 12.5% of the total hours of instruction (a total of 4 hours), from this course, will be administratively withdrawn. The State of Texas has begun to impose penalties on students who drop courses excessively. For example, if you repeat the same course more than twice, you have to pay extra tuition. In 2007, the Texas Legislature passed a law limiting new students (those starting college in Fall 2007) to no more than **six** total course withdrawals throughout their academic career in obtaining a baccalaureate degree (or certificate). There may be future penalties imposed. You **MUST** visit with a faculty advisor, a counselor, or on-line student services at <http://studentservicesonline.hccs.edu/> prior

to withdrawing (dropping) the class and this must be done prior to **October 28, 2016 at 4:30 p.m.** to receive a “W” on your transcript. After that deadline, you will receive a failing grade of “F”.

If you either arrive in class after the scheduled time or leave class before the scheduled time, the number of minutes not present will count towards the accumulation of absence hours. If you arrive late, leave during the class session, but will return, or leave before class dismissal, you must sign-in and/or sign-out the time with your signature.

**TARDIES:** Three (3) tardiness will be equivalent to one absence.

**LEAVING EARLY:** Three times (3) leaving early will be equivalent to one absence. The student will be responsible for obtaining all materials notes, handouts, and information missed during any absences. The instructor will not be responsible for any materials/ information not obtained during a student’s absence.

### **GUIDELINES FOR CLASSROOM LEARNING EXPERIENCE:**

Pagers and telephones that emit sounds are not permitted in the classroom since the noise is disturbing to the class. Computers, i-pads or other electronic devices are not permitted in the classroom. Any use of these devices as described will be grounds for dismissal from the classroom for the remainder of the class session. The minutes absent will count toward

accumulation of absence hours. Student will receive a written NEGATIVE Student Incident Report regarding this infraction.

SCAN Competency:

The VNSG 1216 course covers one SCANS Workplace Competency.

**Maximize Resources**

#2 Allocate Money Resources

**SCANS Objective:**

Upon successful completion of VNSG 1216 the student shall be able to use knowledge gained about foods, sound nutritional practices, and actual food costs to be able to take a projected budgeted amount of funds and appropriately feed an individual or a family providing adequate nutrition for all persons with consideration of their specific needs. Attainment of SCANS competency will be assessed on course examinations and in course assignments.

**Students with Disabilities:**

**Statement of Academic Honesty:**

Any student participating in any form of scholastic dishonesty will be dismissed from the course immediately. “Scholastic Dishonesty” includes, but is not limited to cheating on a test, plagiarism, and collusion.

1. “Cheating on a test” includes:
  - a. Copying from another student’s test paper or computer monitor, using during a test- materials not authorized by the person giving the test.
  - b. Collaborating with another student during a test without permission.
  - c. Knowingly using, buying, selling, transporting, or soliciting in whole or in part an unadministered test.
2. “Plagiarism” means the appropriation of another’s work and the unacknowledged use of that work.
3. “Collusion” means the unauthorized collaboration with another person in preparing any written assignments.. Academic dishonesty also includes falsifying attendance documents. “A student signs only his/her name on the attendance sheet and never signs the attendance sheet for another student. Signing for another student is a form of *academic dishonesty and grounds for dismissal from the course.*”

**HCCS Policy on use of Recording Devices:**

"Use of recording devices, including camera phones and tape recorders, is prohibited in classrooms, laboratories, faculty offices, and other locations where instruction, tutoring, or testing occurs. Students with disabilities who need to use a recording device as a reasonable accommodation should contact the Office for Students with Disabilities for information regarding reasonable accommodations."

