



**Division of Social and Behavioral Sciences
Psychology Department**

<http://www.hccs.edu/programs/areas-of-study/social--behavioral-sciences/psychology/>

PSYC 2316 Psychology of Personality| Lecture | CRN 13990

Spring 2019 | 12 Weeks (2.11.2019-5.12.2019)

In-Person | Katy Campus/Room 222A| Tues/Thurs/2:00 pm/3:50 pm
3 Credit Hours | 48 hours per semester

Instructor Contact Information

Instructor:	Terese Landry, MS	Office Phone:	713-718-5526
Office:	Alief Hays Campus Room C320	Office Hours:	8:45-9:30 am; 2:00-2:30 pm M/W; 1:30-2:00; 4:00-4:30 pm T/Th; and by appointment
HCC Email:	terese.landry@hccs.edu	Office Location:	M/W Alief campus; T/Th Katy campus

Please feel free to contact me concerning any problems that you are experiencing in this course. Your performance in my class is very important to me. I am available to hear your concerns and just to discuss course topics.

Instructor's Preferred Method of Contact

My email address is terese.landry@hccs.edu and my preferred method of contact. I will answer emails within 24-48 hours Monday-Friday. Weekend messages may not be answered until Monday. You may also use Canvas Inbox to communicate

What's Exciting About This Course

Have you ever encountered anyone who was always kind of nervous or who usually seemed to be sad no matter what was going on around him or her? How did you respond when someone was extremely up one day and down the next? Have you ever wondered why some people say that they hear voices and others seem to always be battling one addiction or another? What does a diagnosis of bipolar disorder, attention-deficit/hyperactivity disorder, or borderline personality disorder really mean? For that matter, what does it mean to be "normal"? In this course, you will learn how psychologists define "normal" and how they classify the various ways in which individuals deviate from that definition. We'll look at causes and treatments for these conditions. By the end of the semester, you'll have a better understanding of yourself and others by studying the differences between typical and atypical

mental processes and behavior. I'm excited to be your guide on this journey. So let's get started!

My Personal Welcome

Welcome to PSYC 2316 Psychology of Personality! I'm delighted that you have chosen this course. One of my passions is to know as much as I can about human behavior, and I can hardly wait to pass that on. I will present the information in the most exciting way I know, so that you can grasp the concepts and apply them now and hopefully throughout your life. As you read and wrestle with new ideas and facts that may challenge you, I am available to support you. The fastest way to reach me is by my HCC email. The best way to really discuss issues is in person and I'm available during posted office hours to tackle any questions you might have. My goal is for you to walk out of the course with a better understanding of yourself and of human behavior. So please visit me or contact me whenever you have a question.

Prerequisites and/or Co-Requisites

The minimum requirements for enrollment in PSYC 2316 are as follows: (1) completed and passed PSYC 2301; (2) and satisfied the requirements for college-level reading and writing skills (or take INRW 0420 or ESOL 0360 as a co-requisite). If you have enrolled in this course without having satisfied these prerequisites, you are at higher risk of failure or withdrawal than students who have done so, and you should carefully read and consider the repeater policy in the [HCC Student Handbook](#).

Eagle Online Canvas Learning Management System

This course will use [Eagle Online Canvas \(https://eagleonline.hccs.edu\)](https://eagleonline.hccs.edu) to supplement in-class assignments, exams, and activities. Here you will find chapter powerpoints and quizzes, unit exam reviews, and the final exam. Instructions for the Written Assignments and the associated grading rubric will be located here as well. You can also explore many additional sources including Crash Course psychology videos, Spark Notes Psychology, and information about majoring in psychology.

HCCS Open Lab locations may be used to access the Internet and Eagle Online Canvas. It is recommended that you **USE FIREFOX OR CHROME AS YOUR BROWSER.**

HCC Online Information and Policies

Although this is an in-person class, I encourage you to visit the HCC Online information pages. They contain a great deal of useful information about using Canvas. Here is the link to HCC Online: <http://www.hccs.edu/online/>.

