



Department: Physical Education and Health

Go to: <https://eo2.hccs.edu> to see course work and to do Exams. This class is WEB-ENHANCED.

**First Aid**  
Spring 2014  
PHED 1306 CRN# 80362

|                               |  |
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| Instructor:                   | Stacie Ringleb-Krutilek                  |
| Phone/Email:                  | 713-718-5714/ s.ringlebkrutilek@hccs.edu |
| Office location and hours:    | Learning Hub Room 305                    |
| Course location/Times:        | Learning Hub Room 140 / 1:00pm-2:30pm.   |
| Course semester credit hours: | 3 Semester Credit hours                  |
| Course contact hours:         | 48 Contact Hours                         |
| Course length:                | 16 weeks/12 weeks/8 weeks/5 weeks        |
| Instruction type:             | In-person/Face to Face/Online/Hybrid     |
| Course Prerequisites:         | EDUC 1300, ENGL 0310 or 0349             |

**Course Description:**

The purpose of the American Red Cross CPR and First-Aid course is to train citizens to help people in emergencies. This course teaches the Standard First Aid and CPR skills a person needs to act as the first link in the emergency medical services system. <Not Professional Rescuer>

**Instructional Material:** Responding to Emergencies, American Red Cross Staywell Publications (1-800-667-2968) ISBN # 978-158480-554-0

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| Program SLO's:       | <ol style="list-style-type: none"> <li>1. Students will perform physical skills to improve and enhance cardio-respiratory, strength, endurance, flexibility, and/or balance as measured with a departmental field exam.</li> <li>2. Students will develop broad content knowledge within the discipline of health/physical education associated with good health management, health risks and/or disease prevention.</li> <li>3. Students will demonstrate an understanding of basic safety/emergency procedures.</li> </ol> |
| Course SLO's:        | <ol style="list-style-type: none"> <li>1. Demonstrate CPR techniques on Adult, Child, and Infant</li> <li>2. Demonstrate Rescue Breathing techniques on Child and Infant</li> <li>3. Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant</li> <li>4. Demonstrate appropriate techniques for Sudden Illness</li> </ol>   |
| Learning Objectives: | <b>Demonstrate CPR techniques on Adult, Child, and Infant</b>  |

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|                             | <p>1. Have an understanding of all Basic Life Support Procedures and learn the process of giving CPR for Adult, Child, and Infant<br/> <b>Demonstrate Rescue Breathing techniques on Child and Infant</b><br/> 1. Learn the process of giving Rescue Breaths to child and infant<br/> <b>Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant</b><br/> 1. Learn when an Airway is obstructed and understand the process of clearing an obstructed airway for Adult, Child, and Infant<br/> <b>Demonstrate appropriate techniques for Sudden Illness</b><br/> 1. Have an understanding of what a Sudden Illness is and how to care for the Illness</p>   |
| <p>Student Assignments:</p> | <p><b>Demonstrate CPR techniques on Adult, Child, and Infant</b><br/> Discussions<br/> Lab Exercises<br/> Homework Exercises<br/> Readings<br/> <b>Demonstrate Rescue Breathing techniques on Child and Infant</b><br/> Discussions<br/> Lab Exercises<br/> Homework Exercises<br/> Readings<br/> <b>Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant</b><br/> Discussions<br/> Lab Exercises<br/> Homework Exercises<br/> Readings<br/> <b>Demonstrate appropriate techniques for Sudden Illness</b><br/> Discussions<br/> Lab Exercises<br/> Homework Exercises<br/> Readings</p>   |
| <p>Student Assessments:</p> | <p><b>Demonstrate CPR techniques on Adult, Child, and Infant</b><br/> Various assigned readings from textbooks<br/> Reading and then writing about seminal texts and theories<br/> Quizzes/Tests which may include: definitions, matching, multiple choice, true/false, short answer, brief essay<br/> Discipline Required SLO-Specific Standard Form Rubrics<br/> <b>Demonstrate Rescue Breathing techniques on Child and Infant</b><br/> Various assigned readings from textbooks<br/> Reading and then writing about seminal texts and theories<br/> Quizzes/Tests which may include: definitions, matching, multiple choice, true/false, short answer, brief essay<br/> Discipline Required SLO-Specific Standard Form Rubrics<br/> <b>Demonstrate Clearing Obstructed Airways for Adult, Child, and Infant</b><br/> Various assigned readings from textbooks<br/> Reading and then writing about seminal texts and theories<br/> Quizzes/Tests which may include: definitions, matching, multiple choice, true/false, short answer, brief essay<br/> Discipline Required SLO-Specific Standard Form Rubrics<br/> <b>Demonstrate appropriate techniques for Sudden Illness</b><br/> Various assigned readings from textbooks<br/> Reading and then writing about seminal texts and theories<br/> Quizzes/Tests which may include: definitions, matching, multiple choice, true/false, short answer, brief essay</p> |