**Major Content:**

- Role of the Nurse in Promoting Nutrition
- Basic Nutrition
- Diet Planning Guides
- Essential Nutrients
- Diet Therapy (Integrated) Life Cycle Nutrition
- Pregnancy and Lactation Infancy
- Childhood Adolescence Adulthood

**Course Calendar: EXAMINATION DATES:**

Exam #1	September 22, 2016	12:00 p.m.- 1:00 p.m.*
Exam #2	October 13, 2016	12:00 p.m.- 1:00 p.m.
Exam #3	November 10, 2016	12:00 p.m.- 1:00 p.m.
Exam #4	December 01, 2016	12:00 p.m.- 1:00 p.m.
FINAL EXAM	December 08, 2016	12:00.m.-2:00 p.m. Includes Review

**\*Exam Reviews will be conducted immediately following class 2:00-2:30 p.m.**

**Other Student Information:**

**In the Eagle (Moodle LMS) online portion of the course the quizzes and assignments although graded, are to be used to help you review and prepare for course examinations. Printing or copying these quizzes will constitute “Scholastic dishonesty,” (see p. 6 above).**

**ALL ASSIGNMENTS MUST BE SUBMITTED IN THE ASSIGNMENT AREA IN EAGLE. ASSIGNMENTS SUBMITTED INCORRECTLY (i.e., email, etc.) WILL NOT BE GRADED.**

**Students with paid tuition enrolled in the course will automatically be enrolled in Eagle. Your password should be difficult for anyone else to guess.** Your Eagle Online login user ID is the same as your HCC User ID (sometimes referred to as the “W” number). [For example: W0034567]. All HCC students have a unique User ID. If you do not know your User ID, you can look it up by visiting the HCC home page:

From [www.hccs.edu](http://www.hccs.edu), under the column Student Support, click on Online courses link then click the Eagle Online Help Desk. **To Login to Eagle go to <https://eo2.hccs.edu>**

- Use the information below for “How tos” and Help with Eagle Online  
**EagleOnlineOrientationMoviesforversion1.9**

Your default Eagle Online password at the beginning of the term is: "distance" (lowercase). It is your responsibility to change your password after the first login .

**Make your password something that you will remember but will be hard for someone else to guess. NOTE: Do not deviate from these instructions.**

**IF YOU FORGET YOUR PASSWORD please call 713-718-5275 option 1 for assistance.**

**NOTE: DO NOT DEVIATE FROM THE ABOVE INSTRUCTIONS. DO NOT CALL ME. I CAN NOT GIVE YOU ACCESS TO THE COURSE IN Eagle Online if you forget your password or can not access the course.**

**Before your first exam in VNSG 1216, read Test Taking Hints and Review Exam Guidelines below.**

**How to Obtain Grades:**

The following policies are followed in informing students of their grades, and are in keeping with the HCCS policies regarding grade information dissemination:

The student may initially learn of the grade earned in a VNSG prefix class immediately after online testing or in private, individual counseling sessions scheduled with the class instructor.

A student may receive electronic notification, via the internet, of the final grade at the time HCCS posts electronic grades to all students.

The grade a VNSG student earns in a course identified with a VNSG prefix will not be posted, and will not be given to anyone other than the student.

A telephone inquiry to the VNSG Program professor or staff concerning a student’s grade, even if by the student, **will not** be honored.

**Examination Guidelines:**

All examinations are administered by computer, hereafter referred to as Online Testing in the HSC Coleman computer lab or computer lab on your respective campus. All students must follow the guidelines for Online Testing in this Vocational Nursing Course. Exams are **FORWARD ONLY**. You will not be allowed to go back.



Students must:

Log onto the computer in the computer lab assigned by simultaneously depressing the Ctrl/Alt/Delete keys.

On the next screen enter hsc (all lower case) for User ID and Hcc@1900 as Password to enter Par Test, the online testing program (Coleman Campus only).

On the next screen when asked for Instructor, scroll down to find the course name (eg. VNSG1216) when testing in Nutrition.

On the next line enter the Exam Name given by the exam proctor (written on the board). On the next line enter the Password also given by the exam proctor (written on the board). On the next screen enter your name.