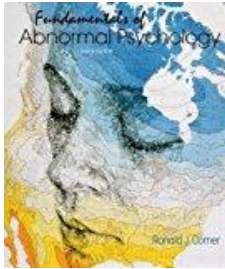
Scoring Rubrics, Assignment Instructions, etc.

Look in Eagle Online Canvas for the scoring rubrics for assignments, assignment instructions, exam instructions, and other information to assist you in the course.

<https://eagleonline.hccs.edu/login/ldap>

Instructional Materials

Textbook Information



The textbook listed below is **required** for this course. ***Fundamentals of Abnormal Psychology*** (8th edition) by Ronald Comer (Macmillan). ISBN: 978-1-319-09198-9.

It is included in a package that contains the text as well as an access code that may be purchased at the [HCC Bookstore](#). You may either use a print copy of the book or rent the e-book from the publisher. Order your book here: [HCC Bookstore](#)

Temporary Free Access to E-Book

Here is the link to get temporary free access to a digital version of the text for a limited period of time [LaunchPad](#). <http://www.macmillanhighered.com/launchpad/comerfund8e/9817135>

Other Instructional Resources

Click or tap here to enter text.

Tutoring

HCC provides free, confidential, and convenient academic support, including writing critiques, to HCC students in an online environment and on campus. Tutoring is provided by HCC personnel in order to ensure that it is contextual and appropriate. Visit the [HCC Tutoring Services](#) website for services provided.

Libraries

The HCC Library System consists of 9 libraries and 6 Electronic Resource Centers (ERCs) that are inviting places to study and collaborate on projects. Librarians are available both at the libraries and online to show you how to locate and use the resources you need. The libraries maintain a large selection of electronic resources as well as collections of books, magazines, newspapers, and audiovisual materials. The portal to all libraries' resources and services is the HCCS library web page at <http://library.hccs.edu>.

Supplementary Instruction

Supplemental Instruction is an academic enrichment and support program that uses peer-assisted study sessions to improve student retention and success in historically difficult courses. Peer support is provided by students who have already succeeded in completion of the specified course, and who earned a grade of A or B. Find details at <http://www.hccs.edu/resources-for/current-students/supplemental-instruction/>.

Course Overview

PSYC 2316 covers personality theories that apply to both normal personality and abnormal behavior. Some of the theories covered are psychoanalytic, cognitive, learning, and sociocultural. Current research on the biological foundations of mental health and illness is covered in detail. These theories are related to mental disorders such as major depression, phobias, obsessive-compulsive disorder, bipolar disorder and schizophrenia. Case studies of

individuals enhance comprehension of mental disorders. Treatment by psychotherapy and drugs is discussed as well as ethical, legal and social issues relating to the mentally ill.

Core Curriculum Objectives (CCOs)

PSYC 2301, PSYC 2314, PSYC 2316, and PSYC 2319 satisfy the social science requirement in the HCCS core curriculum. The HCCS Psychology Program Committee has specified that these courses address the core objectives as follows:

- **Critical Thinking:** Students will demonstrate the ability to engage in inquiry and analysis, evaluation and synthesis of information, and creative thinking by completing a written assignment such as a book report, research paper, or essay.
- **Communication Skills:** Students will demonstrate effective development, interpretation and expression of ideas through written, oral, and visual communication by completing a written assignment such as a book report, research paper, or essay.
- **Quantitative and Empirical Literacy:** Students will demonstrate the ability to draw conclusions based on the systematic analysis of topics using observation, experiment, and/or numerical skills by completing textbook reading assignments, completing assignments, and answering questions on quizzes and exams.
- **Social Responsibility:** Students will demonstrate cultural self-awareness, intercultural competency, civil knowledge, and the ability to engage effectively in regional, national, and global communities by completing textbook reading assignments, completing assignments, and answering questions on quizzes and exams.

