

## Shay Carper

Houston, TX • (713) 718-7180 • shandelyn.carper@hccs.edu

---

### **EDUCATION**

#### **PhD in Counselor Education and Supervision \*CACREP Accredited**

Sam Houston State University

Expected 2019

Huntsville, Texas

#### **M.A. in Psychology**

Houston Baptist University

May 2013

Houston, Texas

#### **B.A. in Psychology, Minor in Philosophy**

University of St. Thomas

May 2010

Houston, Texas

### **LICENSURE AND CERTIFICATIONS**

#### **Licensed Professional Counselor**

Texas State Board of Examiners of Professional Counselors

Expires April 2020

### **TEACHING EXPERIENCE**

#### **Professor**

Houston Community College, Psychology Department

August 2018- present

Houston, Texas

#### **Co Lecturer**

Sam Houston State University, Counselor Education

Summer 2018

Huntsville, Texas

#### **Guest Lecturer**

Sam Houston State University, Counselor Education

University of St. Thomas, Psychology

2016- present

Huntsville, Texas

Houston, Texas

#### **Freshman Symposium Mentor**

University of St. Thomas, First Year Experience

Fall 2015

Houston, Texas

### **COUNSELING EXPERIENCE**

#### **Licensed Professional Counselor/ Founder**

Discovery & PEACE, Counseling, Consulting, & Assessments, PLLC

2018- Present

Sugar Land, Texas

#### **Student Support Counselor**

YES Prep, Brays Oaks Campus

2017- 2018

Houston, Texas

#### **Counseling Practicum Supervisor**

University of St. Thomas, Career Services and Testing Center

2015- 2017

Houston, Texas

#### **Career Counselor**

University of St. Thomas, Career Services and Testing Center

2014- 2017

Houston, Texas

#### **Doctoral Practicum Student**

Sam Houston State University- The Woodlands Community Center

Summer 2016

The Woodlands, Texas

#### **Licensed Professional Counselor-Intern**

Houston Community College- Central Campus

2014- 2016

Houston, Texas

#### **Graduate Student Intern**

Charis Psychological Associates, Dr. P. Clansy

2013

Houston, Texas

### **RESEARCH & PRESENTATIONS**

**Carper, S. & Hand, L. (2018).** *How to use cognitive complexity to improve your supervision.* Presentation, TACES 2018 Annual Conference.

**Carper, S. (2012).** *How perceived social support is related to the interpretation of life hassles and procrastination.* Graduate Research Project, Houston Baptist University, Houston, Texas.

**Carper, S., (2010).** *Optimism and Resiliency.* Independent study. University of St. Thomas, Houston, Texas.

**Hernandez, C., Carper, S., Garcia, A., Hutcheson, E., Meier-Marquis, J. (2010).** *The use of meditation to elicit forgiveness in young children.* Poster presented at the University of St. Thomas' Undergraduate Research Symposium, Houston, Texas.

**Carper, S., Weaver, M., D'Souza, R. (2009).** *Self- efficacy in first generation and non-first generation college students.* Undergraduate Research Project, University of St. Thomas, Houston, Texas.

## **PROFESSIONAL EXPERIENCE**

### **College Success Mentor**

Project GRAD Houston, AmeriCorps Member

2013- 2014  
Houston, Texas

### **Lead Membership Representative (Part-time)**

Fort Bend Family YMCA

2008- 2015  
Missouri City, Texas

### **Administrative Assistant/ Student Assistant**

University of St. Thomas

2007- 2011  
Houston, Texas

## **HONORS & AWARDS**

TACUSPA Fellowship

October 2015

Commended for Outstanding Volunteer Service- City of Houston

January 2010

## **LEADERSHIP EXPERIENCE**

Presidential Leadership Society, Founder (UST)

2014- 2017

Safety Captain, Student Affairs Representative (UST)

2014- 2016

Service Project Committee Leader, AmeriCorps Member

2013- 2014

## **VOLUNTEER EXPERIENCE AND COMMUNITY INVOLVEMENT**

Mentor, Insights Mentoring Program (UST)

2015

Panelist, Beatrice Mayes Institute Charter School

2013

Mentor, Yellowstone Academy

2011- 2013

## **MEMBERSHIPS & AFFILIATIONS**

Texas Association of Counselor Education and Supervision (TACES)

2018- present

Texas Counselor Association (TCA)

2017- present

Texas Association of Colleges and Universities

Student Personnel Administrators (TACUSPA)

2015- 2017

National Career Development Association (NCDA)

2014-present

American Counseling Association (ACA)

2014-present

American College Counseling Association (ACCA)

2014- 2017

Houston Area Consortium of Career Centers (HACCC)

2014- 2017

AmeriCorps Alum, Houston Chapter

2014-present

Psi Chi, Psychology International Honor Society

2012-present

American Psychological Association (APA)

2011-present

## **PROFESSIONAL DEVELOPMENT**

Mindfulness Training, UCLA

May 2018

Mindfulness Training, Dr. Ann Friedman

January 2018

Trauma Informed Classroom

January 2018

TACUSPA 90<sup>th</sup> Annual Conference

October 2015

Program Workshop, Assisting Veterans

August 2015

Succeeding with Search, Indeed webinar

June 2015

Focus 2: A Full Overview, Focus 2 Webinar

June 2015

Summer Assessment Symposium, University of Houston

June 2015

Inclusive Leadership Training: Becoming a Successful Leader

March 2015

Building the Perfect Resume- Webinar, Cheryl Palmer

March 2015

Office of Civil Rights, Assisting Students with Disabilities

February 2015

Bridging the Soft Skills Gap- Webinar, InterviewStream

February 2015

Resume Development and Writing-webinar, Denise Riebman

August 2014

Mock Interview and Technology- Webinar, Steven Washburn

July 2014

Career Workshop: Preparing for the Professional World

January 2014

Future Leaders Forum for Young Women, with Mayor Annise Parker

October 2013

Crisis Intervention, Dr. Pauline Clansy

January 2013

Southwest Adolescent Treatment Alliance-

Caring for and about Adolescents (The Council on Alcohol and Drugs)

February 2013

Specific Learning Disabilities, Dr. Diane Bailey

February 2013

Adjustment Disorders, Abimbola Farinde, PhD Intern

April 2013