Department: Physical Education and Health

A detailed Schedule of Assignments will be available on the Homepage once the class begins.

YOU MUST LOG-IN PRIOR TO THE OFFICIAL DATE OF RECORD OR YOU ARE SUBJECT TO AN ADMINSTRATIVE WITHDRAWAL.

First Aid Spring 2014 PHED 1306 CRN# 78170

Instructor:	Stacie Ringleb-Krutilek
Phone/Email:	713-718-5714 / ALWAYS through class Homepage (in case of emergency: s.ringlebkrutilek@hccs.edu)
Office location and hours:	Learning Hub (Stafford Campus) Room 305
Course location/Times:	**Go to:** https://eo2.hccs.edu.
Course semester credit hours:	3 Semester Credit hours
Course contact hours:	48 Contact Hours
Course length:	16 weeks/12 weeks/8 weeks/5 weeks
Instruction type:	In-person/face to face/Online/Hybrid
Course Prerequisites:	EDUC 1300, ENGL 0310 or 0349

Course Description:
The purpose of the American Red Cross CPR and First-Aid course is to train citizens to help people in emergencies. This course teaches the Standard First Aid and CPR skills a person needs to act as the first link in the emergency medical services system. <Not Professional Rescuer>

Instructional Material: Responding to Emergencies, American Red Cross Staywell Publications (1-800-667-2968) ISBN # 978-158480-554-0

Program SLO's:	1. Students will perform physical skills to improve and enhance cardio-respiratory, strength, endurance, flexibility, and/or balance as measured with a departmental field exam. 2. Students will develop broad content knowledge within the discipline of health/physical education associated with good health management, health risks and/or disease prevention. 3. Students will demonstrate an understanding of basic safety/emergency procedures.
Course SLO's:	1. Demonstrate CPR techniques on Adult, Child, and Infant 2. Demonstrate Rescue Breathing techniques on Child and Infant 3. Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant 4. Demonstrate appropriate techniques for Sudden Illness

Learning Objectives:	**Demonstrate CPR techniques on Adult, Child, and Infant** 1. Have an understanding of all Basic Life Support Procedures and learn the process of giving CPR for Adult, Child, and Infant **Demonstrate Rescue Breathing techniques on Child and Infant** 1. Learn the process of giving Rescue Breaths to child and infant **Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant** 1. Learn when an Airway is obstructed and understand the process of clearing an obstructed airway for Adult, Child, and Infant **Demonstrate appropriate techniques for Sudden Illness** 1. Have an understanding of what a Sudden Illness is and how to care for the Illness
Student Assignments:	**Demonstrate CPR techniques on Adult, Child, and Infant** Discussions Lab Exercises Homework Exercises Readings **Demonstrate Rescue Breathing techniques on Child and Infant** Discussions Lab Exercises Homework Exercises Readings **Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant** Discussions Lab Exercises Homework Exercises Readings **Demonstrate appropriate techniques for Sudden Illness** Discussions Lab Exercises Homework Exercises Readings
Student Assessments:	**Demonstrate CPR techniques on Adult, Child, and Infant** Various assigned readings from textbooks Reading and then writing about seminal texts and theories Quizzes/Tests which may include: definitions, matching, multiple choice, true/false, short answer, brief essay Discipline Required SLO-Specific Standard Form Rubrics **Demonstrate Rescue Breathing techniques on Child and Infant** Various assigned readings from textbooks Reading and then writing about seminal texts and theories Quizzes/Tests which may include: definitions, matching, multiple choice, true/false, short answer, brief essay Discipline Required SLO-Specific Standard Form Rubrics **Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant** Various assigned readings from textbooks Reading and then writing about seminal texts and theories Quizzes/Tests which may include: definitions, matching, multiple choice, true/false, short answer, brief essay Discipline Required SLO-Specific Standard Form Rubrics **Demonstrate appropriate techniques for Sudden Illness** Various assigned readings from textbooks Reading and then writing about seminal texts and theories Quizzes/Tests which may include: definitions, matching, multiple choice,

	true/false, short answer, brief essay Discipline Required SLO-Specific Standard Form Rubrics	
HCC Grading Scale:	A = 100- 90	4 points per semester hour
	B = 89 - 80:	3 points per semester hour
	C = 79 - 70:	2 points per semester hour
	D = 69 - 60:	1 point per semester hour
	59 and below = F	0 points per semester hour
	FX (Failure due to non-attendance)	0 points per semester hour
	IP (In Progress)	0 points per semester hour
	W (Withdrawn)	0 points per semester hour
	I (Incomplete)	0 points per semester hour
	AUD (Audit)	0 points per semester hour

IP (In Progress) is given only in certain developmental courses. The student must re-enroll to receive credit. COM (Completed) is given in non-credit and continuing education courses.