Program Student Learning Outcomes (PSLOs)

Can be found at:

<http://www.hccs.edu/programs/areas-of-study/social--behavioral-sciences/psychology/>

Course Student Learning Outcomes (CSLOs)

Upon completion of PSYC 2316, students will be able to

- Define and identify key concepts in multiple (5) areas of personality theory and abnormal psychology including concepts, facts, and theoretical perspectives.
- Describe and differentiate among the three major contemporary theories of abnormality, the four types of treatment and the relationship between stress and health. Also describe and differentiate among the twelve major classes of psychological disorders.
- Evaluate the methods used in the study of abnormal psychology the assessment tools used in this field.
- Apply the use of the DSM-5 in the process of diagnosis.

Learning Objectives

Learning Objectives for each CSLO can be found at [Learning Objectives for PSYC 2316](#)

Student Success

Expect to spend at least twice as many hours per week outside of class as you do in class studying the course content. Additional time will be required for written assignments. The assignments provided will help you use your study hours wisely. Successful completion of this course requires a combination of the following:

- Reading the textbook
- Attending class in person and/or online
- Completing assignments
- Participating in class activities

There is no short cut for success in this course; it requires reading (and probably re-reading) and studying the material using the course objectives as your guide.

Instructor and Student Responsibilities

As your Instructor, it is my responsibility to:

- Provide the grading scale and detailed grading formula explaining how student grades are to be derived
- Facilitate an effective learning environment through learner-centered instructional techniques
- Provide a description of any special projects or assignments
- Inform students of policies such as attendance, withdrawal, tardiness, and make ups
- Provide the course outline and class calendar which will include a description of any special projects or assignments
- Arrange to meet with individual students before and after class as required

As a student, it is your responsibility to:

- Attend class in person and/or online
- Participate actively by reviewing course material, interacting with classmates, and responding promptly in your communication with me
- Read and comprehend the textbook
- Complete the required assignments and exams
- Ask for help when there is a question or problem
- Keep copies of all paperwork, including this syllabus, handouts, and all assignments
- Be aware of and comply with academic honesty policies in the [HCCS Student Handbook](#)

Assignments, Exams, and Activities

Please carefully review all of the information in this section and don't hesitate to ask questions if anything is unclear to you. Be assured that I have thoughtfully designed all of the assignments, exams, and activities in this course to enable you to learn the material and to be successful. By providing due dates, I am helping you stay on track and accomplish your goal of getting the best grade you can in this course.

Written Assignment(s)

Click or tap here to enter text.

You will complete two written assignments for this course. The first assignment, "What is Normal Anyway?" is designed to increase your awareness of the behavior around you as well as attune you to the complexities involved in assessing such behavior. Your task is to go

about your daily activities (driving, working, school, leisure, etc) and be aware of any behavior that seems abnormal. Describe the behavior that caught your attention, the particulars of the behavior, and assess that behavior according to the 4D's. Address how that behavior made you feel. Did you observe or respond to the behavior? Why or why not? Submit your assignment (400 word limit) to www.turnitin.com. This assignment counts for 10% of your course grade.

Your second writing assignment will be to complete a case study. A case study provides an opportunity for students to understand and analyze abnormal behavior. For this assignment, you will select one character from a television series or movie who exhibits a mental disorder. Your task will be to assess the selected character's behavior according to criteria in the following sections:

1. **Description:** A detailed description of the symptomatic behavior
2. **Diagnosis:** A diagnostic label from the DSM-5 with justification for selection of that label
3. **Perspective:** An explanation from three perspectives of your choice (psychodynamic, behavioral, humanistic, cognitive, biological, and sociocultural) explaining the causes of the symptomatic behavior
4. **Prognosis:** A treatment protocol suggested from chosen perspectives listed in Item III (psychodynamic, behavioral, humanistic, cognitive, biological, sociocultural)

This assignment must be 2 pages in length and also submitted to www.turnitin.com. It will count 10% of your course grade.

Exams

You will take 3 unit exams during the semester. Each unit exam will contain 100 multiple-choice questions with each question worth 1 point. Each unit exam will count 10% toward your course grade. Unit exams are designed to prepare you for the comprehensive final exam. Questions will be drawn from material covered in lecture, the textbook, and from the powerpoint slides. Exams will be administered in Canvas and available for a 24 hour period (See Course Calendar for Exam dates). All unit exams will have to be completed within a 2 hour time limit. Questions will be presented one at a time and locked after answering with no backtracking permitted. You will receive immediate grade feedback upon completion of each exam. You may discuss test results with me at a later scheduled time.

