



**Human Service Technology Program
Coleman College for Health Sciences**

**DAAC 1311
Counseling Theories**

CRN: 17945 Fall 2018

Coleman Tower – Room 301 | 1:00pm - 3:50 pm | Thursday

Credit Hours – 3.00-hour Hybrid | 48 hours | 16 weeks (8/27/18 - 12/13/18)

Official date of record: 12/17/18. Last day to withdraw: 11/2/18

Syllabus

Professor

Dr. Rick Parrott LCSW-S. My goal as a professor is to inspire you to learn and to challenge you to reach your fullest potential in this course. Please read emails and announcements regularly.

My Teaching Philosophy

I am pleased that you are in my class. Although you may look at this class as a stepping-stone to furthering your education, I hope you recognize that as the class proceeds you will be learning important lifelong skills that may help you in other classes, your career, and your personal life.

I base my teaching principles on the theories of a learning-centered class consisting of the following basic principles:

- Promoting student-faculty interaction and involvement
- Encouraging cooperation among students
- Inspiring active learning and critical thinking
- Giving prompt feedback
- Emphasizing professionalism and appropriate time management
- Respecting diverse talents and learning styles

I encourage you to read this Syllabus and become familiar with all its sections. The syllabus describes and outlines the structure of the course, your obligations, explanations of how you will be evaluated and critical logistic and procedural information

about this course. Registration in this course and acceptance of this syllabus constitutes a binding agreement between student and professor.

Professor Contact information

While you are in this class, you are to use the Canvas email to contact me throughout the semester. If you receive an Incomplete status, I am to be contacted exclusively through my HCC email.

The college address is: 1900 Presser Dr. Houston, TX. 77030. My HCCS email is: rick.parrott@hccs.edu . Phone #: 713-718-5533.

Office Location and Hours

Coleman College Campus, Suite 412, Room 410. Office Hours: Monday - Thursdays at 2:00 - 4pm. You are welcome to drop-by on an as needed basis and/or schedule a private appointment.

Type of Instruction

Hybrid and Lecture.

Course Description

DAAC 1311 is a survey of various approaches to counseling. The course is a mixture of lecture, discussion, experiential learning, demonstrations, role playing, viewing video counseling sessions, and practice of the major contemporary models of counseling. Ethical and professional issues are also addressed.

Prerequisites

Recommended: DAAC 1417

Course Student Learning Outcomes (SLO.)

The purpose of the course is to expose you to a variety of contrasting theoretical models underlying both individual practice in counseling. Specific objectives are:

1. To provide you with information about the therapeutic process and the practical elements of the counseling interaction.
2. To provide you with an experiential laboratory to learn and practice listening and attending skills essential to the counseling process.
3. To develop an interest in reading in the counseling field.
4. To encourage your integration of theoretical and experiential learning to form your own personal model of the counseling process.
5. To gain an understanding of ways of applying 11 theories to specific cases.
6. To encourage you to apply all the theories you are studying to yourself personally.

Learning Objectives (Numbering system should be linked to SLO.)

1. To expose you to a variety of ethical and professional issues in counseling and to guide you in developing a position on these issues.
2. To develop self-evaluation skills, writing skills, and critical thinking skills.
3. To challenge you to look at your own qualities that support and hinder your attempts at being therapeutic for others.
4. Demonstrate understanding of social culture.
5. Facilitate the change process.

Instructional Methods

Web enhanced. MindTap is a study platform by the Cengage Publisher. Readings, case studies, service-learning, learning communities, exams, lecture/discussion, simulations, discussion questions, role play practical experience, live supervision, observations, and the use of personal experiences as a learning format.

INSTRUCTIONAL MATERIALS

Required Textbook

Corey, G. (2017). Theory and Practice of Counseling and psychotherapy. 10th Ed. E. Cengage Learning, Boston, MA. ISBN: 978-1-305-26372-7 and Loose-leaf edition ISBN: 978-1-305-85746-9.

CLASS TIME SCHEDULE

16 Week Calendar: Please refer to the Online Canvas class calendar.

Class Time Schedule:

1:00pm - 1:50pm Lecture

1:50pm - 2:00pm Break

2:00pm - 2:50pm Seminar

2:50pm - 3:00pm Break

3:00pm - 3:50pm Seminar

PROFESSOR'S GRADING CRITERIA

Attendance.....	10%
Student Responsibilities and Behavior/Attitude.....	10%
Chapter Exams.....	15%
Integrative Paper.....	25%
Weekly Assignments.....	20%
Holocaust Museum Paper.....	20%

Your professor will administer assignments that you can use to determine how successful you are at achieving the course's learning outcomes (mastery of course content and skills) outlined in the syllabus. If you find you are not mastering the material and skills, you are encouraged to reflect on how you study and prepare for each class. Your professor welcomes a dialogue on what you discover and may be able to assist you in finding resources on campus that will improve your performance.