| Discipline Required SLO-Specific Standard Form Rubrics  |   |                            |
|---|---|----------------------------|
| HCC Grading Scale:  | A = 100- 90   | 4 points per semester hour |
|   | B = 89 - 80:  | 3 points per semester hour |
|   | C = 79 - 70:  | 2 points per semester hour |
|   | D = 69 - 60:  | 1 point per semester hour  |
|   | 59 and below = F  | 0 points per semester hour |
|   | FX (Failure due to non-attendance)  | 0 points per semester hour |
|   | IP (In Progress)  | 0 points per semester hour |
|   | W (Withdrawn)   | 0 points per semester hour |
|   | I (Incomplete)  | 0 points per semester hour |
|   | AUD (Audit)   | 0 points per semester hour |
| <p>IP (In Progress) is given only in certain developmental courses. The student must re-enroll to receive credit. COM (Completed) is given in non-credit and continuing education courses.</p> <p>FINAL GRADE OF FX: Students who stop attending class and do not withdraw themselves prior to the withdrawal deadline may either be dropped by their professor for excessive absences or be assigned the final grade of "FX" at the end of the semester. Students who stop attending classes will receive a grade of "FX", compared to an earned grade of "F" which is due to poor performance. Logging into a DE course without active participation is seen as non-attending. Please note that HCC will not disperse financial aid funding for students who have never attended class.</p> <p>Students who receive financial aid but fail to attend class will be reported to the Department of Education and may have to pay back their aid. A grade of "FX" is treated exactly the same as a grade of "F" in terms of GPA, probation, suspension, and satisfactory academic progress.</p> <p>To compute grade point average (GPA), divide the total grade points by the total number of semester hours attempted. The grades "IP," "COM" and "I" do not affect GPA.</p> <p><i>Health Sciences Programs Grading Scales may differ from the approved HCC Grading Scale. For Health Sciences Programs Grading Scales, see the "Program Discipline Requirements" section of the Program's syllabi.</i></p> |   |                            |
| PHED Attendance Policy:   | <p>As stated in the HCC Catalog, all students are expected to attend classes regularly. Although it is the responsibility of the student to drop a course for non-attendance, the instructor also has the authority to drop a student for excessive absences or failure to participate regularly.</p> <p>According to HCCS Policy (see catalog schedule), a student may be dropped from the course for excessive absences after the student has accumulated absences in excess of <b>12.5%</b> of the hours of instruction. (6 hours in a 48-hour course)</p> |                            |
| Program   | <u>CPR requires strenuous effort. If a person has any concerns about how</u>  |                            |