In-Class Activities

There will be unannounced pop quizzes given during the semester. These quizzes will be short (5 multiple-choice questions) and taken at the beginning of lecture. Material on the quizzes will come from concepts covered in previous lectures. Not only will these pop quizzes provide an incentive for you to stay current with the assigned chapters, but also allow you the opportunity to earn bonus points to apply toward unit exams.

Other Assignments and Activities

You will complete a total of 15 online chapter quizzes (in Canvas). This course is divided into four units and each unit will include three to four quizzes to test your understanding of the

unit content. For example, **Unit 1 contains 3 chapter quizzes** (Chapters 1,2,3); **Unit 2 contains 4 chapter quizzes** (Chapters 4,5,6,7); **Unit 3 has 4 quizzes** (Chapters 8,9,10,11), and **Unit 4 includes 4 quizzes** (Chapters 12,13,14,16). Each chapter quiz will include answering 25 multiple-choice questions. You will have unlimited time and attempts to complete each chapter quiz. Upon completion of each quiz, you will receive immediate feedback. Each chapter quiz will count 2% for a total of 30% of your course grade. You can find the chapter quizzes under the "Assignments" tab in Canvas..

Comprehensive Final Exam

There will be a comprehensive final exam in this course. The final exam will consist of 100 multiple-choice questions (1 point each) administered on Canvas on the date shown in the Course Calendar (per the HCC Final Exam Schedule. The final exam will count 20% toward your course grade.

Students who are absent from the final exam must discuss their absence with the instructor in advance or within 24 hours afterward. Students who fail to contact me within this time frame will receive an Incomplete for a course grade. .

Grading Formula

Grades will be calculated based on the formula below.

15 Chapter Quizzes (2%) each)	30%
3 Unit Exams (10% each)	30%
2 Written Assignments What is Normal? (10%) Case Study (10%)	20%
Comprehensive Final Exam	20%
Total	100%
Maximum Extra Credit	5 points added to Final Exam for attending a Psi Beta/Psi Kappa function; up to 5 points added to Unit exam from performance on pop quizzes

Grade	Total Points
A	90%+
B	80%-89%
C	70%-79%
D	60%-69%
F	<60%

Incomplete Policy

In order to receive a grade of Incomplete ("I"), a student must have completed at least 85% of the work in the course. In all cases, the instructor reserves the right to decline a student's request to receive a grade of Incomplete.

HCC Grading Scale can be found on this site under Academic Information:
<http://www.hccs.edu/resources-for/current-students/student-handbook/>

Course Calendar

Spring Second Start		
Week	Dates	Topic/What's due
1	2-12 2-14	Introduction Ch 1 Abnormal Psychology: Past and Present
2	2-18 2-19 2-20 2-21	Holiday-President' Day Ch 2 Models of Abnormality OE Day (Official Date of Enrollment) Ch 2 (cont'd)
3	2-26 2-28	Ch 3 Clinical Assessment, Diagnosis, Treatment Written Assignment "What Is Normal" due to www.turnitin.com by 11:59 pm Ch 3 (cont'd)
4	3-5 3-7	Exam 1 (Chapters 1,2,3) Online Quizzes (Ch 1,2,3) due by 11:59 pm Ch 4 Anxiety, Obsessive-Compulsive and Related Disorders
	3-11 3-17	Holiday-Spring Break
5	3-19 3-21	Ch 5 Disorders of Trauma and Stress Ch 6 Disorders of Mood
6	3-26 3-28	Ch 7 Suicide Exam 2 (Chapters 4,5,6,7) Online Quizzes (Ch 4,5,6,7) due by 11:59 pm
7	4-2 4-4	Ch 8 Disorders Featuring Somatic Symptoms Ch 9 Eating Disorders
8	4-9 4-11	Last Day to Withdraw Ch 10 Substance Use and Addictive Disorders Written Assignment Case Study due by 11:59 pm to www.turnitin.com Ch 11 Disorders of Sex and Gender
9	4-16 4-18 4-19	Exam 3 (Chapters 8,9,10,11) Online Quizzes (Ch 8,9,10,11) due by 11:59 pm Ch 12 Schizophrenia Spring Holiday