STUDENT ASSIGNMENTS & OBLIGATIONS

Files

All files are to be submitted digitally generated as a Word Document with the file extension being **doc** or **docx** or **PDF**, depending on the assignment. When uploading your file, title it with your first and last name and the name of the assignment e.g.: John Doe Assignment 1. Five (5) points can be subtracted for each file labeled incorrectly. Late files are not accepted resulting in a score of 0 for that assignment. Submitting a portion of work with no effort in following the grading rubrics can result in a failing score. I recommend you have your work edited by utilizing Upswing: hccs.upswing.io.

Countertransference

Countertransference, a major focus of the design of this course, is defined as all the conscious and unconscious images, feelings, behaviors and impulses felt and experienced because of the course materials and lectures. As a major part of your learning, it is important for you to understand how to use your countertransference feelings in your training in the profession of counseling.

Class Confidentiality (Part of student responsibility grade)

Maintaining confidentiality is not only a professional responsibility but a requirement of this class measured by the Student Responsibilities and Behavior/Attitude rubric. In the natural progression of this class, students may self-disclose very private information. To protect those who self-disclose, students are not to record in any fashion or share any information outside of this class.

If you feel there has been a breach of your confidentiality, bring this to Dr. Parrott's attention who will investigate and conclude the results.

Those who are found guilty of any type of breach of confidentiality may be cited for academic dishonesty, asked not to return, and administratively dropped from this course. If the breach is after the drop date, then the student may receive an F for the course. A note of this violation will be posted in the student's record.

Weekly Chapter Exams (15% of your grade)

Multiple-choice timed exams will be online through Canvas reflecting the required readings. Check the calendar and exam link for dates. Exams will be graded in the typical point fashion.

Exams will be available after class for 48 hours. Exams are open-book. When a student submits an exam, it is clearly acknowledging that: "The student has neither given nor received help while taking an exam, nor have witnessed anyone else do so."

Integrative Paper (25% of your grade)

Write an integrative paper that articulates your personal theoretical orientation to counseling. The rubrics for this paper are in the handout. This assignment will be graded in the typical point fashion.

Weekly Assignments (20% of your grade)

Weekly assignments cover material from each chapter studied. Grading rubrics are found in each file.

Holocaust Museum Paper (20% of your grade)

This assignment is a powerful experience in understanding the development of Existential Therapy developed by Dr. Viktor Frankl (Chapter 6). You are to visit the museum and write a paper reflecting your experience. See the handout for grading rubrics. You are encouraged to visit the museum before we discuss Chapter 6 to gain a full "experiential meaning of life."

PROFESSOR'S REQUIREMENTS

Student Responsibilities/Behavior/Attitude Grading Criteria (10% of your grade)

1) Attend and be prepared before class by reading and completing assigned work.

2) Submit assignments, according to instruction, on time—no late assignments are accepted.

3) Demonstrate emotional stability (i.e., congruence between mood & affect), self-control (i.e., impulse control) & frustration tolerance in relationships with professors and peers.

- 4) Actively participate in lectures, discussions, and activities.
- 5) Open to feedback by responding non-defensively & by altering behavior and academic work in accordance to feedback.
- 6) Professionalism: Student behaves and wears appropriate dress, demonstrates cooperative and collaborative attitudes of professionalism toward professors and peers.
- 7) Communicate with Dr. Parrott concerning any academic issue and/or difficulty, preferably before it becomes a significant problem.
- 8) Put forth your fullest potential on all assignments and readings. You earn your grades.
- 9) Maintain class confidentiality.
- 10) Adhere to the college's academic standards, guidelines and policies.

Students with an overall hostile attitude and/or behavior will receive a score of 0. Students who do not demonstrate any one or a combination of the above responsibilities may not be endorsed for a practicum until such deficiencies are corrected.

The Student Classroom Behavior Measurement may be used as an early warning method on your classroom behavior, attitude and/or performance. The form can be found in the class under its name.

Cell Phones

I request you put your cell phone on silent mode. Sometimes Dr. Parrott will ask you to use your cell phones for website searches, however; if you use your phone during class without consent, you may be asked to leave and return when class reconvenes. Your early departure will be recorded.