When prompted to enter your student ID, enter **only** the **last four** digits of the student ID number to sign on to the scheduled test.

Log on to the examination one time only during the scheduled examination as directed by the professor or proctor.

Use the designated examination name and password **only** during the scheduled testing session.

After completing the examination be sure to **Logout** of the exam. It is not necessary to shut down the computer.

Attend the scheduled examination review for each exam. Exams will not be reviewed after the scheduled examination review. A student must not attempt to log on the computer for a review using any examination name/password except the one specified for review by the professor. \*\*

Direct any question to the professor or proctor **only**. Remain seated and raise your hand for assistance.

Focus only on the monitor for the computer on which you are testing. Any student the professor/proctor observes looking on any other monitor, or attempting to exchange information (giving or receiving) with another student, will be immediately dismissed from the testing room and a grade of zero "0" will be assigned. Student will not be allowed to re- take the test.

Student must avoid participating in any form of "Scholastic Dishonesty". \*\* ***Any form of scholastic dishonesty can result in dismissal from the course with no consideration for admission to the program.***

On the day of the scheduled examination, **leave all books, backpacks, purses, cell phones, and roller carts in assigned locker or your car. Do Not** bring these items to computer lab. Audible devices such as cell phones are not allowed in the testing room. Owner of any device that emits a sound during the exam will be dismissed from the testing room, a grade of "0" will be assigned, and a NEGATIVE Student Incident report will be written.

Avoid consuming a large volume of fluids before exam.

Locate and use restroom before entering the computer lab testing area.

**Do not enter the** computer lab prior to the examination time. Remain in the student lounge area. **Do not enter** the lab until you are instructed to do so by the professor/proctor.

Exams are **FORWARD ONLY**. You will not be allowed to go back.

Upon completion of exam, you must leave/exit the computer lab. (Do not stop at open lab area-Coleman Campus). Non-compliance will result in a written NEGATIVE

Student Incident report.

**\*\* Thirty (30) minutes will be allowed for review. No pens, pencils, paper, etc. will be allowed during review. If there are questions regarding the exam during review, the student must make an appointment to meet with the Professor.**

**Failing Unit Examinations:**

Students failing an exam will be required to meet with Professor to obtain an Rx for Vocational Nursing Program Success. The Rx must be returned to the Professor prior to the next exam, *indicating by signature that the prescription/directions were followed.* The student will also be referred to an HCCS Counselor via the Early Alert system. An appointment with the Counselor is also required.

The failing of unit exams will require the student to seek and attend tutorial assistance from the designated professor, or tutorial services. The student will also be referred to the Academic Success center for assistance with study skills and test-taking techniques. *The student must present written confirmation of tutorial attendance before the next scheduled exam.*

**Professional Behavior:**

Students must maintain high standards and student behavior must be above reproach at all times. Any student who resorts to physical violence or inappropriate behavior will be referred to the Dean for dismissal from the course.

**In the classroom and or computer lab a student is to:**

Remain quiet during class. If there is need to communicate with the professor or to ask a question, the student is to raise his/her hand.

Refrain from walking across the front of the group when arriving late to the class in progress. The professor has the option of locking the door until break time and not allowing students to enter.

Refrain from interrupting when someone else is speaking. If a student is disruptive, the professor is authorized to ask the student to leave the classroom.

When speaking, address faculty and fellow students in a professional and respectful manner.

Turn-off all personal communication devices (cell phones, pagers, etc.) prior to the start of class. Non-compliance will result in a NEGATIVE Student Incident report and dismissal from the remainder of the class session (see Attendance).