10	4-23 4-25	Ch 13 Personality Disorders Ch 14 Disorders of Childhood and Adolescence
11	4-30 5-2	Cont'd Ch 16 Law, Society, and the Mental Health Profession
12	5-9	Final Exam (due by 11:59 pm)

Syllabus and Calendar Modifications

The instructor reserves the right to modify the syllabus and/or course calendar at any time during the semester and will promptly notify students in writing, typically by e-mail, of any such changes.

Instructor's Practices and Procedures

Missed Assignments

No make-up or late work will be accepted. However, under EXTREME and verifiable circumstances, missed/late work may be considered on a case by case basis.

Academic Integrity

Students are responsible for conducting themselves with honor and integrity in fulfilling course requirements. Penalties and/or disciplinary proceedings may be initiated by college district officials against a student accused of scholastic dishonesty. "Scholastic Dishonesty" includes, but is not limited to, cheating on a test, plagiarism and collusion. Any instance of scholastic dishonesty may be reported to the Maxiant system. Possible punishments for scholastic dishonesty include a grade of "0" or "F" on the particular assignment, failure in the course, and/or recommendation for probation or dismissal from the college district. A recommendation for suspension or expulsion will be referred to the college Dean of Students for disciplinary disposition. Students have the right to appeal the decision.

Academic dishonesty in any form will not be tolerated. As part of this course, students will be required to sign an Academic Honesty Pledge. Any violation of this pledge will result in a zero on the assignment as well as referral to the Dean of Students for further disciplinary action.

Here's the link to the HCC information about academic integrity (Scholastic Dishonesty and Violation of Academic Scholastic Dishonesty and Grievance):

<http://www.hccs.edu/about-hcc/procedures/student-rights-policies--procedures/student-procedures/>

Attendance Policy

You are encouraged to attend each class since regular attendance correlates with good grades. Be on time and attend the entire class. If you must be absent, you are responsible for the material covered in class in your absence (see the Course Calendar). Be advised that I must drop students who fail to attend class by the official date of enrollment ("Census Day"). In addition, I reserve the right to drop students who miss six hours of class time.

Student Conduct

Click or tap here to enter text. I expect students to conduct themselves professionally in their communications with me, their classmates, and college staff and administration. Behavior inappropriate to the collegiate setting (including but not limited to

abusive/derogatory/threatening/harassing language directed at the instructor or towards other students, staff or administrators) will not be tolerated, and may result in removal from the course

Instructor's Course-Specific Information

Click or tap here to enter text. Students will receive immediate grade feedback on the 15 course activities, 3 unit exams, and Final Exam as these assignments will be completed in Canvas. For the written assignments, students can expect feedback no later than 2 weeks following submission.

Electronic Devices

Click or tap here to enter text. Upon entering the classroom, students are expected to keep phones on silent for the duration of class and are not permitted to receive or make calls during lecture. Students are not allowed to record lecture without prior instructor approval.

Psychology Program Information

Majoring in Psychology

Visit the [Psychology Program Pages](#) on the Learning Web for information about our faculty and courses. You will also find information about majoring in psychology.

Student Organizations

Psi Kappa

All students are invited to join Psi Kappa, an organization that can help students learn about psychology outside the classroom, serve the community, meet students in other PSYC classes, interact with PSYC faculty, and learn leadership skills. For more information, visit the [Psi Kappa page](#) on the HCC Learning Web, the [Psi Kappa blog](#), and the [Psi Kappa Facebook page](#).