HCC POLICY STATEMENT ON STUDENT ATTENDANCE, REPEATERS, WITHDRAWAL DEADLINE

Attendance (10% of your grade)

As per the HCCS Student Handbook, a professor has the authority to drop a student for excessive absences after accumulating absences more than 12.5% of the total hours of instruction for a 3 credit-hour class meeting 3 hours per week. In a 16-week semester a student can be dropped after 6 hours of absences thus allowing 2 excused absences for the entire semester. In an 8-week semester a student can be dropped after 3 hours of absences allowing 1 excused absence. Late arrivals and early departures will be recorded and calculated.

Students who do not attend class two (2) weeks in a row or do not submit the equivalent of two weeks' worth of gradable work may be administratively dropped from the course. After the last day to withdraw, the student may receive an F.

I check the attendance roll at the beginning of class. You will be marked absent if you are not in class. If you arrive late and are marked absent, notify Dr. Parrott before class is dismissed to adjust your attendance. If you fail to notify Dr. Parrott after class has been dismissed, your absence will remain.

Sleeping in class is unacceptable. If you are caught sleeping, you will be marked absent. That absence will remain on your class attendance.

Students who stop attending class and do not officially withdraw themselves may either receive an F or a W for the course.

Withdrawal Policy

The State of Texas has begun to impose penalties on students who drop courses excessively. For example, if you repeat the same course more than twice, you must pay extra tuition. Beginning in Fall 2007, the Texas Legislature passed a law limiting students to no more than 6 total course withdrawals throughout their educational career in obtaining a certificate and/or degree.

To help students avoid having to drop/withdraw from any class, an Early Alert process by which your professor will "alert" you and counselors that you might fail a class because of excessive absences and/or poor academic performance. You should visit with your professor or academic counselor to learn about what, if any, HCCS interventions might be available to assist you – online tutoring, child care, financial aid, job placement, etc. – to stay in class and improve your academic performance.

If you plan on withdrawing from your class, contact a counselor prior to withdrawing (dropping) the class before the withdrawal deadline to receive a "W" on your transcript. Do not submit a request to discuss withdrawal options less than a day before the deadline. If you do not withdraw before the deadline, you will receive the grade that you are making in the class as your final grade. Check the HCC calendar for the last day to withdraw.

It is Dr. Parrott's discretion to administratively withdraw a student from the course if the student fails to submit gradable work, i.e. assignments, exams, etc., and/or misses more than 6 hours of class instruction. Gradable is defined by using the grading criteria explained in assignments, exams, etc. If this occurs after the last day to withdraw, the student will receive an F.

Repeating a Course

Students are not permitted to submit work from previous semesters. A student who is repeating this course and submits reduplicated work will either receive a 0 or an F for the course for academic dishonesty and can be administratively withdrawn from the course. An investigation and decision by The Discipline Committee will determine the consequence.

Computer Technical Difficulties

I recommend you use the HCCS' computer lab because they are stable with software and available staff to assist you. All registered HCCS students have access to any HCCS computer lab at any HCCS campus. No accommodations will be granted because of technical difficulties unless the difficulty was a glitch in the college's system.

Incomplete

An Incomplete ("I") is a conditional and temporary grade given when a student is passing the course, but for some reason, is unable to complete the course requirements. An incomplete gives you an extended amount of time to complete your work. According to HCCS policy, you are given 6 months from the date of the end of that semester to complete your work. At the end of the semester, your transcript will show an "I" for the course. At the end of that extension if you do not complete your unfinished work, the "I" will automatically convert into an "F."

Schedule an appointment with Dr. Parrott to discuss your rationale in applying for an Incomplete and complete the details on the "Request for Incomplete Form."

International Students

Receiving a W or an F may effect the status of your Student Visa. Once a W is recorded on your transcript, it will not be changed to an F because of Visa consideration. International students may contact the International Student Office at 713-718-8520 for further information concerning Visa status.

Use of Camera / Recording Devices

Use of recording devices, such as camera phones, voice recorders etc., is prohibited in classrooms, laboratories, faculty offices, and other locations where instruction, tutoring, or testing occurs. This is an HCC policy.

ACADEMIC SUPPORT

Personal Development

I promote the full development of personal and professional capacities and therefore, strongly recommend students to be involved in their own personal therapy. If you are interested, I will gladly offer you some referrals.

Early Alert

The HCC Early Alert Initiative is a college-wide effort to successfully retain students who are at risk of failing, withdrawing or dropping a course. This joint effort between Instruction and Student Services identifies students that are performing poorly in the classroom so that effective support services can be provided to the student. If for

any reason, Dr. Parrott suspects a student at risk of failing, the student's name will be referred to the Early Alert Initiative.