Have only water, if desired, in the classroom. **NO FOOD OR DRINKS (OTHER THAN WATER) ARE TO BE CONSUMED IN CLASSROOMS AT ANY TIME AS PER BUILDING POLICY.**

**Water bottles cannot be placed on the desk or left open during the class session.**

**Inappropriate Behavior:**

Inappropriate behavior in the classroom or computer lab setting will not be tolerated. These behaviors include, but are not limited to:

Noisy gum chewing

Use of inappropriate language (profanity)\* Holding individual conversations

Sleeping in class

Standing up or moving around or rearranging seating during class lectures without professor's permission

Disruptions from cell phones, pagers, etc. (**Students will be asked to leave the class for the remainder of the class session and absence time will be cumulative.**)

Students who exhibit any of the above behaviors will receive a NEGATIVE written Student Incident Report. Any student receiving Negative Student Incident Report(s) classroom or computer lab related during the course **may not be considered for program admission.**

### **Professional Appearance:**

Dress and appearance comparable to that required of nurses regularly practicing is expected of a student enrolled in a VNSG course. Established guidelines for dress and appearance are as follows in the classroom setting: Attire for students attending class is conservative, appropriate street clothes. Clothing must not be too tight for free movement or for sitting, reaching and bending positions.

Blouses, shirts and casual tops that are clean and neat may be worn.

(Net shirts, halter tops, short crop tops, tank tops, undershirt type t-shirts, and any bare midriffs are not permitted)

Moderate lengths for dresses, skirts, split skirts and culottes for students are required and will avoid extremes in either direction

Shorts (inappropriate lengths) are not to be worn in the educational classroom setting.

House shoes/thongs are not appropriate in the educational/classroom setting at any time. Hairstyles must be socially acceptable. Hair must be clean and well-groomed

### **Notice:**

**Students who enroll in most courses for a third or more times will be charged an additional tuition of \$50 per semester credit hour and \$3.00 per contact hour.**

**Applicants enrolled in the recommended pre-nursing courses VNSG 1216 and VNSG 1320 may seek admission to the program upon successful completion of these courses. Registration in this course is limited to two times only. If a student is unsuccessful on a second attempt, a third enrollment will not be allowed. Courses repeated for a third attempt at any other college/university will not be accepted as substitution.**

### **IMMUNIZATION REQUIREMENT**

**Texas State Law requires that “any college student who lives on or off campus in Texas must receive meningitis vaccine if under 30 years of age and will be attending classes on campus.”**

**Hepatitis B Immunization-The Texas Department of Health has ruled that all health professions students “shall receive a complete series of hepatitis B vaccine prior to the start of direct patient care or show serologic confirmation of immunity to hepatitis B virus.”**

## **Americans with Disabilities Act (ADA)**

**HCCS recognizes its responsibility not to discriminate against anyone who has a documented disability that substantially limits one or more major life activities; has a record of such impairment; or is regarded as having an impairment. Specific policies have been established to enable students with documented disabilities who are otherwise qualified, to request accommodations which would allow them equal access to the College under Section 504 of the Rehabilitation Act of 1973 and under the Americans with Disabilities Act of 1990.**

**A new, updated letter of accommodation should be submitted to instructors within the first three days of each semester. Students who submit a letter of accommodation any time after the first three days of a semester should expect to begin receiving accommodations following a 24-hour time frame for instructors to implement new changes.**

**Obtaining reasonable accommodations is an interactive process that begins with the student's disclosure of his/her disability directly with the ADA Counselor in Ability Services. The ADA Counselor for the Coleman College is located in Room 101 of the Learning Success Center (LSC).**

## **Title IX: Sex Discrimination and Sexual Misconduct**

**The Houston Community College is committed to providing a learning and working environment that promotes personal integrity, civility and mutual respect in an environment free of discrimination and harassment on the basis of race, color, religion, sex, gender identity and gender expression, national origin, age, disability, sexual orientation, or veteran status.**

**Sex discrimination includes all forms of sexual and gender-based misconduct. Sex discrimination violates an individual's fundamental rights and personal dignity. HCC is committed to the principle that the working environment of its employees and the classroom environment for students should be free from inappropriate conduct of a sexual or gender-based nature including sex discrimination, sexual assault, sexual harassment, and sexual violence by employees, students or third parties. Sexual and gender-based misconduct is unprofessional and will not be tolerated and is expressly prohibited. Individuals who engage in such conduct will be subject to disciplinary action.**

