

Faculty Curriculum Vitae

NAME: Dr. Matylda M. Osika

POSITION/TITLE: Adjunct Lecturer in Psychology

WORK EMAIL: Matylda.osika@hccs.edu

EDUCATIONAL BACKGROUND/TRAINING

2013

Ph. D. in Social Psychology
Minor in Health Psychology
University of Houston, Houston, TX, USA

RELEVANT TEACHING EXPERIENCE

Lecturer / Adjunct Lecturer

Spring 2017

Adjunct Lecturer, Lone Star College, Cy-Fair
Psychology 2301: **General Psychology**

- teaching 3 sections *face-to-face*

Adjunct Lecturer, Houston Community College
Psychology 2301: **Introduction to Psychology**

- teaching 1 section *face-to-face*

Psychology 2317: **Statistics in Behavioral Science**

- teaching 1 section *face-to-face*

Adjunct Lecturer, University of Houston
Psychology 2380: **Social Psychology**

- teaching 1 section *fully online*
- enrollment: 80 students

Fall 2016

Adjunct Lecturer, Lone Star College, Cy-Fair
Psychology 2301: **General Psychology**

- taught 3 sections *face-to-face*
- enrollment: 17-28 students

Adjunct Lecturer, Houston Community College
Psychology 2301: **Introduction to Psychology**

- taught 2 sections *face-to-face*
- enrollment: 23-32 students

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Adjunct Lecturer, University of Houston

Psychology 2380: **Social Psychology**

- taught 1 section *fully online*
- enrollment: 80 students

Spring 2016

Adjunct Lecturer, Lone Star College, Cy-Fair

Psychology 2301: **General Psychology**

- taught 3 sections *face-to-face*
- enrollment: 17-28 students

Adjunct Lecturer, University of Houston

Psychology 1300: **Introduction to Psychology**

- taught 1 section *fully online*
- enrollment: 79 students

Fall 2015

Adjunct Lecturer, Lone Star College, Cy-Fair

Psychology 2301: **General Psychology**

- taught 1 section *face-to-face*
- enrollment: 27 students

Adjunct Lecturer, University of Houston-D

Psychology 1303: **Introduction to Psychology**

- taught 1 section *face-to-face*
- enrollment: 30 students

Adjunct Lecturer, University of Houston

Psychology 1300: **Introduction to Psychology**

- taught 1 section *fully online*
- enrollment: 82 students

Spring 2015

Adjunct Lecturer, University of Houston-D

Psychology 1303: **Introduction to Psychology**

- taught 1 section *face-to-face*
- class enrollment: 13 students

Summer 2014

Lecturer, University of Houston Downtown-UP

Psychology 3320: **Research Methods in Psychology**

- taught 1 section *fully on-line*
- class enrollment: 20 students

Spring 2014

Lecturer, University of Houston Downtown-UP

Psychology 3320: **Research Methods in Psychology**

- taught 3 sections *fully on-line*
- class enrollment: 20 students per section

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Psychology 3301: **I/O Psychology**

- taught 1 section face-to-face
- class enrollment: 5 students

Fall 2013

Lecturer, University of Houston

Psychology 2380: **Introduction to Social Psychology**

- taught 1 section *face-to-face*
- class enrollment: 65 students

2010-2013

Focused on completing my comprehensive exams and my doctoral dissertation; graduated with a Ph. D. in Aug. 2013

Spring 2010

Instructor of Record, University of Houston

Psychology 2350: **Child Development**

- taught 2 sections *face-to-face*
- class enrollment: 50 & 55 students

Summer 2006-2010

Instructor of Record, University of Houston

Psychology 2380: **Introduction to Social Psychology**

- taught 2 sections *per semester face-to-face*
- class enrollment: 15-55 students per section

Spring & Fall 2006

Instructor of Record, University of Houston

Psychology 2301: **Research Methods in Psychology**

- taught 2 sections *per semester face-to-face*
- taught both the lecture component and the lab component of the course
- class enrollment: 35-50 students per section

For all courses listed above, duties included:

- syllabus creation and choosing appropriate instructional materials
- lecture, test, and assignment preparation
- lecturing on a weekly basis (use of web-ct vista, web-ct blackboard, D2L, power points, videos, demonstrations, class activities, class discussions)
- weekly office hours
- meeting with, helping, and guiding students according to need
- grading exams, quizzes, papers, literature reviews, article reviews, research proposals, and group presentations

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- maintaining a record of student grades and progress

Tutor **Fall 2010**

Tutor for Undergraduate Student Athletes
Athletics Department, University of Houston

Courses tutored:

Psychology 2301: **Research Methods in Psychology**

Psychology 3301: **Industrial/Organizational**

Psychology

Psychology 4321: **Abnormal Psychology**

Duties included:

- meeting with students on a weekly basis
- answering questions and explaining concepts
- teaching study skills
- helping with assignments and exam preparation

Teaching Assistant **Fall 2003 - Fall 2008**

Teaching Assistant, University of Houston
Assisted with the following courses (multiple sections):

Psychology 2301: **Research Methods in Psychology**

Psychology 2350: **Child Development**

Psychology 2380: **Social Psychology**

Psychology 3331: **Psychology of Gender**

Psychology 3347: **Problems of Normal Life**

Duties included:

- guest lecturing (including lecture preparation)
- proctoring exams (including material preparation)
- holding feedback workshops in order to provide students with one-on-one help and feedback regarding their research ideas and proposals
- weekly office hours and meeting with students according to need
- grading exams, quizzes, journal entries, papers, article reviews, research proposals, and literature reviews
- maintaining a record of student grades and progress

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ACADEMIC SCHOLARSHIP/RESEARCH/CREATIVE ENDEAVORS

Publications

Tobin, S. J., **Osika, M. M.**, & McLanders, M. (2014). Attitudes toward others depend upon self and other causal uncertainty. *PLoS ONE*, 9, e87677. doi:10.1371/journal.pone.0087677.

Manuscripts in Preparation

Osika, M. M. (in prep). *What to expect when you are expecting: An examination of expectancy confirmations, expectancy violations, similarity, and assumed similarity in dating relationships*. Manuscript in preparation, University of Houston.

Osika, M. M. (in prep). *Help me accept what I cannot change: The role of autonomy support in facilitating acceptance of change in romantic relationships*. Manuscript in preparation, University of Houston.

Professional Presentations

Tobin, S. J., & **Osika, M. M.** (2011). *Interpersonal attraction as a function of self and other causal uncertainty*. A poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), San Antonio, TX, USA.

Osika, M. M., & Tobin, S. J. (2010). *Uncertainty repels others: The influence of uncertainty on interpersonal attraction*. A poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Las Vegas, NV, USA.

Osika, M. M., Ross, L., Naus, M. J., Gilts, C., & Varghese, J. (2010). *The role of spirituality in finding benefits from stressful life events in breast cancer survivors and their peers*. A poster presented at the annual conference of the Society for Behavioral Medicine (SBM), Seattle, WA, USA.

Wickham, R. E., Tobin, S. J., & **Osika, M. M.** (2010). *The impact of priming implicit theories of relationships on individuals' responses to ambiguous relationship vignettes*. A poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Las Vegas, NV, USA.

Osika, M. M., & Knee, C. R. (2006). *To change or not to change: The role of autonomy support in facilitating acceptance of change in romantic relationships*. A poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Memphis, TN, USA.

Osika, M. M., & Knee, C. R. (2006). *To change or not to change: The role of autonomy support in facilitating acceptance of change within romantic relationships*. A talk presented at the University of Houston at the bi-weekly meeting for presenting on-going or recently completed social psychological research. Houston, TX, USA.

Osika, M. M. (2002). *Examining the role that expectations play in the context of romantic relationship dissolution: A longitudinal study*. A talk presented at the University of Calgary at the annual meeting for presenting psychological undergraduate honors theses. Calgary, AB, Canada.

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PROFESSIONAL AFFILIATIONS

2009 - Present	<i>Social Psychology Network (SPN)</i>
2007 - Present	<i>International Association for Relationship Research</i>
2004 - Present	<i>society for Personality and Social Psychology (SPSP)</i>

PROFESSIONAL DEVELOPMENT

Fall 2016	Canvas Training
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Spring 2014	QM Course #1: Design That Welcomes Your Students
	QM Course #2: Improving Your Online Course