Tutoring

The HCC Tutoring Centers provide academic support to our diverse student population by creating an open atmosphere of learning for all students enrolled at HCC. Using a variety of tutoring techniques, we assist students across academic disciplines, addressing their individual needs in a constructive, safe, and welcoming environment. Our emphasis is on maximizing academic potential while promoting student success and retention. We are committed to helping students achieve their educational, personal, and career goals by empowering them to become confident, independent, lifelong learners.

Tutor for individual's subjects is offered at specific times throughout the week on various campuses. There is no need to make an appointment. If you need a tutor, please refer to our website: www.hccs.edu/findatutor for times and locations. For more information about tutoring at HCC, please go to www.hccs.edu/tutoring. For 24/7 online tutoring, go to: <https://hccs.upswing.io>

I will also be available to assist you if you are experiencing academic difficulties in this class. Either drop by during my office hours or schedule an appointment.

Basic Needs

Any student who faces challenges securing their food or housing and believes this may affect their performance in the course is urged to contact the Dean of Students, Dr. Patricia Ugwu (patricia.ugwu@hccs.edu or 713-718-7061) for support. Furthermore, please notify the professor if you are comfortable in doing so.

Campus Carry

At HCC, the safety of our students, staff, and faculty is our priority. As of August 1, 2017, Houston Community College is subject to the Campus Carry Law (SB11 2015). For more information, visit the HCC Campus Carry web page at <http://www.hccs.edu/departments/police/campus-carry/>

PROGRAM / DISCIPLINE REQUIREMENTS

Procedure for Grievance and/or Grade Appeal

A grievance is an actual incident that can be substantiated and is regarded by the student as a just cause for protest. Persons whom a student can file against can be a student, a professor, an administrator or a staff member in the Department. The **first step** to resolve the issue is to discuss the problem with the person and reach a workable solution. If the issue is resolved informally, then the process is terminated. However, if the issue is not resolved, there are steps to follow:

1. Contact the Professor.
2. Contact their Program Advisor.
3. Contact Program Director/Department Chair.
4. File a Grievance and/or a Grade Appeal Form.

Please refer to Student Policies at: <http://www.hccs.edu/about-hcc/procedures/student-rights-policies--procedures/>

Title IX: Sex Discrimination and Sexual Misconduct

The Houston Community College is committed to providing a learning and working environment that promotes personal integrity, civility and mutual respect in an environment free of discrimination and harassment based on race, color, religion, sex, gender identity and gender expression, national origin, age, disability, sexual orientation, or veteran status.

Sex discrimination includes all forms of sexual and gender-based misconduct. Sex discrimination violates an individual's fundamental rights and personal dignity. HCC is committed to the principle that the working environment of its employees and the classroom environment for students should be free from inappropriate conduct of a sexual or gender-based nature including sex discrimination, sexual assault, sexual harassment, and sexual violence by employees, students or third parties. Sexual and gender-based misconduct is unprofessional and will not be tolerated and is expressly prohibited. Individuals who engage in such conduct will be subject to disciplinary action.

Title IX of the Education Amendments of 1972 ("Title IX"), 20 U.S.C. §1681 *et seq.*, is a Federal civil rights law that prohibits discrimination based on sex—including pregnancy and parental status—in educational programs and activities. Students who become pregnant during the program should consult with the Program Director as well as the Ability Services Counselor to be sure they understand their rights under Title IX. In situations that involve absence from class, this consultation may include a discussion about receiving Incomplete Grades instead of a full-term withdrawal, the ability to voluntarily leave the program based on agreed terms for return, the opportunity to resume enrollment without being subject to a new admission process, and return with restrictions if accommodations provided through Ability Services effectively helps the student meet the Program's Essential Functions. Students should contact the Counselor in Ability Services for assistance with requesting and receiving academic accommodations due to pregnancy or parental status.

Students who believe that they have been the victim of misconduct prohibited by these regulations may submit a complaint to initiate College action. More information regarding your rights under Title IX and complaint forms are available online at: <http://www.hccs.edu/district/departments/institutionalequity/title-ix-know-your-rights/>

Title IX Coordinator: James David Cross, Director of EEO/Compliance HCC
Office of Institutional Equity 3100 Main, Room 702 P.O. Box 667517 Houston, TX
77266-7517 (713) 718.8271 OIE@hccs.edu

HCC Policy Statement - Ability Services Statement

HCCS recognizes its responsibility not to discriminate against anyone who has a documented disability that substantially limits one or more major life activities; has a record of such impairment; or is regarded as having an impairment. Specific policies enable students with documented disabilities who are otherwise qualified, to request accommodations, which would allow them equal access to the College under Section 504 of the Rehabilitation Act of 1973, and under the Americans with Disabilities Act of 1990.