|                              |  |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
|------------------------------|--|----------|------------|----------|------------|------------|------------|--------------------------|------------|--------------------|------------|-----------|------------|----------|------------|------------|------------|------------|------------|---------|---|---|---------|---|---|---------|---|---|---------|---|---|-----------|---|---|
| Requirements:                | <u><i>this may affect their health, they should consult a physician before coming to class.</i></u>  |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Instructor's Requirements:   | <p><i>Students are expected to maintain a state of technical compliance, including (but not limited to): up-to-date software as required by the instructor; a stable Internet connection; and use of the Firefox browser when using Eagle Online. The instructor is NOT required to give consideration for lost/missing/unacceptable work stemming from technical non-compliance and/or end-user technical issues.</i></p> <p><b><u>Turn off pagers, Phones, No Cameras/Recording Devices:</u></b><br/> Student should turn off pagers and cell phones before entering class; ringing, buzzing, and other forms of disturbances (electronic or otherwise) is not good for the class. Your full and active attention is required throughout the class period.</p> <p>Use of recording devices, including camera phones and tape recorders, is prohibited in classrooms, laboratories, faculty offices, and other locations where instruction, tutoring, or testing occurs. Students with disabilities who need to use a recording device as a reasonable accommodation should contact the Office of Students with Disabilities for information regarding reasonable accommodations.</p>   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Instructor Grading Criteria: | <p><b><u>Grading:</u></b></p> <table data-bbox="516 957 1317 1230"> <tr><td>Exam One</td><td>100 Points</td></tr> <tr><td>Exam Two</td><td>100 Points</td></tr> <tr><td>Exam Three</td><td>100 Points</td></tr> <tr><td>Skills Test - All Skills</td><td>100 Points</td></tr> <tr><td>Mid-Term Exam Four</td><td>100 Points</td></tr> <tr><td>Exam Five</td><td>100 Points</td></tr> <tr><td>Exam Six</td><td>100 Points</td></tr> <tr><td>Exam Seven</td><td>100 Points</td></tr> <tr><td>Final Exam</td><td>100 Points</td></tr> </table> <p><b>There are a total of 900 points to be earned for this class.</b></p> <table data-bbox="516 1293 824 1444"> <tr><td>900-810</td><td>=</td><td>A</td></tr> <tr><td>809-720</td><td>=</td><td>B</td></tr> <tr><td>719-630</td><td>=</td><td>C</td></tr> <tr><td>629-540</td><td>=</td><td>D</td></tr> <tr><td>Below 539</td><td>=</td><td>F</td></tr> </table> <p><b><u>Make Up Policy:</u></b><br/> The tests – skills and written - will cover all material covered in the course. This includes handouts, lectures, demonstrations, and discussions. Tests will consist of true/false and multiple-choice questions. <b>No make ups or extra credit will be given.</b> Failing to take an exam will result in a "0" for the grade. This also pertains to the Skills Test Days.</p> <p><b><u>CPR/First-Aid Certificates:</u></b><br/> <i>Successful completion of 80% or greater on all tests is required to obtain certification. Certification Certificates are available upon request and for a small fee.</i></p> | Exam One | 100 Points | Exam Two | 100 Points | Exam Three | 100 Points | Skills Test - All Skills | 100 Points | Mid-Term Exam Four | 100 Points | Exam Five | 100 Points | Exam Six | 100 Points | Exam Seven | 100 Points | Final Exam | 100 Points | 900-810 | = | A | 809-720 | = | B | 719-630 | = | C | 629-540 | = | D | Below 539 | = | F |
| Exam One                     | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Exam Two                     | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Exam Three                   | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Skills Test - All Skills     | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Mid-Term Exam Four           | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Exam Five                    | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Exam Six                     | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Exam Seven                   | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Final Exam                   | 100 Points   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| 900-810                      | =  | A        |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| 809-720                      | =  | B        |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| 719-630                      | =  | C        |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| 629-540                      | =  | D        |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| Below 539                    | =  | F        |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |
| EGLS3 -- Evaluation for      | At Houston Community College, professors believe that thoughtful   |          |            |          |            |            |            |                          |            |                    |            |           |            |          |            |            |            |            |            |         |   |   |         |   |   |         |   |   |         |   |   |           |   |   |

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| Greater Learning Student Survey System | student feedback is necessary to improve teaching and learning. During a designated time, you will be asked to answer a short online survey of research-based questions related to instruction. The anonymous results of the survey will be made available to your professors and division chairs for continual improvement of instruction. Look for the survey as part of the Houston Community College Student System online near the end of the term. |
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| Access Student Services Policies on their Web site: | <a href="http://hccs.edu/student-rights">http://hccs.edu/student-rights</a>   |
| Access DE Policies on their Web site:               | <a href="http://de.hccs.edu/Distance_Ed/DE_Home/faculty_resources/PDFs/DE_Syllabus.pdf">http://de.hccs.edu/Distance_Ed/DE_Home/faculty_resources/PDFs/DE_Syllabus.pdf</a> |
| Access CE Policies on their Web site:               | <a href="http://hccs.edu/CE-student-guidelines">http://hccs.edu/CE-student-guidelines</a>   |