DAAC 1311 Counseling Theories

CRN# 16748 **Summer 2016**

Distance Education

3 hour lecture/48 hours per
semester/ 5 weeks

Instructor Information

Professor: Rich Rosing

Professor Contact Information: The way to contact the instructor is through Canvas Inbox

system or you can contact me at 713-718-5540

Office location: Suite 412, room 411, 1900 Pressler Dr. Houston:

Preferred and quickest is through the class e-mail system.

*Please feel free to contact me concerning any problems that you are experiencing in this
course. You do not need to wait until you have received a poor grade before asking for my
assistance.*
*Your performance in my class is very important to me. I am available to hear your concerns and
just to discuss course topics. Feel free to come by my office anytime during these hours.*

Syllabus is subject to change. Instructor will notify the students if a change in the syllabus is
warranted.

Course Description

Identify major counseling theories; define and explain techniques relevant to the major theories;
and discuss major approaches to treatment.

Prerequisites

Completion of developmental English classes or passing grades on the English portion of the
college assessment exam.

Course Goals
This course is an examination of the major theories and current treatment modalities used in the
field of human services.

End Of Course Outcomes

1. Identify major counseling theories
Students will be able to identify the major counseling theories by reviewing literature and answering basic questions from each chapter. Students will read case studies provided by instructor and decide best theory to apply.

2. Define and explain techniques relevant to the various theories. Student will participate in weekly discussions and will respond to another's thought concerning theories. Quizzes are administered on line for each theory. Assignments are given on each theory to identify techniques used that apply to that theory.

3. Identify major approaches to treatment. At the end of the course the student will be given 10 case studies to review and tell instructor if any of the methods in this course apply to that method.
Reasons given for each method will be listed by student and discussed by student.

Course Student Learning Outcomes
End-of-Course Outcomes: Identify major counseling theories; define and explain techniques relevant to the various theories; and identify major approaches to treatment.

Learning Objectives
An examination of the major theories and current treatment modalities used in the field of counseling.
Identify major counseling theories; define and explain techniques relevant to the various theories; and identify major approaches to treatment

Program/Discipline Requirements

The Human Services Technology program is accredited by The Council for Standards in Human Services Education. The Human Service discipline discusses academic and practicum site difficulties or acts of dishonesty and determines the best solution. This committee reviews practicum applications and reserves the right to add to policy statements with a 3 month notice

5 week Week Course Calendar
Subject to change by instructor
See the calendar located in Canvas.

Canvas
The course is being taught in Canvas. If you are having Office difficulties signing on contact IT at 713-718-8800 Option 1.

If you are unsure of how to do navigate through canvas, there is a ? icon with Help written under

it. Click on it and go to Canvas Instructional Guides for students. You should be able to figure it out from there depending on your issue. You may also choose to search the internet for student issues related to Canvas. There are many sources out there to assist you.

Instructional Method:

As an instructor, I want my students to be successful. I feel that it is my responsibility to provide you with knowledge concerning the field of Human Services, modeling good teaching strategies, and organizing and monitoring the field experience that allows you to connect the information that you learn in this course to the real world of Human Services.

This is a distance education course which places much of the responsibility of your learning on you as a student. You will be reading material related to your field the rest of your professional life. It will be up to you to have thoughts, beliefs and opinions about what you read. Hopefully you will have others around you that you can discuss those ideas with. It is through your reading of materials and discussing it with you peers that you will continue to accumulate knowledge.

I am here as a resource for you. To help guide you in that process. I am not here to tell you what you need to pass a test in order to pass the course.

Instructor Requirements

<u>As your Instructor, it is my responsibility to</u>**:**
- Provide the grading scale and detailed grading formula explaining how student grades are to be derived
- Facilitate an effective learning environment through class activities, discussions, and lectures
- Description of any special projects or assignments
- Inform students of policies such as attendance, withdrawal, tardiness and make up
- Provide the course outline and class calendar which will include a description of any special projects or assignments
- Arrange to meet with individual students before and after class as required
- Instructor will place on the syllabus all required work for the semester. Mistakes or serious changes will be positive for the student.
- It is the instructor's policy to not accept late work.
- Instructor may take up to 14 days to correct written assignments

<u>To be successful in this class, it is the student's responsibility to</u>**:**
- Attend class and participate in class discussions and activities every other day
- Read and comprehend the textbook
- Complete the required assignments and exams
- Ask for help when there is a question or problem using the email inside the classroom
- Keep copies of all paperwork, including this syllabus, handouts and all assignments
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Student assignments

Assignments have been developed that will enhance your learning. To better understand a topic, you will be given assignments on key information that you will need to remember for your success in your career as a Human Service worker. All assignments must be submitted with the correct file name. Lastname_firstinitial_assignmentname_DAAC1311. Students have access to Office 365 which allows all students to have the latest Microsoft Suite. Go to https://login.microsoftonline.com/ and use your student ID to include @student.hccs.edu and password

Grading Criteria
Your instructor will conduct quizzes, exams, and assessments that you can use to determine how successful you are at achieving the course learning outcomes (mastery of course content and skills) outlined in the syllabus. If you find you are not mastering the material and skills, you are encouraged to reflect on how you study and prepare for each class. Your instructor welcomes a dialogue on what you discover and may be able to assist you in finding resources on campus that will improve your performance.

I will drop the two lowest grades for the Chapter quizzes, DSE, DSE discussions, and Video Discussion. Miscellaneous discussions will be included under Video Discussions. That accounts for any mishap for computer glitches or you just didn't do it.

Student Grade Criteria

40% Chapter quizzes/tests

15% Chapter Double Sided Entries

10% DSE Discussions

15% Assignments

10% Video Discussion assignments

10% My Favorite Video Assignment

2 chances at each quiz- average score accepted (please note 1 attempt and second attempt are different) There is a 12 hour time limit between each attempt.