**Title IX of the Education Amendments of 1972 ("Title IX"), 20 U.S.C. §1681 et seq., is a Federal civil rights law that prohibits discrimination on the basis of sex—including pregnancy and parental status—in educational programs and activities. Students who become pregnant during the program should consult with the Program Director as well as the Ability Services Counselor to be sure they understand their rights under Title IX. In situations that involve absence from class, this consultation may include a discussion about receiving Incomplete Grades instead of a full term withdrawal, the ability to voluntarily leave the program based on agreed terms for return, the opportunity to resume enrollment without being subject to a new admission process, and return with restrictions as long as accommodations provided through Ability Services effectively helps the student meet the Program's Essential Functions.**

**Students should contact the Counselor in Ability Services for assistance with requesting and receiving academic accommodations due to pregnancy or parental status.**

**Students who believe that they have been the victim of misconduct prohibited by these regulations may submit a compliant to initiate College action. More information regarding your rights under Title IX and compliant forms are available online at: <http://www.hccs.edu/district/departments/institutionalequity/title-ix-know-your-rights/>**

**Title IX Coordinator  
James David Cross, Director of EEO/Compliance  
HCC Office of Institutional Equity  
3100 Main, Room 702  
P.O. Box 667517  
Houston, TX 77266-7517  
(713) 718.8271**

**Differentiated Essential Competencies (DECs) Of Graduates of Texas Nursing Programs- Vocational Nursing (VN)**

VNSG 1216 Nutrition

<p><b>I. Member of the Profession</b></p>	<p><b>B. Assume responsibility and accountability for the quality of nursing care provided to patients and their families.</b>            3. Issues affecting the vocational nurse role and the delivery of culturally-sensitive care to patients and their families.</p>
<p><b>II. Provider of Patient-Centered Care</b></p>	<p><b>B. Assist in determining the physical and mental health status, needs, and preferences of culturally, ethnically, and socially diverse patients and their families based on interpretation of health-related data.</b></p>
	<p>4. Characteristics, concepts, and processes related to patients, including: gross anatomy; basic physiology and pathophysiology; psychosocial growth and development; basic psychopathology; ethical reasoning; and major cultural and spiritual belief and practices related to health, illness, birth, death, and dying.</p>
	<p><b>C. Report data to assist in the identification of problems and formulation of goals/ outcomes and patient-centered plans of care in collaboration with patients, their families and the interdisciplinary health care team.</b></p>
	<p>8. Concepts from basic sciences and support courses</p>
	<p><b>F. Identify and report alterations in patient responses to therapeutic interventions in comparison to expected outcomes.</b></p>
	<p>2. Factors indicating changes that have potential for life-threatening consequences based on knowledge of life sciences.</p>
<p><b>III. Patient Safety Advocate</b></p>	<p><b>B. Implement measures to promote quality and a safe environment for patients, self, and others.</b></p>
	<p>2. Methods for promoting safety in the patient care environment consistent with current standards and guidelines.</p>
<p><b>IV. Member of the Health Care Team</b></p>	<p><b>C. Participate in the identification of patient needs for referral to resources that facilitate continuity of care, and ensure confidentiality.</b></p>
	<p>1. Work setting and major community resources</p>
	<p>4. a. Functions of members of the interdisciplinary health care team.            b. Confidentiality regulations (e.g., HIPAA).</p>

