1. Which of the following indicates the view of a psychodynamic therapist regarding the cause of psychological problems?
A. They occur as a result of client’s poor functioning.
B. They occur as a result of learned maladaptive behaviors.
C. They occur as a result of unresolved unconscious conflicts.
D. They occur as a result of inappropriate individual thoughts.

2. In the context of abnormal behavior, which of the following is true of deviant behavior?
A. A person who engages in deviant behavior typically poses a greater threat to himself than others.
B. The context of a behavior may determine whether it is deviant or not.
C. A person who engages in deviant behavior invariably poses a great threat to society.
D. An individual engaging in deviant behavior always finds it personally satisfying

3. The _____ is the name of the manual that was published in 1952 by the American Psychiatric Association for the major classification of psychological disorders in the United States.
A. Psychodynamic Diagnostic Manual (PDM)
B. Diagnostic and Statistical Manual of Mental Disorders (DSM)
C. International Classification of Diseases and Related Health Problems (ICD-10)
D. Latin American Guide for Psychiatric Diagnosis (GLDP)

4., _____ is an abnormal fear of being in crowds, public places, or open areas, sometimes accompanied by anxiety attacks.
A. Aerophobia
B. Generalized anxiety disorder
C. Social anxiety disorder
D. Agoraphobia

5. Matt often experiences unanticipated attacks of intense fear. During these episodes, he feels like fainting and has trouble catching his breath. Matt cannot identify the source of his feelings and worries that he might die of heart failure. In the context of psychological disorders, Matt is exhibiting the symptoms of _____.
A. disruptive mood regulation disorder
B. paranoid personality disorder
C. panic disorder
D. social anxiety disorder
6. Karen has been suffering from a disorder that is characterized by exaggerated and irrational worry that tends to interfere with her daily functioning. She can’t sleep properly and often complains of stomach aches. In spite of being constantly nervous and restless, Karen, however, cannot seem to find the specific cause of her worry. These symptoms have lasted for almost six months now. Which of the following disorders is Karen most likely to be diagnosed with?
A. Social anxiety disorder  
B. Generalized anxiety disorder  
C. Obsessive-compulsive disorder  
D. Bipolar disorder

7. Abigail has noticed that Rose, her roommate, experiences extreme shifts in her moods and behavior. Although Rose doesn’t sleep much, she is unusually energetic and optimistic. She is highly distractible and delusional. This period of euphoria has lasted more than a week and is in sharp contrast to the depression and fatigue Rose exhibited in the previous semester. Rose is most likely to be diagnosed with _____.
A. bipolar disorder  
B. hypomania  
C. attention-deficit/hyperactivity disorder  
D. persistent depressive disorder

8. _____ refer to psychological disorders that involve a sudden loss of memory or change in identity due to the separation of the individual’s conscious awareness from previous memories and thoughts.
A. Anxiety disorders  
B. Dissociative disorders  
C. Personality disorders  
D. Depressive disorders

9. What is main difference between psychiatrist and psychologist?

10. What are keywords for each of these therapies?
Psychoanalysis  
Person centered (client centered) therapy  
Behavior therapy  
Cognitive therapy  
Biomedical therapy