Psi Beta

HCC has an active chapter of Psi Beta: National Honor Society in Psychology for Community and Junior Colleges. To learn more about this organization visit the [Psi Beta](#) website. For information about the HCC chapter, visit the [Psi Beta page](#) on the HCC Learning Web.

HCC Foundation: Psychology Achievers Scholarship

To be eligible for the \$125 per semester Psychology Achievers Scholarship, a student must (1) meet all HCC Foundation criteria for scholarship eligibility, and (2) make an A in either PSYC 2301 or PSYC 2314.

HCC Policies

Here's the link to the HCC Student Handbook <http://www.hccs.edu/resources-for/current-students/student-handbook/> In it you will find information about the following:

Academic Information	Incomplete Grades
Academic Support	International Student Services

Attendance, Repeating Courses, and Withdrawal	Health Awareness
Career Planning and Job Search	Libraries/Bookstore
Childcare	Police Services & Campus Safety
disAbility Support Services	Student Life at HCC
Electronic Devices	Student Rights and Responsibilities
Equal Educational Opportunity	Student Services
Financial Aid TV (FATV)	Testing
General Student Complaints	Transfer Planning
Grade of FX	Veteran Services

EGLS³

The EGLS³ ([Evaluation for Greater Learning Student Survey System](#)) will be available for most courses near the end of the term until finals start. This brief survey will give invaluable information to your faculty about their teaching. Results are anonymous and will be available to faculty and division chairs after the end of the term. EGLS³ surveys are only available for the Fall and Spring semesters. -EGLS3 surveys are not offered during the Summer semester due to logistical constraints.

<http://www.hccs.edu/resources-for/current-students/egls3-evaluate-your-professors/>

Campus Carry Link

Here's the link to the HCC information about Campus Carry:

<http://www.hccs.edu/departments/police/campus-carry/>

HCC Email Policy

When communicating via email, HCC requires students to communicate only through the HCC email system to protect your privacy. If you have not activated your HCC student email account, you can go [to HCC Eagle ID](#) and activate it now. You may also use Canvas Inbox to communicate.

Housing and Food Assistance for Students

Any student who faces challenges securing their foods or housing and believes this may affect their performance in the course is urged to contact the Dean of Students at their college for support. Furthermore, please notify the professor if you are comfortable in doing so.

This will enable HCC to provide any resources that HCC may possess.

Office of Institutional Equity

Use the link below to access the HCC Office of Institutional Equity, Inclusion, and Engagement (<http://www.hccs.edu/departments/institutional-equity/>)

disAbility Services

HCC strives to make all learning experiences as accessible as possible. If you anticipate or experience academic barriers based on your disability (including mental health, chronic or temporary medical conditions), please meet with a campus Abilities Counselor as soon as possible in order to establish reasonable accommodations. Reasonable accommodations are

established through an interactive process between you, your instructor(s) and Ability Services. It is the policy and practice of HCC to create inclusive and accessible learning environments consistent with federal and state law. For more information, please go to <http://www.hccs.edu/support-services/disability-services/>

Title IX

Houston Community College is committed to cultivating an environment free from inappropriate conduct of a sexual or gender-based nature including sex discrimination, sexual assault, sexual harassment, and sexual violence. Sex discrimination includes all forms of sexual and gender-based misconduct and violates an individual's fundamental rights and personal dignity. Title IX prohibits discrimination on the basis of sex-including pregnancy and parental status in educational programs and activities. If you require an accommodation due to pregnancy please contact an Abilities Services Counselor. The Director of EEO/Compliance is designated as the Title IX Coordinator and Section 504 Coordinator. All inquiries concerning HCC policies, compliance with applicable laws, statutes, and regulations (such as Title VI, Title IX, and Section 504), and complaints may be directed to:

David Cross
Director EEO/Compliance
Office of Institutional Equity & Diversity
3100 Main
(713) 718-8271
Houston, TX 77266-7517 or Institutional.Equity@hccs.edu
<http://www.hccs.edu/departments/institutional-equity/title-ix-know-your-rights/>

Department Chair Contact Information

Dr. Karen Saenz
Karen.Saenz@hccs.edu
713-718-7034