Tentative Class Schedule FALL 2016

<u>DATE</u>	<u>WK</u>	<u>CLASS ASSIGNMENT</u>
<u>Thurs 08/25/16</u> <b>CLASS 12-1:30 p.m.</b>	1	Role of the Nurse in Promoting Nutrition Assignment Diet Diary using MyPlate.gov Basic Nut.-Diet Planning Guides Chapter 1 <u>Williams' basic nutrition &amp; diet therapy</u> Essential Nutrients <b>COMPUTER LAB ORIENTATION 1:30-2:15 p.m.</b>
<u>Thurs. 09/01/16</u>	2	Essential Nutrients cont'd.-Carbohydrates (CHO) Assignment given in class see Module for Chapter 2 <u>Williams' basic nutrition &amp; diet therapy</u>
<u>09/08/16</u>	3	Essential Nutrients-Fats Assignment as given in class Chapter 3 <u>Williams' basic nutrition &amp; diet therapy</u>
<u>Thurs.09/15/16</u>	4	Essential Nutrients cont'd-CHO, Fats /Protein Chapter 4
<b><u>Thurs.09/22/16</u></b>	5	<b>EXAM #1 (12:00-1:00) REVIEW Today 2:05-2:35 p.m.</b> Essential Nutrients Protein Chapter 4 <u>Williams' basic nutrition &amp; diet therapy</u>
<u>Thurs.09/29/16</u>	6	Essential Nutrients Protein cont'd Fat Soluble Vitamins Chapter 7 <u>Williams' basic nutrition &amp; diet therapy</u> Assignment see Module for VNSG 1216
<u>Thurs. 10/06/16</u>	7	Essential Nutrients Fat soluble Vitamins
<b><u>Thurs.10/13/16</u></b>	8	<b>EXAM #2 (12:00-1:00) REVIEW Today 2:05-2:35 P.M.</b> Essential Nutrients Water soluble Vitamins Chapter 7 <u>Williams' basic nutrition &amp; diet therapy</u>
<u>Thurs10/20</u>	9	Essential Nutrients Water soluble Vitamins
<u>10/27/16</u>	10	Essential Nutrients Water soluble Vitamins & Major Minerals Chapter 8 <b>LAST DAY FOR WITHDRAWAL Friday, October 28, 2016 @ 4:30 p.m.</b>
<u>Thurs 11/3/16</u>	11	Water soluble Vitamins cont'd./ Major Minerals Chapter 8/Trace Minerals
<b><u>Thurs. 11/10/16 &amp; 11/17/16</u></b>	12-13	<b>EXAM #3 (12:00-1:00 Review 2:00-2:35 P.M.)</b> Essential Nutrients Trace Minerals Chapter 8 <u>Williams' basic nutrition &amp; diet therapy</u> Water Chapter 9 <u>Williams' basic nutrition &amp; diet therapy</u>
<u>Thurs. 11/24/16</u>	14-	<b>HAPPY THANKSGIVING</b>
<b><u>Thurs 12/01/16</u></b>	15	<b>EXAM #4 (12:00-1:00 Review 1:00-1:30 p.m.)</b> Life Cycle Chapters 10-12 <u>Williams' basic nutrition &amp; diet therapy</u>
<b><u>Thurs 12/08/16 Exam</u></b>	16	<b>FINAL EXAM (12:00-2:00 p.m.) No REVIEW</b>

SCHEDULE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

I, \_\_\_\_\_ have read

the STUDENT AND FACULTY AGREEMENT and the course syllabus for VNSG

1216. I understand these guidelines and expectations, and I agree to abide by them.

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Student's Signature

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Date

Mary Lockett

Instructor's Signature

August 25, 2016

Date



**Coleman College for Health  
Sciences Center of Excellence  
Vocational Nursing  
Program**

Workshop Attendance  
Verification Form

This signed form verifies the attendance of the Student Success Fall 2016

Workshop entitled **Time Management, Study Strategies, & Test Taking  
Techniques.**

\_\_\_\_\_  
Name of Attendee

\_\_\_\_\_  
Date of Attendance

\_\_\_\_\_  
Signature of The Center Staff Presenter

\_\_\_\_\_  
Date Signed