FINAL GRADE OF FX: Students who stop attending class and do not withdraw themselves prior to the withdrawal deadline may either be dropped by their professor for excessive absences or be assigned the final grade of "FX" at the end of the semester. Students who stop attending classes will receive a grade of "FX", compared to an earned grade of "F" which is due to poor performance. Logging into a DE course without active participation is seen as non-attending. Please note that HCC will not disperse financial aid funding for students who have never attended class.

Students who receive financial aid but fail to attend class will be reported to the Department of Education and may have to pay back their aid. A grade of "FX" is treated exactly the same as a grade of "F" in terms of GPA, probation, suspension, and satisfactory academic progress.

To compute grade point average (GPA), divide the total grade points by the total number of semester hours attempted. The grades "IP," "COM" and "I" do not affect GPA.

Health Sciences Programs Grading Scales may differ from the approved HCC Grading Scale. For Health Sciences Programs Grading Scales, see the "Program Discipline Requirements" section of the Program's syllabi.

PHED Attendance Policy:	You should log in at least twice a week to check for messages or announcements. Students not logging in by the official day of record will be withdrawn from the course. **If the student must drop the course, it is their responsibility to drop before the deadline. Students failing to log in regularly may be dropped by the Professor.** There are **NO** make-up exams/assignments. Should you miss the due date on an Exam/Assignment, you will receive a "0" on that Exam/Assignment.

Program Requirements:	*CPR requires strenuous effort. If a person has any concerns about how this may affect their health, they should consult a physician before coming to class.*
Instructor's Requirements:	*Students are expected to maintain a state of technical compliance, including (but not limited to): up-to-date software as required by the instructor; a stable Internet connection; and use of the Firefox browser when using Eagle Online. The instructor is NOT required to give consideration for lost/missing/unacceptable work stemming from technical non-compliance and/or end-user technical issues.* This is a Web-based course in which instruction will be delivered exclusively via the World Wide Web utilizing Eagle On-line software and hosted by HCCS Distance education servers. Students may communicate with the instructor using the email address via the email tool on the course homepage. Eagle Online uses **Firefox** only, so make sure you are in **Firefox** to do all work**.** Instructions for submission of all assignments **must** be followed. There are deadlines for lesson submissions. Be sure to read the syllabus carefully for dates. **ALWAYS** use the distance education email. **DO NOT** use any other outside servers for submissions or send attachments. It **is required** that you check your email at least every other day for messages. Students are expected to read the syllabus, read the textbook as assigned, adhere to specified deadlines and policies, and to keep up the assignments. Assignments that have specific due dates *must* be submitted by **noon** on the date indicated in the course calendar. Exams are open over a two day period, but once opened must be completed in allotted time. **Email Etiquette:** Since we will primarily communicate via email, it is important to understand that I will try to respond to your questions as soon as possible. Having Internet access does not necessarily mean that all responses are immediate. **I will try to respond within 24 hours during the weekdays but weekend questions will not be answered until Monday.**
Instructor Grading Criteria:	**Grading:** Exam One 100 Points Exam Two 100 Points Exam Three 100 Points Skills Test - All Skills 100 Points Mid-Term Exam Four 100 Points Exam Five 100 Points Exam Six 100 Points Exam Seven 100 Points Final Exam 100 Points **There are a total of 900 points to be earned for this class.** 900-810 = A 809-720 = B 719-630 = C 629-540 = D Below 539 = F

	CPR/First-Aid Certificates: *Successful completion of 80% or greater on all tests is required to obtain certification. Certification Certificates are available upon request and for a small fee.*
EGLS3 -- Evaluation for Greater Learning Student Survey System	At Houston Community College, professors believe that thoughtful student feedback is necessary to improve teaching and learning. During a designated time, you will be asked to answer a short online survey of research-based questions related to instruction. The anonymous results of the survey will be made available to your professors and division chairs for continual improvement of instruction. Look for the survey as part of the Houston Community College Student System online near the end of the term.

Access Student Services Policies on their Web site:	http://hccs.edu/student-rights
Access DE Policies on their Web site:	http://de.hccs.edu/Distance_Ed/DE_Home/faculty_resources/PDFs/DE_Syllabus.pdf
Access CE Policies on their Web site:	http://hccs.edu/CE-student-guidelines