Obtaining reasonable accommodations is an interactive process. It begins with the student's disclosure of his/her disability directly with the ADA Counselor in Ability Services, which is in room 101 of the Learning Success Center (LSC). An ADA Counselor may also be reached by phone at (713) 718-7376. Once accommodations are in place, instructors should receive a new, updated letter of accommodation within the first three days of each semester.

Faculty are authorized to provide accommodations only to those with the approved letter.

HCC Policy Statement: Academic Honesty

Plagiarism, cheating, and other forms of academic dishonesty are not only violations of the college system and the rules of this class, but are unethical and unprofessional. In this class, students found guilty of academic dishonesty will receive a 0 for that assignment or an F for the course. Individuals found guilty for unprofessional behavior will not be allowed to return to the class. If you are no longer allowed to return to the class, then you may receive an F or a W for the course.

If you are aware of anyone behaving unethically and/or unprofessionally, both inside and outside of this class; then you are encouraged to bring it to my attention otherwise, maintaining secrecy may subject you to the same consequence. If you report unethical/unprofessional behavior, then your privacy will be protected and if the accused is found guilty, you will receive 2 bonus points added to your final score. Please refer to HCC

Student Handbook: <http://www.hccs.edu/resources-for/current-students/student-handbook/>

Violations will be documented in your student file and may subject you to a consequence such as denial for a practicum or dismissal from the program. Violators' names will be posted in this class.

HCC Grading Scale

A = 100 - 90.....4 points per semester hours.
B = 89 - 80.....3 points per semester hours.
C = 79 - 70.....2 points per semester hours.
D = 69 - 60.....1 points per semester hours.
F = 59 and below...0 points per semester hours.
IP is In Progress...0 points per semester hours.
W is Withdrawn...0 points per semester hours.
I is Incomplete.....0 points per semester hours.

AUD is In Audit....0 points per semester hours.

IP (In Progress) is given only in certain developmental courses. The student must re-enroll to receive credit. COM (Completed) is given in non-credit and continuing education courses. To compute grade point average (GPA), divide the total grade points by the total number of semester hours attempted. The grades "IP," "COM" and "I" do not affect GPA.

Students in the Human Service Technology Program must maintain a 3.0 grade point average in all Human Service classes to be eligible for a practicum.

STUDENT SERVICES & POLICIES

Texas HB 1508

The Texas HB 1508 requires the following information be given to students. If you are applying for admission to a program that prepares an individual for an initial occupational license or certification and/or if you later decide to change to a program that prepares you for an initial occupational license or certification, in accordance with state law, please be advised of the following:

1. An individual who has been charged or convicted of an offense or who is on probation may not be eligible for issuance of an occupational license or certification upon completion of the educational program.
2. It is the responsibility of the individual to immediately report to the program any change in status that would affect that individual's eligibility to apply for a license or certification.
3. Local, state or national licensing and certification authorities may issue additional guidelines related to criminal history. Applicants should contact their respective licensing or certification authority for more details.

Most health care programs require all students, admitted to the program, to submit to a national background check which may include fingerprinting. Applicants are encouraged to review all applicable eligibility requirements related to the respective occupational license or certification. Questions related to eligibility requirements should be directed to the individual program and applicable licensing or certification authority.

The following link you can check on criminal history for the LCDC:
https://www.dshs.texas.gov/plc_cheval.shtm

Student HCC Web page

To access this, go to: <http://www.hccs.edu/resources-for/current-students/student-handbook/>

Department Web page

To access this, go <http://www.hccs.edu/programs/areas-of-study/health-sciences/human-service-technology/>

EGLS3- Evaluation for Greater Learning Student Survey System

At Houston Community College, professors believe that thoughtful student feedback is necessary to improve teaching and learning. During a designated time, you will be asked to answer a short online survey of research-based questions related to instruction. The anonymous results of the survey will be made available to your professors and division chairs for continual improvement of instruction. Look for the EGLS3 as part of the Houston Community College Student System online near the end of the term.

Syllabus Up-Dates and Revisions

Dr. Parrott reserves the right to alter or amend this syllabus as needed in the best interest of the class.

Most Recent Up-Date: 20 August 2018

Revisions: All previous syllabi are null and void.

Registration in this course and acceptance of this syllabus constitutes a binding agreement between student and professor.

END OF SYLLABUS