Discussions:
Discussions are there to promote interactions between students. There will be an original posting date as well as an end date for replies. Word count will be posted for each discussion when warranted. In order to receive the 50 points for your original post it must be done by the time posted in the discussion. You are eligible to receive 25 points for each reply up to 50 points. You must have an original post and respond to at least two discussions in order to get the full points. Your replies must a substantive response. Just saying I agree or you are right will not be enough. You must include why you agree or why you believe the way you believe.

I think I was able to change the dates on all the discussions. The first week original posting in the discussion will be Friday with a due date of 11:59 on Sunday. For weeks 2, 3, 4, the original posting date will be Thursday at 11:59 and a closing time of Sunday at 11:59. For week 5 the original posting time will be Tuesday at 11:59 with a closing date being Thursday at 11:59. I need to have time to grade assignments and discussions before grades are due.

Grading Scale

90 - 100 = A 80 - 89 = B 70 - 79 = C 69 and below = F

There are NO D's in Human Services Program.

HCC Grading Scale

The Human Services Technology Program does not give Ds and any student earning a 69% or below will not be successful moved on to next skill level. Students must have a 3.0 grade point average in Human Services classes to apply for a practicum.

IP (In Progress) is given only in certain developmental courses. The student must re-enroll to receive credit. COM (Completed) is given in non-credit and continuing education courses. To compute grade point average (GPA), divide the total grade points by the total number of semester hours attempted. The grades "IP," "COM" and "I" do not affect GPA.

Instructional Materials

Theory and Practice of Counseling and Psychotherapy by Gerald Corey, **ninth edition** Brooks/Cole Cengage Learning.

HCC Policy Statements
Access Student Services Policies on their Web site:
http://central.hccs.edu/students/student-handbook/

Access DE Policies on their Web site:
All students are responsible for reading and understanding the DE Student Handbook, which contains policies, information about conduct, and other important information. For the DE Student Handbook click on the link below or go to the DE page on the HCC website.

The **Distance Education Student Handbook** contains policies and procedures unique to the DE student. Students should have reviewed the handbook as part of the mandatory orientation. It is the student's responsibility to be familiar with the handbook's contents. The handbook contains valuable information, answers, and resources, such as DE contacts, policies and procedures (how to drop, attendance requirements, etc.), student services (ADA, financial aid, degree planning, etc.), course information, testing procedures, technical support, and academic calendars. Refer to the DE Student Handbook by visiting this link:
http://de.hccs.edu/media/houston-community-college/distance-education/student-services/DE-Student-Handbook.pdf

Access CE Policies on their Web site:

http://www.hccs.edu/continuing-education/

ADA

Any student with a documented disability (e.g. physical, learning, psychiatric, vision, hearing, ect.) who needs to arrange reasonable accommodations must contact the Disability Services Office at the respective college at the beginning of each semester. Faculties are authorized to provide only the accommodations requested by the Disability Support Office.

The Distance Education Student Handbook contains policies and procedures unique to the DE student. Students should have reviewed the handbook as part of the mandatory orientation. It is the student's responsibility to be familiar with the handbook's contents. The handbook contains valuable information, answers, and resources, such as DE contacts, policies and procedures (how   to drop, attendance requirements, etc.), student services (ADA, financial aid, degree planning,   etc.), course information, testing procedures, technical support, and academic calendars. Refer to the DE Student Handbook by visiting this link:

Academic Honesty, On Line Tutoring

HCC provides FREE online tutoring in writing, math, science, and other subjects. Click on the ask online button in the upper right hand corner of the blackboard listings page. This directs students to the online tutoring site http://hccs.askonline.net/ . All of the assignment, discussions and quizzes are completed on line and by registering for a
distance education class you are agreeing to not receive help.

Student Attendance, 3-Peaters, Withdrawal deadline

The state of Texas imposes penalties on students who drop courses excessively. Students are limited to no more than 6 total course withdrawals throughout their education career at a Texas public college or universities. HCC charges a higher tuition for students registering for the third or subsequent time. If you wish to be withdrawn from your class this can be done on line anytime before withdraw due date or on a campus with a registrar. Pay special attention to the deadlines. At the end of the course if you have not officially withdrawn you will receive the grade you have earned.

In addition to tuition there is a $24. Fee for each HCCS distance education class.

As stated in the HCCS catalog students are expected to attend classes regularly. Students in DE courses must log into their Eagle Online class or they will be counted as absent. Although it is the responsibility of the student to drop a class for non-attendance, the instructor also has the authority to block a student from accessing Eagle Online, and or drop a student for excessive absences or failure to participate.

DE students who do not log into their Eagle Online class before the Official Day of Record will

AUTOMATICALLY dropped for non-attendance. Completing the DE online orientation does not count as attendance.

HCC has instituted an Early Alert System by which your professor may "alert" you and DE counselors that you might fail a class because of excessive absences or poor academic performance. International Students. Please contact 713-718-8520 if you have any questions about your visa status.

HCC Student Services Information
Distance Education Advising and Counseling Services
Much distance education information can be found on the DE student services website www.de.hccs.edu For fastest DE counseling services e-mail decounseling@hccs.edu
Counselors and student services associates can assist students with admissions, registration, entrance testing requirements, degree planning, transfer issues, and career counseling. In-person confidential sessions, can also be scheduled to provide brief counseling and community referrals to address personal concerns impacting academic success.

Formatting Assignments/Papers:

APA formatting- http://library.hccs.edu/

Psychology papers

Sample APA papers: http://bcs.bedfordstmartins.com/resdoc5e/

Paper submittal for review: http://hccs.askonline.net/ this is a FREE service through HCC.

Submit your papers prior to sending them to me through Askonline tutors.